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EXCELLENCE  
COMMISSION

# UPDATE

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Clinical Excellence Commission

# Consumer Falls Prevention Resource

## Project 1:

March - May 2009 - review of resources

- Development of best-practice audit tool

## Project 2:

- Development of community resource
- Consultation with key experts: A/Professor Lindy Clemson and Dr Cathy Sherrington

# Staying active & healthy

Live Life Well  
NSW HEALTH



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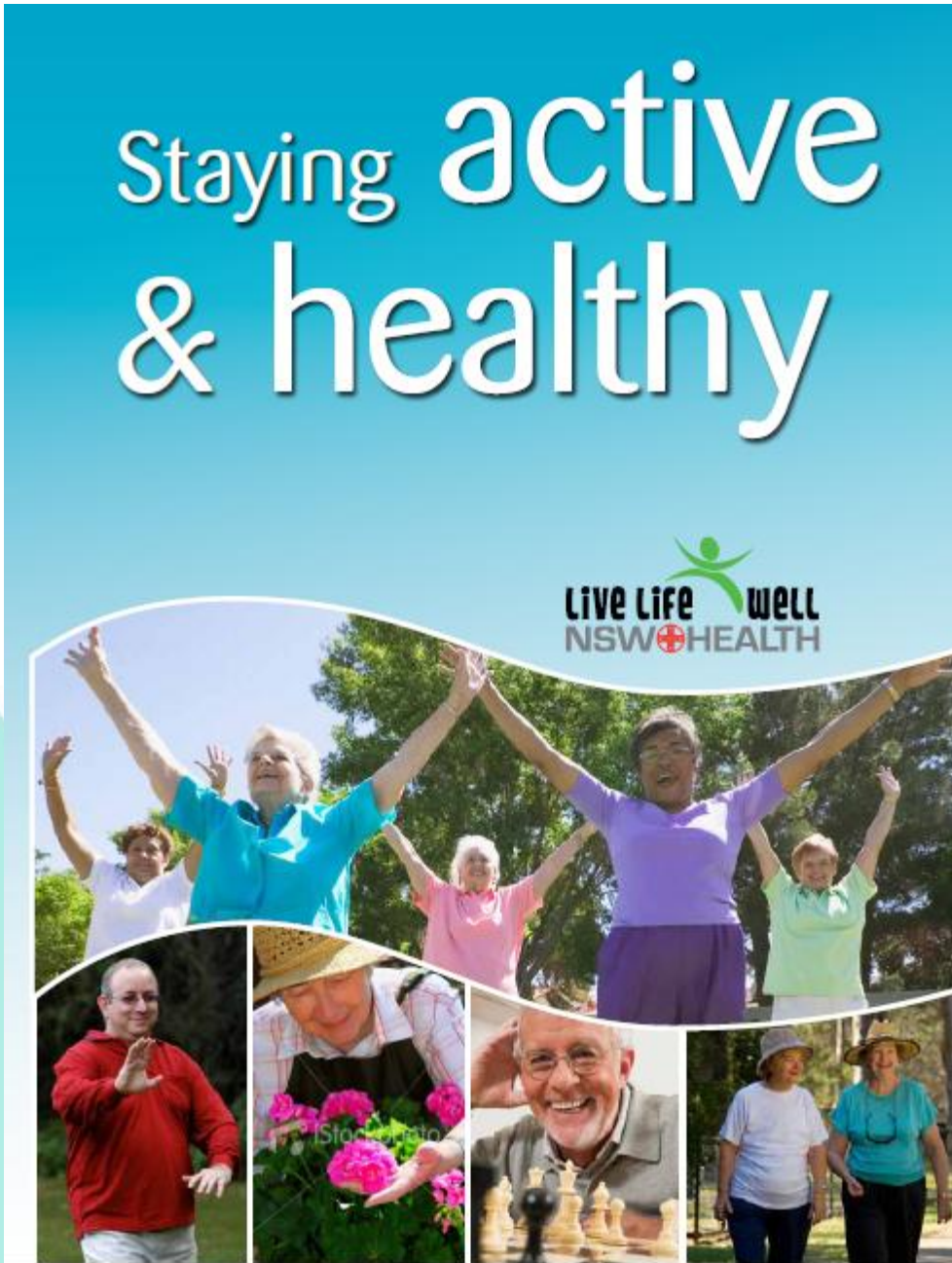
Images

Focus testing

Cover Design

**Staying active and  
on your feet**

**NEW LOOK  
COMING SOON**





# Web-Based Directory of Community Physical Activity Falls Prevention Programs

An Overview of

[www.activeandhealthy.nsw.gov.au](http://www.activeandhealthy.nsw.gov.au)

Funded by Centre for Health Advancement

# Background & Timelines

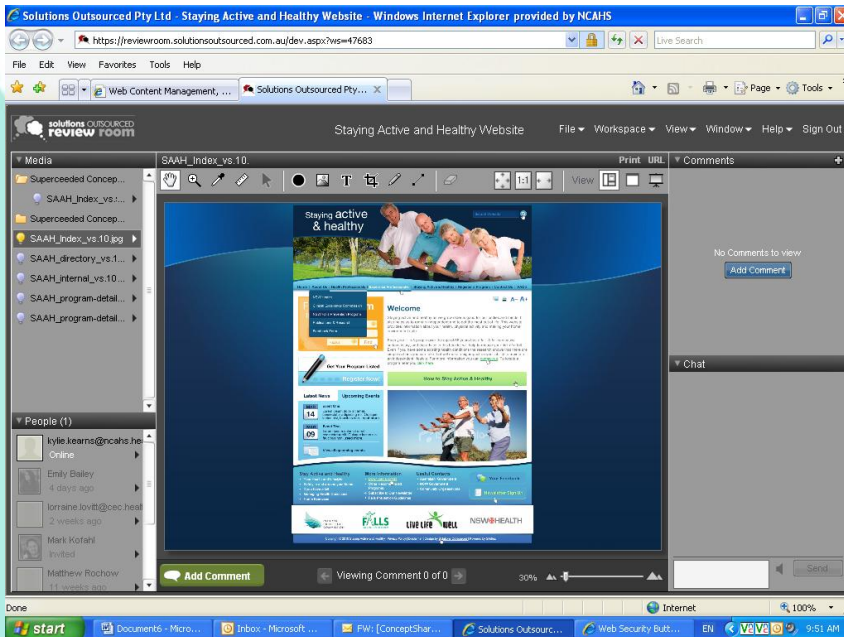
- Need for falls prevention physical activity web directory identified in 2009
- CEC Project work commenced February 2010
- Registrations received from 20 April 2010
- Over 300 registrations received to date
- Projected 'go-live' in mid July

# Collecting & Reviewing Registrations

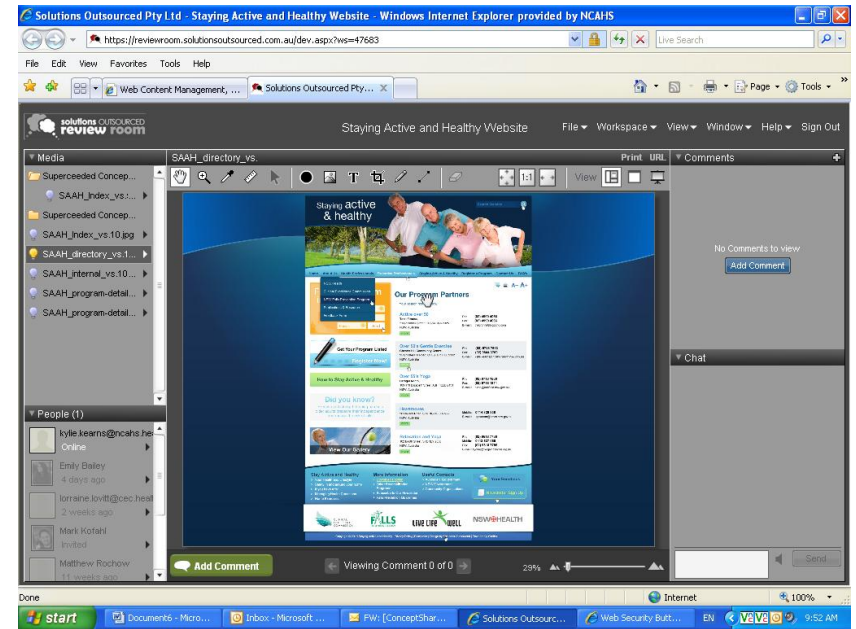
- Online or Paper Registrations
  - 65% from mail-out
  - 35% from other sources
- Review by expert
  - 81% accepted in first review
  - 10% declined in first review
- Formal Inclusion Criteria established

# Constructing the Website

[www.activeandhealthy.nsw.gov.au](http://www.activeandhealthy.nsw.gov.au)



Home Page



PA Directory

# How the Website Will Work

Find a Program in your Area



# Website Content

- Comprehensive program information
- Community Resources, Guidelines, Guidebooks, relevant publications and research documents
- Information specifically for Health Professionals and Exercise Professionals
- Photo Gallery
- Feedback - Website and Providers

# Updating Program Details Communicating with Providers

- Program amendments sought quarterly - password or paper form
- Regular Newsletters - including submissions from providers
- Capacity for Survey and Data Collection, eLearning, Blog, and Autoforms

# Promotion & Marketing

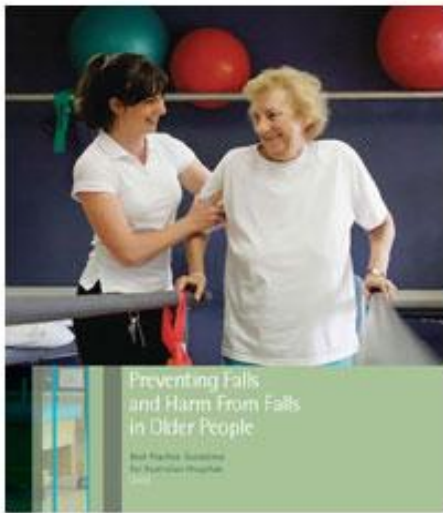
- Official Launch
- Poster and Brochure to Peak Bodies
- Links within and to various websites

# Where To From Here?

anticipating further expansion over the next 12 months

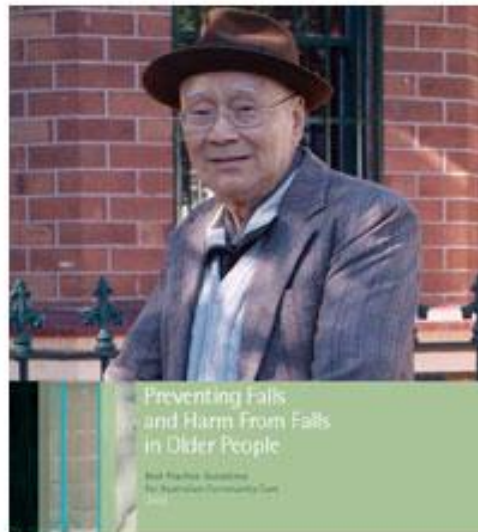
[www.activeandhealthy.nsw.gov.au](http://www.activeandhealthy.nsw.gov.au)

# Australian Commission on Safety and Quality in Health Care falls prevention best-practice guidelines



AUSTRALIAN COMMISSION ON SAFETY AND QUALITY IN HEALTH CARE

**Hospital**



AUSTRALIAN COMMISSION ON SAFETY AND QUALITY IN HEALTH CARE

**Community**



AUSTRALIAN COMMISSION ON SAFETY AND QUALITY IN HEALTH CARE

**Residential Aged Care**

# April Falls Day



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