

Aged Care Essentials (ACE)

WNSWLHD Aged Care Education Reference Network ACERN

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Health
Western NSW
Local Health District

Our Health District
Living Well Together



Why ACE?

- Geriatric syndromes – delirium, falls, incontinence & frailty - very prevalent with high morbidity & poor outcomes
- Mainly preventable if identified & managed appropriately
- Four shared risk factors – older age; baseline cognitive and/or functional impairment; impaired mobility

Aim of ACE

- To provide updated care and management practices, screening tools and care planning for the appropriate and best practice options in the care of older patients/clients in WNSWLHD.

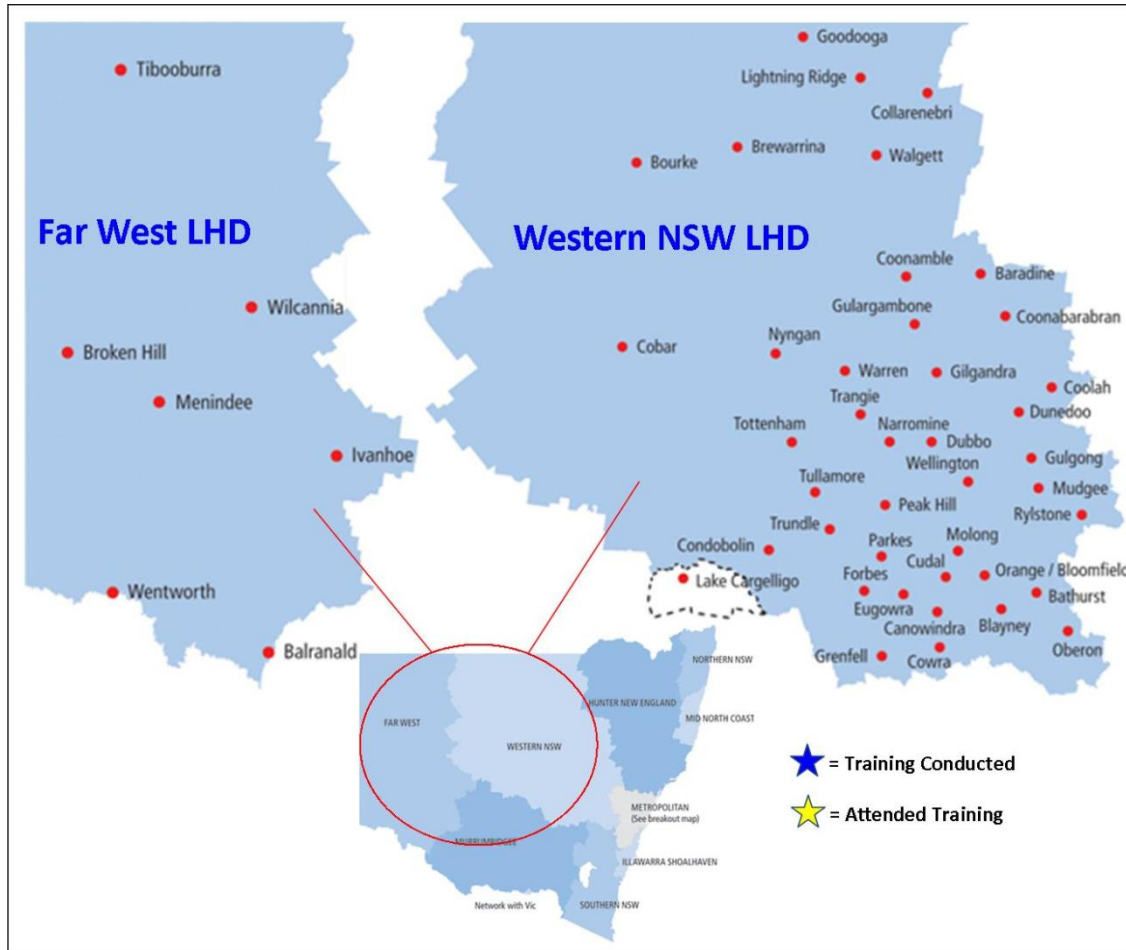
Context of ageing in Western NSW LHD

- 2nd most sparsely populated LHD \approx 1person/sq km (271,000/250,000 km); 9.4% Aboriginal population
- Minimal growth = 2% 2006-2011
- Areas closer to Sydney growing; beyond Dubbo declining
- Largest growth is 65+ = 17% growth 2006-2011 (6,500 people)
- TACP – 32 residential; 42 community packages
- 14 MPS with Residential Aged Care

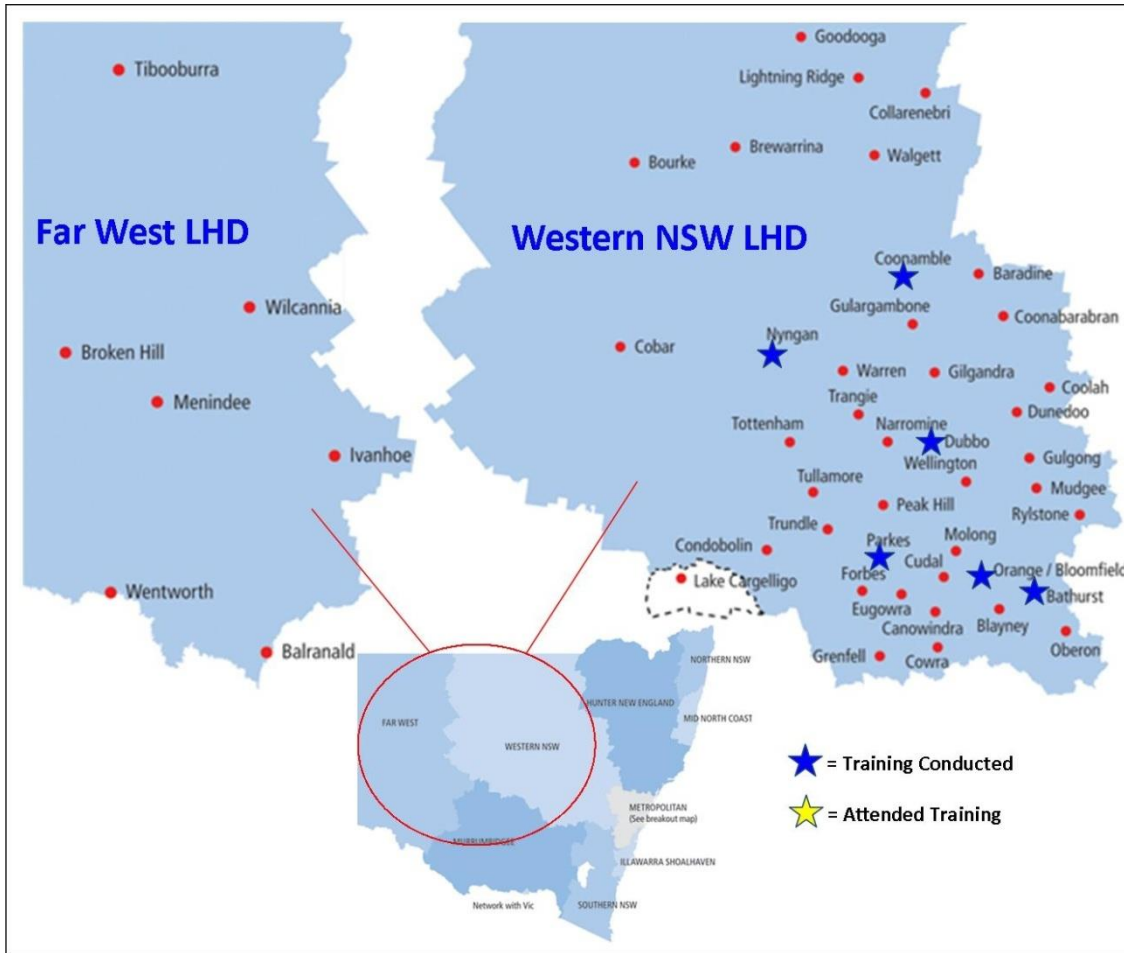
WNSWLHD Total Falls

Year	Total Falls	Percentage 75 years & over
2011	1833	70%
2012	1800	63%
2013	1815	63%

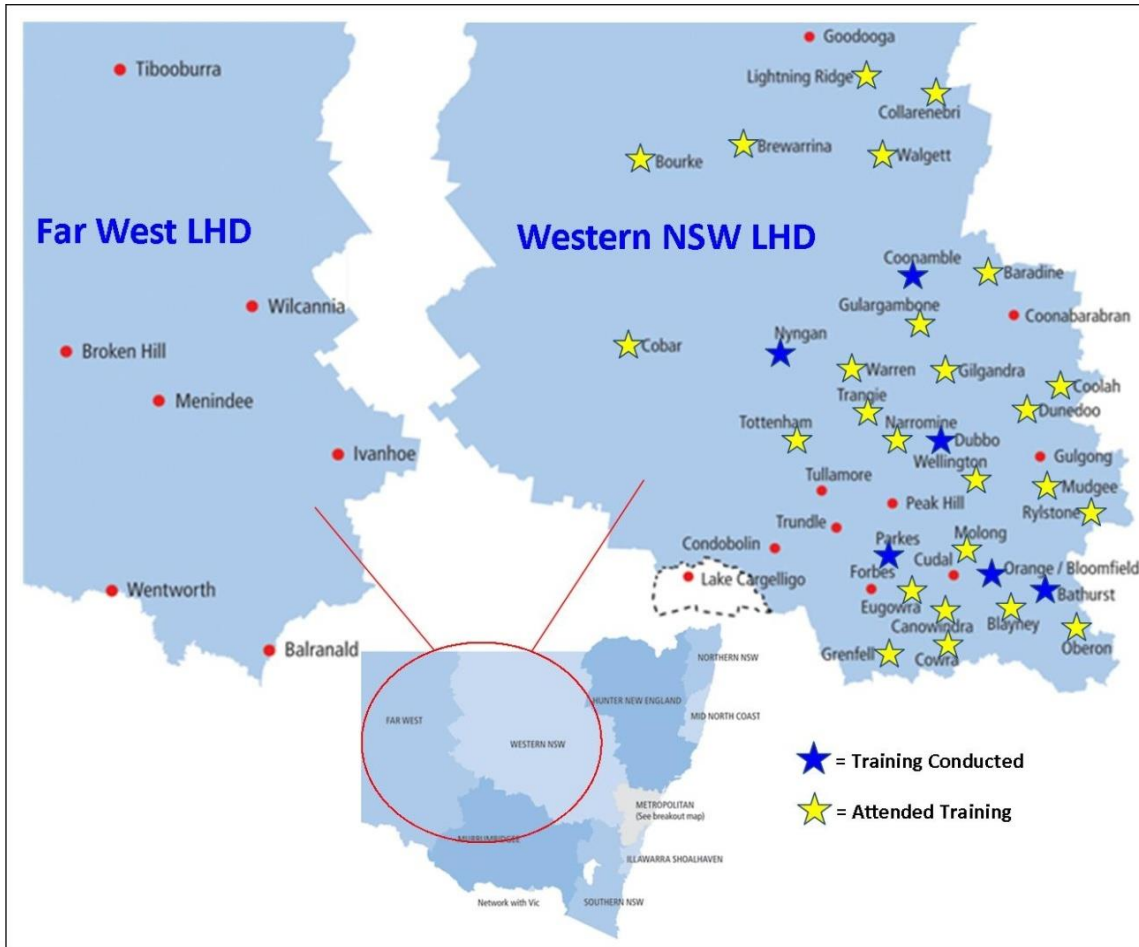
WNSWLHD Geography & Health Service sites



ACE Training sites 2013



ACE Training Reach



Summary of ACE

- 203 participants (56 Acute, 54 community, 73 MPS, 8 Mental Health, 13 other)
- 74 x RN; 45 x EN; 18 x AIN; 14 x Manager +AH
- Modules – Delirium; Cognitive Decline; Frailty; Incontinence; Falls
- Networking amongst participants
- Strengthening of relationships amongst CNC's
- CNE Education
- ► 2014 FaDE

What Next for ACE & ACERN?

- 5 sites June/July 2014
- Falls & Delirium (FaDE) VC series extension
- Finalise CNE Package
- Review impact on falls statistics over time
- Potential supply package to FWLHD
- Negotiations with HETI to make available
- Contact: janet.shields@health.nsw.gov.au

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