

FALLS PREVENTION NETWORK FORUM 2018 - DRAFT PROGRAM

THEME: Nutrition, frailty, and falls

DATE: Friday May 11th VENUE: Wesley Conference Centre, 220 Pitt Street, Sydney

Welcome and Opening (9.00 – 9.20 am) Chairperson: TBC

9.05 – 9.10 am Welcome to Country: **Uncle Chicka Madden**

9.10 - 9.20 am Opening Address: Dr Nigel Lyons, Deputy Secretary, Strategy & Resources, NSW Ministry of Health

Plenary Session 1 (9.20 am -10.30 am) Chairperson: Ms Lorraine Lovitt, Clinical Excellence Commission

9.20 am **Pam Albany Guest Lecturer: Professor Ian Cameron**, John Walsh Centre for Rehabilitation Research, Kolling Institute, The University of Sydney
Frailty and falls

9.50 am **Professor Cathie Sherrington**, Head, Ageing and Physical Disability Program, Musculoskeletal Health Sydney, The University of Sydney
Falls prevention research update

10.20 – 10.30 am Question Time

10.30 – 10.35 am Lifetime Achievement Award Presentation

Morning Tea (10.35am -11.00am)

Plenary Session 2 (11.00 am – 12.50 pm) Chairperson: Professor Cathie Sherrington, The University of Sydney

11.00 am **Professor Susan Kurrle**, Curran Professor in Health Care of Older People
Director, NHMRC Partnership Centre on Cognitive Decline, Hornsby Ku-ring-gai Hospital
Sarcopaenia, nutrition and falls

11.30 am **Associate Professor Vasi Naganathan**, Consultant Geriatrician, Concord Hospital, Centre for Education and Research on Ageing, The University of Sydney
Older men and falls

12.00 noon **Ms Lorraine Lovitt**, Lead NSW Falls Prevention Program, Clinical Excellence Commission (CEC)
Leading Better Value Care – Falls in Hospital

12.20- 12.40 pm **Ms Anne Kalra**, Team Leader, Health and Wellbeing Independent Living, Uniting Retirement Villages, NSW & ACT
Falls – not a normal part of ageing: building sustainability into strength and balance programs

12.40 – 12.50 pm Question time

Lunch (12.50 pm -1.30 pm)



Afternoon Concurrent Sessions (1.30 -3.00 pm): (15 min presentations)

Acute/Subacute Initiatives – Chairperson – Ms Ingrid Hutchinson, NSW Falls Prevention Program, CEC

- 1.30 pm **Ms Penny Claxton**, NUM, Camden and Campbelltown Hospitals
Nursing Executive Leader falls review
- 1.45 pm **Ms Tracy Heath**, NUM and **Ms Jennifer Phillips**, A/CNE, Campbelltown Hospital , South Western Sydney LHD
Pre-Falls Safety Huddle
- 2.00 pm **Ms Cathy Taylor**, NUM, Rankin Park Centre South Ward, John Hunter Hospital, Hunter New England LHD
Falls reduction in a subacute rehabilitation ward: 5 years of journey
- 2.15 pm **Mr Duncan McKechnie**, CNC, Brain Injury Unit, Royal Rehabilitation, Northern Sydney LHD
Development of the Sydney Falls Risk Screening tool: Phase 2
- 2.30 pm **Ms Carla Sunner**, CNS ASET, John Hunter Hospital Emergency Department, Hunter New England LHD
Telehealth with RACFs: closing the gap with acute and community
- 2.45 pm Question and Discussion time

Community Initiatives 1 – Chairperson – Ms Sharon Butler, Anglicare

- 1.30 pm **Associate Professor Anne Tiedemann**, Principal Research Fellow, School of Public Health, The University of Sydney
Long term fall prevention behaviour after participation in the Stepping On program
- 1.45 pm **Ms Lisa Dillon**, Orientation and Mobility Specialist, Guide Dogs NSW/ACT and PhD Candidate, The George Institute for Global Health
Delivering an exercise-based falls prevention program to people aged 50+ with vision impairment
- 2.00 pm **Mr Theeban Rubasingham**, Director and Co-Founder, Vitality Club
Working with older people in the community
- 2.15 pm **Ms Kim Nicholson**, Physiotherapist, Anglicare
Community Programs utilising Commonwealth funding
- 2.30 pm **Ms Josephine Mortimer**, Occupational Therapist, CORE Community Services, Home Modification Service
Using the FROP-Com Screen as a tool to inform and evaluate goals of OT intervention within a Home Modification Service
- 2.45 pm Questions and Discussion

Community Initiatives 2 – Chairperson: Ms Joanne Macmillan, Northern Sydney Home Nursing Service

- 1.30 pm **Ms Jan Locke**, Volunteer Exercise Leader and **Ms Carly Barnes**, Physical Activity Program Leader, Murrumbidgee LHD
Community Exercise programs – A volunteer’s perspective
- 1.45 pm **Ms Geraldine Wallbank**, Master of Philosophy (Medicine) student, Musculoskeletal Health Sydney, The University of Sydney
Active Women over 50
- 2.00 pm **Mr Bharat Nepal**, Health Promotion Officer, Health promotion Service, South Eastern Sydney LHD
Next Step Project
- 2.15 pm **Ms Jennie Hewitt**, Feros Care
- 2.30 pm **Ms Megan Swann**, Occupational Therapy, Prince of Wales Hospital, South Eastern Sydney LHD
POWH Falls Pathway for Older Outpatients
- 2.45 Questions and Discussion

Concluding Session (3-4 pm), Chairperson: TBC

New Research Findings: TBC

Posters (Displayed at Morning tea and Lunch, authors will be with posters from 1.10 – 1.30 pm) :

- 1. Mrs Carmen Amato**, Occupational Therapist, Liver pool Hospital, South Western Sydney LHD
Occupational Therapy Falls Quick reference Tag
- 2. Ms Wendy Cain**, Patient and Carer Experience Manager, Western Sydney LHD
Caring for our Carers
- 3. Dr John Vandervord**, Plastic Surgery Department, Royal North Shore Hospital, Northern Sydney LHD
MESH Protocol: Alternative management of skin tears
- 4. Mr Duncan McKechnie**, Clinical Nurse Consultant, Brain Injury Unit, Royal Rehab, Northern Sydney LHD
Development of the Sydney Falls Risk Screening Tool: Phase 1
- 5. Mr Mian Wang**, Senior Physiotherapist, Rapid Access to Care and Evaluation (RACE), Geriatric Medicine, Western Sydney LHD
The RACE to prevent falls
- 6. Ms Erin Stubbs**, Occupational Therapist, Catholic Healthcare, Wahroonga
How to continue ‘Stepping On’
- 7. Ms Kerrie Cunningham**, Clinical Nurse Consultant, Older Peoples Mental Health Services, Northern Sydney LHD
‘Slips & Steps’: A falls prevention board game in Mental Health Settings
- 8. Ms Kerrie Cunningham**, Clinical Nurse Consultant, Older Peoples Mental Health Services, Northern Sydney LHD
Mental Health Services’ Falls prevention ‘Roadshow’

9. Ms Anita Dimovski, Accredited exercise Physiologist, Southcare Community Rehabilitation, Sutherland Hospital, South Eastern Sydney LHD

Steady Steps: Moving towards better balance

10. Ms Minh Pham, Senior Physiotherapist, Physiotherapy Department, Fairfield Hospital, South Western Sydney LHD

Able & Stable: get more stable to be more able

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