<table>
<thead>
<tr>
<th><strong>CaHFRiS - CARE HOME FALLS SCREEN</strong> (Residential Aged Care Facilities)</th>
<th><strong>Room Number:</strong></th>
<th><strong>Surname:</strong></th>
<th><strong>Date of Birth:</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>(Score – Please Circle)</strong></td>
<td><strong>(Tick if applicable)</strong></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
| **MMSE**  
(refer to MMSE performed by healthcare professional e.g. ACAT assessment) |  |  |  |
| **IMPULSIVITY**  
1. Does the resident tend to be impulsive when moving around? Impulsive means "rushing to carry out an activity without thinking about it first"? | Yes = 1  
No = 0 | SCORE 16 OR LESS □ |
| 2. How often does the resident do the following?  
Try to sit down before getting right up to the chair / toilet / bed  
Attempt to stand before wheelchair brakes have been applied / footplates moved or walking frame placed in front of them  
Tries to walk without help when asked not to | Very frequently = 4, Frequently = 3, Often = 2, Occasionally = 1, Never = 0 | SCORE 2 OR MORE □ |
| 3. a. Wandering frequency in last week:  
b. Wandering alterability  
(Wandering is defined as moving with no rational purpose, seemingly oblivious to needs or safety) | Every day = 3, 4-6 days = 2, 1-3 days = 1, not at all = 0  
Easily altered/not present = 0, not easily altered = 1 |  |
| **STANDING BALANCE**  
Please rate the resident's standing balance using the scale | Unable to stand = 1, Requires assistance of 2 to remain standing = 2, Requires assistance of 1 to remain standing = 3, Requires use of walking aid to remain standing = 4, Stands without aid / assistance but unsteady = 5, Stands without aid / assistance steady = 6. | SCORE 5 OR LESS □ |
| **WALKING FRAME**  
Does the resident require a walking frame to mobilise? | YES □ |
| **FALL IN THE PREVIOUS YEAR**  
Has the resident had a fall in the last year? | YES □ |
| **USE OF ANTIDEPRESSANT MEDICATION?**  
Commonly prescribed antidepressants = Amitriptyline, Dosulepin, Doxepin, Citalopram, Fluoxetine, Paroxetine, Sertraline, Mirtazapine.  
If not sure ask GP for confirmation of any anti depressant prescription | 1 OR MORE □ |
| **USE OF HYPNOTIC/ANXIOLYTIC MEDICATION**  
Commonly prescribed hypnotics/anxiolytics = benzodiazepines such as diazepam, nitrazepam, temazepam as well as Zaleplon, Zopiclone, Zolpidem.  
If not sure ask GP for confirmation of any hypnotic/anxiolytic prescription | 1 OR MORE □ |
| **TOTAL NUMBER OF RISK FACTORS** (circle below) |  |  |  |
| **ABSOULTE RISK OF FALLS IN NEXT 6 MONTHS** | 0 | 1 | 2 | 3 | 4 | 5 | 6+ |
| % | 0% | 10% | 23% | 45% | 62% | 82% | 100% |