



Riverina Division of General Practice & Primary Health Ltd

Integration & Benefits of Partnerships

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Falls Prevention Program RDGP & Ph Ltd

'Falls Prevention in Rural Areas'

- Objectives:
- Falls Clinics - multidisciplinary
- Professional development
- Engagement of GP's & PN's
- Standard screening tool
- Referral pathway
- RACF's (Nursing Homes)



Falls Prevention Programs

- **GSAHS Aged Care Service**
- Falls Clinic
- Home Exercise Program - tailored to meet individual needs
- Active Ageing Program - balance & strengthening programs



Falls Prevention Programs

- **GSAHS - Falls Coordinators**
- Public RACF's - Susan Weston
- Screening of residents
- Environmental audit
- Professional development

- **Inpatient Falls Coordinator**
- GSAHS Clinical Governance Unit



Falls Prevention Program

- **GSAHS Community Coordinator**
- Fall preventing physical activity in the home
- **Objectives**
- Implement home base exercise program - strengthening - balance
- Improve balance
- Inform and educate
- Link to existing programs



Falls Prevention Program

- **Charles Sturt University**
- Research Program
- **Objectives:**
- To provide information on key causes and effective and viable countermeasures for falls and falls-related injuries in elders



Falls Prevention Program

- NSW Health / Clinical Excellence Commission
 - Injury Risk Management Research Centre
 - NSW Falls Prevention Network
 - NSW Department of Health
 - General Practice NSW
 - Riverina Division of General Practice
 - Sutherland Division of General Practice -
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Falls Prevention Programs

- Falls Prevention in General Practice Steering Committee
- Objectives - develop a Strategic Plan
- Improve awareness - GP's & PN's
- Improve identification - older at risk
- Improve assessment
- Improve referral pathways
- Education to GP's and PN's

Falls Prevention Parallel Programs

- Multidisciplinary clinics - 2
- Home exercise programs - 2
- Professional development - 3
- Engagement of GP's & PN's - 2
- Risk screening / assessment tool - 3
- Referral pathways - 3
- RACF's - 2

Partnerships

- Help organisations to meet strategic & community objectives
- Engage effectively with key stakeholders
- Build systems & processes to support partnerships working effectively
- Integrate projects into organisation's mainstream activities to ensure delivery continues

Achieving Integration

Integration is a system where there is:

- Seamless access to appropriate health care
- Good communication between the providers of health care services and
- Good coordination of service delivery

Integration

Requires strategies for:

- Organisational and structural level
- Operational level
- Personal level

Achieving Integration Requires

Organisational structures & agreements

Common goals / decision making processes

Agreed systems for communication / information management

Methods of quality management

Development & nurturing of personal links between staff of relevant health services

Barriers for Integration

Communication:

- Large number of stakeholders

Control:

- Boundaries of authority & delegation

Cash:

Diversity of funding sources

- **“IF WE ARE TOGETHER
NOTHING IS
IMPOSSIBLE. IF WE ARE
DIVIDED ALL WILL FAIL”**
- Winston Churchill