5P’S

PROACTIVE PATIENT Rounding

A Winning Strategy

Zelka Popovic NE& Clare Drew CNC
Westmead Hospital
WSLHD
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Objectives

- Discuss what is Proactive Patient Rounding and the 5P’s
- Discuss benefits of Proactive Patient Rounding for patients and staff
- List the 5 P’s during rounding
- Results at Westmead Hospital
BACKGROUND
Of 5P’S Proactive Patient Rounding

Are You Being Interrupted by buzzers?
I haven’t seen a nurse in two hours.....and need to go to the bathroom.
Using The Past to Enhance The Future
What is 5p’s Proactive Patient Rounding?

“IT IS AN EVIDENCE BASED MODEL OF CARE THAT PROMOTES A SYSTEMATIC AND PROACTIVE APPROACH TO PATIENT CARE”
Prevent Falls

Check the 5 P’s

- **Pain**
  - “Are you in pain?”
  - “Do you need pain medication?”

- **Position**
  - Turn and position patient for comfort.

- **Personal Care/Toileting**
  - “Do you need to use the bathroom?”

- **Proximity**
  - Pull within arm's reach personal belongings and items (call light, telephone, urinal).

- **Plug-ins**
  - Ensure all electrical equipment is plugged in.
  - Limit clutter of medical equipment

Best practice shows that using the 5 P’s when performing hourly rounds reduce patient falls, pressure ulcers and increase patient satisfaction.
Westmead's Implementation of 5p’s
RESULTS

Patient Satisfaction

- Pre-One Hour Rounding
- One Hour Rounding
Falls Data

2012 April, May, June, July: 55
2013 April, May, June, July: 38

30% decrease
Call Light Audit

- Pre-Implementation
  12-15 calls Per patient, Per shift

- Post 5p’s Implementation
  Decrease to 2-4 calls Per patient, Per shift

Call light use 66%
Patient Feedback

I feel safer and more secure.

The nurses demonstrate “Caring behaviours and quality interactions”

I can reach everything I need.

I know my nurse will come back and check on me
Nursing Staff Feed Back

• Provide staff with better control of their time
• Promotes safety
• Increase Patient Satisfaction
• Decreases Patient anxiety
• Increase trust and give sense of comfort
• Increased Nurses satisfaction
• Brings nurses back to the bedside
• Displays our “Caring Talents”
Too often we underestimate the power of a touch, a smile, a kind word. A listening ear, an honest compliment. Or the smallest act of caring, all of which have enormous impact on the patients we care for....