



Falls Prevention Trigger DVD

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Clinical Excellence Commission



Falls are a serious issue

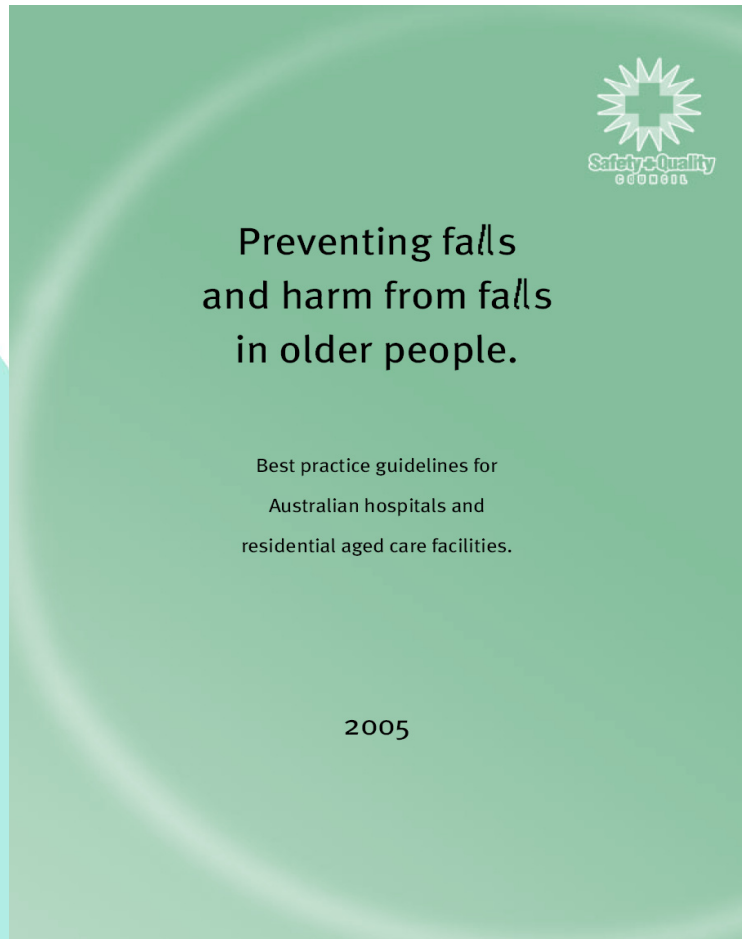


- Falls are the highest recorded incidence in IIMS
- Lead to a serious trauma and even death





Falls Prevention Trigger DVD



- **Best practice guidelines for Australian hospitals and residential aged care facilities - Sept 2005**

Contains:

- Quick reference guide
- Implementation guide
- Fact sheets, Poster
- Indigenous resources/brochures
- **Currently being revised, release early 2009**



Falls Risk Factors



- Advancing Age
- **Impaired cognition**
- **Impaired balance:** Poor mobility
- Poor **vision** (cataracts: macular degeneration)
- **Multiple medications**
- Chronic medical conditions
- **Prior history of falling**

This DVD has 4 scenarios which show examples of common falls in hospitals and how to prevent them.



Trigger DVD Working Party



- Barbra Monley – Clinical Nurse Educator
Blue Mountains and ANZAC Memorial hospital
- Julia Poole – Clinical Nurse Consultant
Aged Care, Royal North Shore Hospital
- Kathy Richardson – Area Falls Coordinator
SESIAHS
- Lorraine Lovitt and Ingrid Hutchinson, CEC
- Pauls Productions



Outline of the Trigger DVD



- Introduction by Dr Jacqueline Close
- For each of the 4 Fall Scenarios we show:
 - The Fall Event
 - Routine Post Fall Management
 - An alternative approach



Trigger DVD



Purpose

To facilitate staff to discuss common fall events on their wards and take **ACTION** to prevent them