

Catch it Early

Iain Steel
Physio

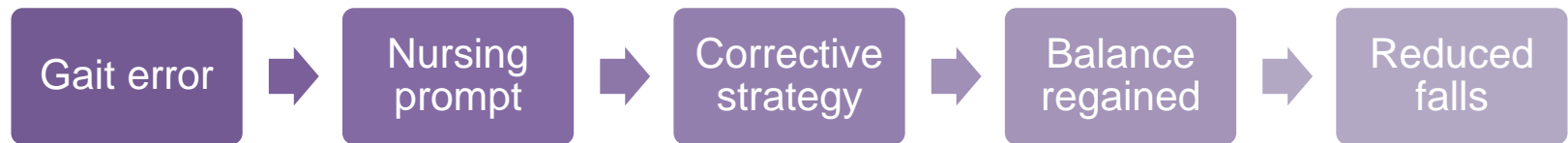


HammondCare

An independent Christian charity

Power to the people

- Falls can be prevented by empowering nursing staff with gait error detection skills



- ∴ “Catch it Early”

“The Tell”

- Specific gait errors
 - Narrow base of support
 - Body twist
 - Tilting



All easy to recognise
when nurses educated
on what to watch



No pelicans were harmed

- Pelican (gait belts)
 - Often overused
 - Not a walking aid
 - Used to assist patient to regain balance *whilst* using a learned strategy to prevent the fall

Let me down gently

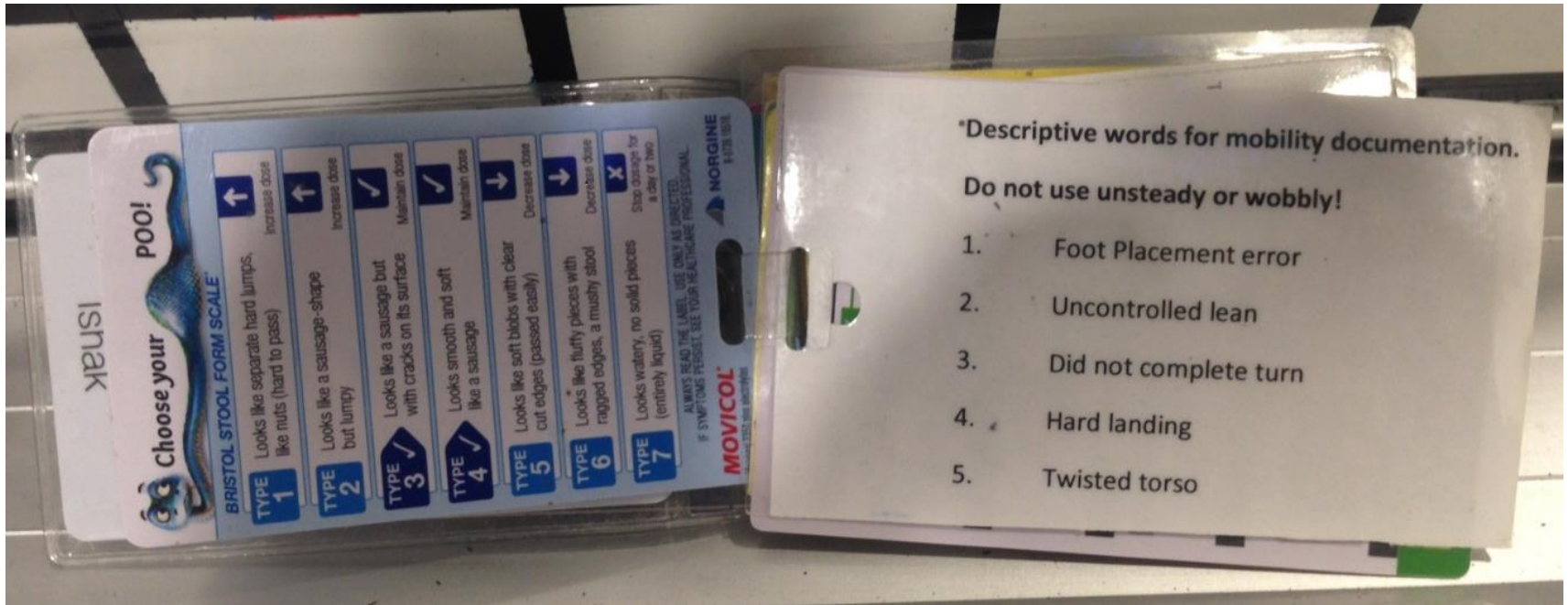
- Falls and near misses are common during transfers and sitting
- Patients need to be prompted to remain focused
- Plan the turn
- Complete the turn
- Step back
- Use hands



Knowledge is power

- Great response from nursing staff so far
- Telling physios what went wrong
- Detailed documentation
- Reduction in near misses
- Improving confidence by patients and nurses

Devil's in the detail



Our mission

Our passion is improving
quality of life for people in need

