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|---------------------|---|
| 8.30 am             | REGISTRATION/ARRIVAL TEA/COFFEE   |
| 9.00 am             | <b>OPENING SESSION – Wesley Theatre</b><br>Chairperson: Prof Stephen Lord<br><b>WELCOME TO COUNTRY</b><br>Raymond Weatherall                  |
| 9.10 am             | <b>OPENING</b><br>Dr Harvey Lander  |
| 9.20 am - 10.20 am  | <b>PLENARY SESSION 1 – Wesley Theatre</b><br>Chairperson: Prof Stephen Lord   |
| 9.20 am             | <b>Pam Albany Guest Lecture</b><br><b>Preventing falls in care homes</b><br>Prof Pip Logan  |
| 9.50 am             | <b>Preventing falls in nursing homes - Australian perspectives</b><br>Dr Rik Dawson (via Zoom)  |
| 10.20 am            | MORNING TEA, TRADE EXHIBITS & POSTERS DISPLAY   |
| 11.00 am - 12.15 pm | <b>PLENARY SESSION 2 – Wesley Theatre</b><br>Chairperson: Prof Cathie Sherrington   |
| 11.00 am            | <b>Dementia prevention, practical risk reduction</b><br>Prof Ruth Peters  |
| 11.30 am            | <b>Reactive balance training: from research into practice</b><br>Dr Yoshiro Okubo   |
| 11.50 am            | <b>Working with people from CALD communities to reduce falls</b><br>Prof Cathy Said   |
| 12.10 pm            | Plenary Session Feedback survey   |
| 12.15 pm            | LUNCH, TRADE EXHIBITS & POSTER SESSION  |
| 1.10 pm             | <i>Afternoon Concurrent Sessions</i> (refer to next page)   |
| 3.00 pm             | BREAK   |
| 3.10 pm             | <b>CONCLUDING SESSION – Wesley Theatre</b><br>Chairperson: Dr Morag Taylor / Prof Kim Delbaere<br><b>Research Update</b><br>Prof Kim Delbaere |
| 3.30 pm             | Panel Discussion – Bringing it All Together featuring plenary speakers and Prof Stephen Lord  |
| 3.55 pm             | Afternoon and Closing Session Feedback surveys  |
| 4.00 pm             | CLOSE   |

| 1.10 pm - 3.00 pm AFTERNOON CONCURRENT SESSIONS   |  |  |
|---|--|--|
| A. HOSPITAL CARE - Smith Room<br>Chairperson: Ingrid Hutchinson and Briony Chasle   | B. COMMUNITY- Wesley Theatre<br>Chairperson: A/Prof Jasmine Menant and A/Prof Daina Sturnieks  | C. AGEING SERVICES - Lyceum<br>Chairperson: Sharon Butler and Dr Morag Taylor  |
| 1.10 pm: <i>Barriers and facilitators to supported implementation of multicomponent fall prevention interventions in hospital: a qualitative study</i><br>Charlotte McLennan (PhD student, University of Sydney)                  | 1.10 pm: <i>Implementing Post-Fall Huddles in a Community setting</i><br>Kelly Hopkins (Physiotherapist, Prince of Wales Community Health) and Fiona Conacher  | 1.10 pm: <i>Co-creating an optimal implementation model for digital health solutions into community aged care: The implementation of an eHealth fall prevention program</i><br>Dr Meghan Ambrens (Post-doc, FBRIC, NeuRA)  |
| 1.25 pm: <i>Don't Fall for it!</i><br>Karlee Mueller (CNC Comprehensive Care, Prince of Wales Hospital, SESLHD)   | 1.25 pm: <i>Availability of Falls Prevention Programs for diverse communities in Greater Sydney: A Gap Analysis</i><br>Fatemeh Abdi (MPhil candidate at UNSW, Podiatrist)  | 1.25 pm: <i>Improving healthcare delivery to older patients following an ambulance call-out: Implementing an evidence-based approach to prevent falls and reduce frailty</i><br>Dr Meghan Ambrens (Post-doc, FBRIC, NeuRA)   |
| 1.40 pm: <i>FACIT (Falls and Cognitive Impairment Team)</i><br>Karlee Mueller (CNC Comprehensive Care, Prince of Wales Hospital, SESLHD)  | 1.40 pm: <i>Systematic Review of Socioeconomic Position and Falls Among Middle- and Older-Aged Adults</i><br>Frerik Smit (Graduate Student, Sydney School of Public Health, USYD)  | 1.40 pm: <i>Reducing Malnutrition and Frailty Risk: The Impact of Dietitian Intervention in a Multidisciplinary Geriatric Service</i><br>Taylah Pepper (Dietitian, Centre for STRONG Medicine, Concord Hospital)   |
| 1.55 pm: <i>Enhancing Patient Safety and Reducing falls in a Medical Inpatient Unit: A Collaborative Approach.</i><br>Margie Fletcher (CNC Neurology, Medicine Services, Central Coast) and Erin Perrot (NUM)                     | 1.55 pm: <i>Falls Service Camperdown</i><br>Adam Buckingham (Physiotherapist, RPA Hospital, Sydney LHD)  | 1.55 pm: <i>Development and testing of a system dynamic model to project the health and economic impact of fall prevention initiatives in the community and aged care facilities</i><br>Dr Marina Pinheiro (Senior Research Fellow, School of Public Health, Faculty of Medicine and Health) |
| 2.10 pm: <i>Transforming Falls Prevention with Digital FRAMP: A Collaborative Innovative partnership between SLHD/SWSLHD</i><br>Wendy Tilden (SLHD Falls Coordinator) and Shereen Ivy Gacayan (SWSLHD Safety Culture Coordinator) | 2.10 pm: <i>Protocol for Adapting and Implementing a Structured Priority-setting Process for Fall Prevention Research in Australia: A Stakeholder-Driven Approach</i><br>Melody Leung (PhD Student, School of Public Health, Institute for Musculoskeletal and Health, USYD) | 2.10 pm: <i>Caring for patients with changed behaviours</i><br>Sue Tripney (Diversional Therapist, Gloucester Health Service)  |
| 2.25 pm: <i>A Senior Level Review and Response Process for Inpatients having repeat falls</i><br>Samantha Aspinall (NUM) and Jeena Joseph (CNE)   | 2.25 pm: <i>Stepping On With Recovery</i><br>Natalie Narunsky (Occupational Therapist, OPMH, SESLHD)   |  |
| 2.40 pm: <i>You cannot change what you don't know - Falls Prevention at Bankstown Hospital</i><br>Dani Bui (Patient Safety Manager) and Debbie Collins (CNE)  | 2.40 pm: <i>Stepping On: Falls Prevention for Priority Populations in Social Housing</i><br>Queeny Stafford (Health Promotion Officer) and Nadia Williams (Stepping On Coordinator)  | 2.40 pm: <i>Fall Prevention for People with Cerebral Palsy</i><br>Prof Pip Logan (Co-Director, STARS Education and Research Alliance and Professor of Occupational Therapy)  |

# ACKNOWLEDGEMENTS

## We would like to thank

NSW Ministry of Health

Older Persons' Patient Safety Program, Clinical Excellence Commission

NSW Local Health District Falls Prevention Coordinators

Staff from the Falls, Balance and Injury Research Centre, Neuroscience Research Australia (NeuRA)

Filming: Mr Paul Sheaffe

## Exhibitors

Alpha LifeCare

Australia and New Zealand Hip Fracture Registry

Rock Steady for Life

Standing Tall

Stepping On

Stopfalls Physio

## NSW Falls Prevention Network Advisory Committee 2025 membership

Ms Ingrid Hutchinson, Improvement Lead, Older Persons' Patient Safety Program, Clinical Excellence Commission

Dr Steven Phu, Project Officer, NSW Fall Prevention & Healthy Ageing Network, NeuRA

Ms Sharon Butler, Allied Health Manager, Anglicare

Ms Sally Castel, Director - Movement Matters

Ms Vani David, Aged Care CNC, Wollongong Hospital, Illawarra Shoalhaven LHD

Ms Martha Dwyer, Project Officer – Priority Populations, Centre for Population Health, NSW Health

Ms Joanne Macmillan, CNC, Aged Care/Dementia (Community), Northern Sydney LHD

Ms Natalie McDermott, Health Promotion Officer, Wagga Wagga Community Health, Murrumbidgee LHD

Mr Bharat Nepal, Mental Health, Western Sydney LHD

Mr Adrian Prakash, General Manager, SHARE

Dr Kristy Robson, Lecturer in Podiatry, Charles Sturt University

Dr Tai-Tak Wan, Medical Director, Ambulatory Care, Fairfield Hospital, South Western Sydney LHD

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