Falls Prevention is everyone’s business®

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Trends in fall-related hospitalisations, persons aged 65 years and over, NSW, 1998-99 to 2011-12

Leadership and co-ordination, integrating with key partners: strategy and implementation
Australian Commission on Safety and Quality in Health Care (ACSQHC)

National Best–Practice Resource

*Preventing Falls and Harm from Falls in Older People: Best Practice Guidelines for Australian Hospitals*, 2009

- Guideline
- Guidebook
- Implementation Guide
Australian Commission on Safety and Quality in Health Care (ACSQHC)

National Standard 1: Governance for Safety and Quality in Health Service Organisations

National Standard 4: Medication Safety

National Standard 10: Preventing Falls and Harm from Falls
## Identifying patient falls risk in hospital

<table>
<thead>
<tr>
<th>Stage</th>
<th>Description</th>
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<tr>
<td><strong>Screen</strong></td>
<td>Falls risk screen in ED, or on admission to ward</td>
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<tr>
<td><strong>Assessment</strong></td>
<td>Falls risks assessed and identify actions</td>
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<tr>
<td><strong>Manage identified risk</strong></td>
<td>Implement actions in consultation with family and carer, document in care plan and patient health record</td>
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<tr>
<td><strong>Communicate falls risk</strong></td>
<td>Falls risk and interventions in place communicated to staff eg at handover</td>
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<tr>
<td><strong>Post Fall</strong></td>
<td>Follow CEC Post Falls Guide, notify falls in IIMS &amp; notify family/carer</td>
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<tr>
<td><strong>Incident investigation</strong></td>
<td>Post fall ‘huddle’ and review of serious incidents - implement recommendations</td>
</tr>
<tr>
<td><strong>Discharge</strong></td>
<td>Referral for follow-up services &amp; provide falls information</td>
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</tbody>
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Cognitive assessment and Delirium

Supplementary Report – Delirium, April 2012
QSA Survey found that:
• Cognitive screen/assessment and Delirium Screen/assessment – not formally part of clinical practice

Care of the Hospitalised Older Persons (CHOPs) – program initiated by the CEC - progressive role out across the state through ACI Aged Health Network

• Incorporated cognitive screen/assessment (Delirium/Dementia) into falls risk assessment as people who are confused are at an increased risk of a fall
CEC Falls Prevention one page flyers for patients and consumers


Foot care and safe footwear

Healthy eating

In Hospital

Home exercises

How to get up if you have a fall

Medications

Bone health

In public places

Eyesight
Medicate right to stay upright

Falls Prevention® is everyone's business
Port Macquarie- Hastings Council, Port Macquarie Base Hospital, Mid Nth Coast LHD.
Fall prevention in older Aboriginal people in NSW – the Healthy Ageing project

Investigators: Ivers, Sherrington, Tiedeman, Keay, Broe, Mack, Cumming.
NSW Falls Prevention Network

- Network list serve
- Newsletters & updates
- Annual Network forum – NSW 23rd May

http://fallsnetwork.neura.edu.au
The Australian and New Zealand Falls Prevention Society 6th Biennial Conference will be held at Luna Park, Sydney NSW, 16th – 18th November. An exciting program is being developed, with the following high profile speakers already confirmed:

- Professor Stephen Robinovitch, Simon Fraser University, Canada
- Professor Jeffrey Hausdorff, Tel Aviv Sourasky Medical Center, Israel
- Dr Anna Barkar, Monash University
- Professor Adrian Bauman, University of Sydney
- Professor Henry Brodaty, University of New South Wales
- Associate Professor Lesley Day, Monash University
- Dr Anne-Marie Hill, Notre Dame University
- Dr Jasmine Menant, Neuroscience Research Australia

- Dr Sabrina Pitt, University of Sydney
- Associate Professor Cathie Sherrington, University of Sydney
- Dr Morag Taylor, Prince of Wales Clinical School

For further information see the website or contact conference organiser – East Coast Conferences
Phone: (+612) 6650 0800 or email jayne@eastcoastconferences.com.au

www.anzfpconference.com.au
Relevant Websites


Relevant Websites

• NSW Falls Prevention Network
  http://fallsnetwork.neura.edu.au

• Agency for Clinical Innovation (ACI) Aged Health Network

• NSW Multicultural Health Information Service
  http://www.mhcs.health.nsw.gov.au/publicationsandresources#b_start=0&c1=Falls&c1=Injury+prevention