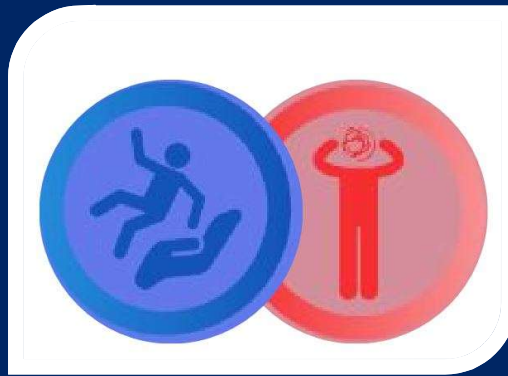


Falls & Cognitive Impairment Team (FACIT)

Prince of Wales Hospital
and Community Health Service



Karlee Mueller

CNC Comprehensive Care POWH

Acknowledgements: Karen Tuqiri, Ruth Smoother, Lucy Haver, Kellee Barbuto, Andrew Murray, Chris Lumapas, Dasha Riley, Emilee Adel Yu, Anika Robertson, Hayley Callaghan, Kylie Whittam, Leanne Burns

02 May 2025

Case for Change

- Hospital-wide Clinical Leads program developed in 2019 and revamped in 2024
- 8 high-risk domains
- The highest hospital acquired complications are delirium and falls
- Harms combined into one domain: Falls and Cognitive Impairment Team (FACIT) Clinical Leads

Sits within the facility's Quality Safety Culture Framework



Goals & Objectives FACIT Program

- 56 Clinical Leads from 25 wards facilitated by 6 Expert Facilitators
- Goal: person-centred & comprehensive approach to reduce harm
- Objectives: build the capability and capacity of self-nominated ward nurses (Clinical Leads)



Methods

- Day-long workshop March 2024
- Monthly education in falls, delirium/cognitive impairment
- Support to: educate at in-services, lead ward-based projects, and train colleagues in falls and delirium mitigation strategies
- Each clinical lead had an allocated subject matter expert mentor for support



Results- Likert Scale

- Before the workshop, **69%** **felt confident** supporting colleagues use mitigation strategies in high-risk patients
- After the workshop, **100%** **felt confident** supporting colleagues use mitigation strategies in high-risk patients
- Before the workshop, **54%** FACIT clinical leads had a **knowledge** of preventing falls and delirium
- After the day-long workshop, **93.3%** FACIT clinical leads had a **knowledge** of preventing falls and delirium
- The year-long FACIT Clinical Leads program **increased both the capability and capacity** of 56 nurses



Feedback from Staff

“Loved the group work”

“I feel more equipped to help my colleagues in falls prevention”



“I felt empowered and valued after the workshop”

“The simulation was great”

Lessons Learnt

- Coaching and empowering staff that run 24/7 service
- Engage Clinical Governance team and executive sponsors early
- Clear timeframes and accountability for Expert Facilitators and FACIT Clinical Leads
- Role play and simulation for building blocks of safe ward
- Person-centred/ Comprehensive Care
- Collaborative MDT



Next Steps

- 2025 the Clinical Leads will be supported to complete a quality improvement project
 - Individualised ward-based data to reduce falls/delirium
 - Support of the NUM, CNE, CNC, Expert Facilitator Mentor, Patient Safety Officer

