

# NSW FALLS PREVENTION NETWORK WEBINAR

Date: Friday 15 May 2020

Time: 9:15 am - 12:30 pm



## Keeping Active for a Healthy Mind and Body

### Webinar Program

9.15 am Welcome

Session 1

9.20 - 10.00 am

**Pam Albany Guest Lecture: Professor Kaarin Anstey, Senior Principal Research Fellow, NeuRA:**

*How can we delay dementia and promote brain health in older adults?*

10.00 - 10.30 am

**Professor Jacqueline Close, Geriatrician POWH; Clinical Director, Falls, Balance and Injury Research Centre (FBIRC) NeuRA:**

*Dementia and preventing falls*

Break - 10.30 - 11.00 am

Session 2

11.00 - 11.30 am

**A/Professor Anne Tiedemann, Principal Research Fellow; Institute for Musculoskeletal Health, Sydney School of Public Health:**

*Physical activity for healthy ageing: development and evaluation of scalable interventions*

11.30 - 12.00 pm

**Dr Kim van Schooten, Postdoctoral Fellow, FBIRC, NeuRA:**

*Technologies for fall prevention*

12.00 - 12.30 pm

**Scientia Professor Stephen Lord, Senior Principal Research Fellow; Centre Director, Falls Balance and Injury Research Centre, NeuRA:**

*Falls prevention research update*

12.30 pm Close

*These sessions will be recorded and posted on the website*

[Register Now](#)

Registrations close: 14th May Cost: free



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