

Email Invitation

Dear XXX,

You are invited to participate in a research study conducted by the University of Sydney to co-design and develop the Safe Steps Falls Prevention Program for older people with mild-moderate cognitive impairment.

Aim of the study:

- To co-design and develop the Safe Steps Program in partnership with key stakeholders.
- To determine the core components, delivery approaches, and support strategies to ensure the program is accessible, appropriate, and feasible for this population.

Participation in this research study is completely voluntary.

Who are we recruiting?

You may be eligible if you are:

- A current or former falls prevention program facilitator;
- A clinician or researcher with expertise in geriatrics, dementia care, allied health, falls prevention, or health promotion;
- A service or policy representative involved in health service delivery, implementation, or policy relevant to older people or dementia care.

How will you be involved?

Participation includes up to three co-design workshops (approximately 2 hours each), held via Zoom, in-person, or hybrid.

During the workshops, you will:

- Review brief research summaries and draft materials
- Participate in facilitated discussions
- Share your professional perspectives
- Provide feedback on program components and facilitator training materials

Sessions will focus on refining program content and confirming readiness for feasibility testing.

How to participate?

If you are interested, please reply to this email. The Participant Information Statement (PIS) is attached for further details.

If you have any questions, please contact me at weihong.zhang@sydney.edu.au.

I look forward to hearing from you.

Kind regards
Weihong Zhang

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