



## Tri - Nation Falls Forum Program

The Clinical Excellence Commission (CEC) in collaboration with NZ and the UK is bringing together three nations of experts on falls prevention to share evidence, learning's, new initiatives and integration of care.

**Date: Monday 18<sup>th</sup> September**

**Venue: The Kirribilli Club, 11 Harbourview Crescent, Lavender Bay, NSW**

### Speakers:

- **Ms Carrie Marr**, Chief Executive, CEC
- **Dr Frances Healey**, Deputy Director, Patient Safety, National Health Service (NHS) UK
- **Ms Julie Windsor**, Patient Safety Clinical Lead, Medical Specialties/Older People, NHS UK
- **Ms Sandy Blake**, Clinical Lead, Reducing Harm from Falls Programme, Health Quality & Safety Commission New Zealand
- **Mr Jon Buchan**, Portfolio Manager, Maternal Child and Youth Health, Whanganui District Health Board, New Zealand
- **Ms Carmela Petagna**, Senior Portfolio Manager – Quality Improvement Programmes, Health Quality & Safety Commission, New Zealand
- **Prof Stephen Lord**, Senior Principal Research Fellow, Director, Falls, Balance and Injury Research Centre, NeuRA
- **Prof Cathie Sherrington**, Ageing and Physical Disability Program Musculoskeletal Health Sydney, School of Public Health, The University of Sydney
- **A/Prof Anne Tiedemann**, NHMRC Career Development Fellow, School of Public Health, The University of Sydney
- **Professor Lindy Clemson**, NHMRC Career Development Research Fellow  
Team leader of Ageing, Participation & Safety Research team, The University of Sydney
- **Associate Professor Kim Delbaere**, Principal Research Scientist, Falls, Balance and Injury Research Centre, NeuRA
- **Dr Harvey Lander**, Director Systems Improvement Directorate, CEC
- **Dr Deborah Browne**, Director – Collaboratives, CEC
- **Ms Lorraine Lovitt**, Lead, NSW Falls Prevention Program, Clinical Excellence Commission

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8.30 – 9.00 am	<b>Registration</b>
<b>Session 1 Chair: Mr Malcolm Green</b>	
9.00 - 9.10 am	<b>Welcome to Country</b>
9.20 - 9.30 am	<b>Welcome Ms Carrie Marr, CEO Clinical Excellence Commission</b>
9.30am - 9.40am	<b>Driving Improvements: Leading Better Value Care – Falls in hospital</b> Dr Harvey Lander, Director Systems Improvement Directorate, CEC
9.40am - 10.25am	<b>Patient safety struggles and successes – are there lessons we can apply to falls prevention?</b> Dr Frances Healy, Deputy Director of Patient Safety, NHS England
10.25am - 11.10am	<b>Falls prevention in health and social care: the UK perspective</b> Julie Windsor, Patient Safety Clinical Lead, Medical Specialties/Older People, NHS England
11.10am - 11.40 am	<b>Morning Tea</b>
<b>Session 2 Chair: Dr Harvey Lander</b>	
11.40am - 12.10pm	<b>Reducing harm from in-hospital falls in New Zealand</b> Sandy Blake, Clinical Lead, Reducing harm from falls programme, Health Quality and Safety Commission, New Zealand
12.10 pm - 12.40pm	<b>From falls to frailty assessment</b> Jon Buchan, Portfolio Manager, Child and Youth Health, Whanganui District Health Board, New Zealand
12.40pm - 1.10pm	<b>The next steps – reducing harm from all falls and fractures in New Zealand</b> Carmela Petagna, Senior Portfolio Manager, Quality Improvement Programmes, Health Quality and Safety Commission, New Zealand
1.10pm - 1.50pm	<b>Lunch</b>
<b>Session 3 Chair: Ms Lorraine Lovitt</b>	
1.50pm - 2.00pm	<b>Summary of the community falls evidence</b> Professor Stephen Lord, Principal Senior Research Fellow, NeuRA
2.00pm - 2.20 pm	<b>Results of recent studies on falls and physical activity in community dwelling older people.</b> Professor Cathie Sherrington & Associate Professor Anne Tiedemann, School of Public Health, The University of Sydney
2.20pm - 2.40 pm	<b>The iSOLVE project: establishing pathways and processes to implement and sustain evidence-based fall prevention in primary care</b> Professor Lindy Clemson, NHMRC Career Development Research Fellow Team leader of Ageing, Participation & Safety Research team, The University of Sydney
2.40pm - 3.00 pm	<b>How the fear in our step can cause a fall and how a bespoke technology-based exercise program can help</b> Associate Professor Kim Delbaere, Principal Research Scientist, NeuRA
3.00pm - 3.15 pm	<b>NSW Falls Program – the journey to date</b> Ms Lorraine Lovitt, Lead, NSW Falls Prevention Program, Clinical Excellence Commission
3.15pm - 4.00 pm	<b>Panel Discussion – Facilitation Dr Deborah Browne</b> <b>CLOSE</b>

## International Speakers

**Dr Frances Healey**



Frances is a registered general nurse (RGN) and registered mental health nurse with a doctorate in hospital falls prevention. Her clinical career encompasses frontline and senior nursing and management posts in acute hospitals, mental health units and community hospitals. In her research roles, she designed and led successful research studies related to pressure ulcer prevention and falls prevention, and later collaborated on studies taking innovative approaches to mortality review, with methods adapted to review the care of older patients with frailty. She developed a pilot National Clinical Audit that was the first to include bedside observation of care as well as review of care records and has led large-scale Quality Improvement projects, including FallSafe.

Frances has held a range of responsibilities related to improving the quality of investigation and learning from patient safety incidents, including delivery of a national programme focused on improving understanding of human error and Root Cause Analysis investigation techniques. This mixed clinical, research, audit and QI background gave her expertise and an enduring interest in the pitfalls of measurement and assurance of patient safety.

For the past 14 years she has worked within national organisations in England with responsibilities for patient safety, and is currently Deputy Director of Patient Safety (Insight) in the national patient safety team at NHS Improvement. Her responsibilities include oversight of the teams who undertake clinical review of all nationally reported death and severe harm incidents, and who share findings through the NHS Improvement Patient Safety Alerting System.

**Julie Windsor**



Julie is a registered general nurse (RGN) and has a master's degree in gerontological practice. Her entire career has been within older people's services, both in acute hospital and community care. Always concerned about things that mattered to older people she first became aware of the 'falls problem' whilst the clinical manager of a day hospital in 1996, when she co- led the setting up of the region's first multi-professional falls clinic.

After a few years working as a district falls coordinator setting up falls services across health and social care boundaries, in 2008 she returned to her first love; acute hospital care, and set about improving falls prevention in a 2,000 bed district general hospital.

She was co-designer of the successful FallSafe and CareFall projects and a member of the NICE 161 (Falls) Clinical Guideline Development Group. She is currently a steering group member of the National Falls and Fracture Audit Programme (Inpatient Falls) and a member of the National Falls Prevention Coordination Group.

Julie is/ has been clinical advisor to several falls studies and a clinical reviewer for the National Institute for Health Research. Her particular interest is the built environment and patient safety technologies.

Julie took up the post with the Patient Safety National Advice & Guidance Team in 2014, where her key roles are to:

- Provide specialist clinical advice and insight concerning safety issues related to older people
- Advise national (& international) policy/ clinical interventions audits & guidance
- Identify topics, engage stakeholders and develop national safety alerts or other appropriate responses. Member of National Patient Safety Advisory Panel.
- Publications. Briefings. Speaking engagements.

**Sandy Blake**



Sandy Blake has been the Clinical Lead for the NZ Health Quality and Safety Commission's national Falls Harm Prevention Programme since its inception in 2013. In December 2016 the programme's success was profiled and celebrated in the *New Zealand Medical Journal*. The article highlighted a sector-wide commitment to preventing falls-related harm and a 40 % reduction in falls resulting in a broken hip in public hospitals since December 2014. The article noted that New Zealand appears to be the first country to achieve this on a national scale.

She is also the Director of Nursing, Patient Safety and Quality, at Whanganui District Health Board (DHB), where she leads the DHB's patient safety programme with particular focus on nurse sensitive indicators of care and adverse event management. Sandy has led the development and implementation of a frailty nursing assessment tool using TrendCare ( a nurse acuity tool) as the hosting platform. 2004-2009 Sandy was state-wide nursing director of patient safety for Queensland Health.

**Jon Buchan**



Jon Buchan graduated as a registered general nurse from the University of Plymouth in 1998 and rapidly developed an interest in emergency nursing. This led to completion of a diploma in Paediatric nursing from Southampton University.

A move from England to Whanganui in 2004 gave Jon the opportunity to introduce electronic acuity based patient assessments into the Whanganui District Health Board. This tool enabled a long held passion for evidenced based practice to be applied and utilised as a basis for ensuring appropriate nursing resources.

The Health Quality & Safety Commission's Reducing Harm from Falls Programme brought focus onto the lack of a consistent assessment for falls risk and offered the opportunity to develop evidence based electronic falls assessment.

Although now based within Service and Business Planning as Portfolio Manager for Maternal Child and Youth Health, Jon has maintained active participation in utilisation of electronic systems to add value to the health system and patient programmes. To date, these include Care Capacity Demand Management Allied health, electronic assessments and quality improvement strategies.

**Carmela Petagna**



Carmela Petagna is a senior portfolio manager at the NZ Health Quality & Safety Commission and has been with the organisation for 6 years. She is responsible for leading and managing a number of national quality improvement programmes, each at varying stages of development and implementation. These include medication safety, pressure injuries prevention and management, and emerging work in the primary care and aged residential care sectors. Carmela has managed the Commission's national Falls Harm Prevention Programme since its inception in 2013 and is delighted with the success of the programme in reducing in hospital falls resulting in a fractured neck of femur (by 40% over the life of the programme).

Carmela works across the health and disability sector, with public and private service providers and clinical leaders and other health professionals from diverse sectors and backgrounds. Strong collaborative relationships and connections are developed, which are critical for the success of our programmes.

She ensures the Commission's programme teams work and partner with stakeholders to ensure projects are well integrated and can demonstrate improved patient care and outcomes.