



THE UNIVERSITY OF
SYDNEY

Safe Steps Program

Help develop a falls prevention program for older people with cognitive impairment

You are invited to take part in research

Who

Researchers from USYD and UNSW are seeking professionals who are:

- Falls prevention program facilitators
- Clinicians or researchers in relevant fields
- Service or policy representatives working with older people or dementia care

Collaboration



Why

We are co-designing the program to ensure it is:

- Accessible, appropriate, and feasible for older adults with mild-moderate cognitive impairment
- With input from key stakeholders like you

Stop falls



What

Three 2-hour co-design workshops via zoom or hybrid

- Review research summaries and draft materials
- Participate in discussions, share perspectives, and provide feed back
- Refine program content and facilitator training

Co-design



Where

The University of Sydney OR online via Zoom



For more information, contact **Dr Weihong Zhang:**

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HREC Approval No.: 2026/HE000228