

Murrumbidgee LHD NSW Falls Prevention Network Rural Forum

8th March, 2018, Convention Centre, CSU, Wagga Wagga

Final Program

9.00 – 9.30 am	Registration
9.30 – 10.00 am	MC – Introduction – Mr Craig McColm, Narrandera Cluster Manager, MLHD Welcome to Country – Aunty Isbell Reid Welcome – Ms Jill Ludford, Chief Executive, Murrumbidgee LHD
10.00 - 10.15 am	Leading Better Value Care - Falls in Hospital Ms Lorraine Lovitt, Lead, NSW Falls Prevention Program, Clinical Excellence Commission
10.15 – 10.45 am	Dementia, delirium and falls Professor Paul Finucane, Senior Staff Specialist Geriatrician, MLHD
10.45 – 11.00 am	Minimising the falls risk in the cognitively impaired Ms Danielle Kennedy, Aged Care Nurse Practitioner, MLHD
11.00 – 11.15 am	Nutrition and falls Ms Sheree Morris, Acting Dietitian in Charge, Wagga Wagga Health Service
11.15 – 11.45 am	Morning Tea
11.45 – 12.15 pm	How feeling confident on your feet reduces fall risk Associate Professor Kim Delbaere, Principal Research Scientist, Falls, Balance and Injury Research Centre, NeuRA
12.15 – 12.45 pm	Falls prevention research update Dr Jasmine Menant, Senior Postdoctoral Fellow, Falls, Balance and Injury Research Centre, NeuRA
12.45 - 1.15 pm	Panel Discussion Facilitated by Ms Lorraine Lovitt
1.15 - 2.00 pm	Lunch
2.00 – 2.15 pm	LBVC Program management in MLHD Ms Annie Williams, Manager, Innovation, LBVC & Clinical Redesign, MLHD
2.15 – 2.30 pm	Reducing falls in Murrumburrah Harden Health Service Ms Leah Whitehead, RN, Murrumburrah Harden Health Service
2.30 – 2.50 pm	Community volunteers led falls prevention program in Tumut Ms Jeanette Locke, Volunteer and Ms Carly Barnes, Project Officer, Health Promotion, Murrumbidgee LHD
2.50 – 3.10 pm	Stepping On in the MLHD: Is it a gateway for older people to increase confidence and motivation for long term physical activity? Dr Kristy Robson, Lecturer in Podiatry, Charles Sturt University and Mr Nazmul Ahasan, Falls Prevention Coordinator, Murrumbidgee LHD
3.10 – 3.20 pm	Summary of Day Ms Rosemary Garthwaite, Regional General Manager, Murrumbidgee LHD
3.20 – 3.30 pm	Close of day

