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Falls Prevention Pilot Project

(Presented by Shilo Preston-Stanley)

Funded by ACT Department of Health
Health Promotion Grants 2009/2010

community partners



Why do this Falls Prevention Project?

- Increasing falls-related referrals from group homes
- Difficulty prioritising falls-related referrals
- Existing programs did not meet the needs of our clients



Project Target group

- Adults over 40years
- and Independently Mobile or using a walking aide
- and Intellectual Disability or Developmental Disability
- Carers of the above (DACT staff and family)



3 Components

- Falls training sessions
- Falls risk screening tool
- Falls Clinic (Occupational Therapy and Physiotherapy)



Challenges

- Getting staff and family carers to training
- Staff not completing screening tool
- Follow up from clinic
- Change of staff – Therapy ACT and Disability ACT



Positives

- Education material well received
- Screening tool for new referrals
- Clear new process for new referrals
- Clinic
 - Multidisciplinary approach in person's home
 - Timely response to referrals



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QUESTIONS?

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