



HammondCare

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Safety huddles

Greenwich SMHSOP Inpatient

Jack Powell Clinical Nurse Educator.



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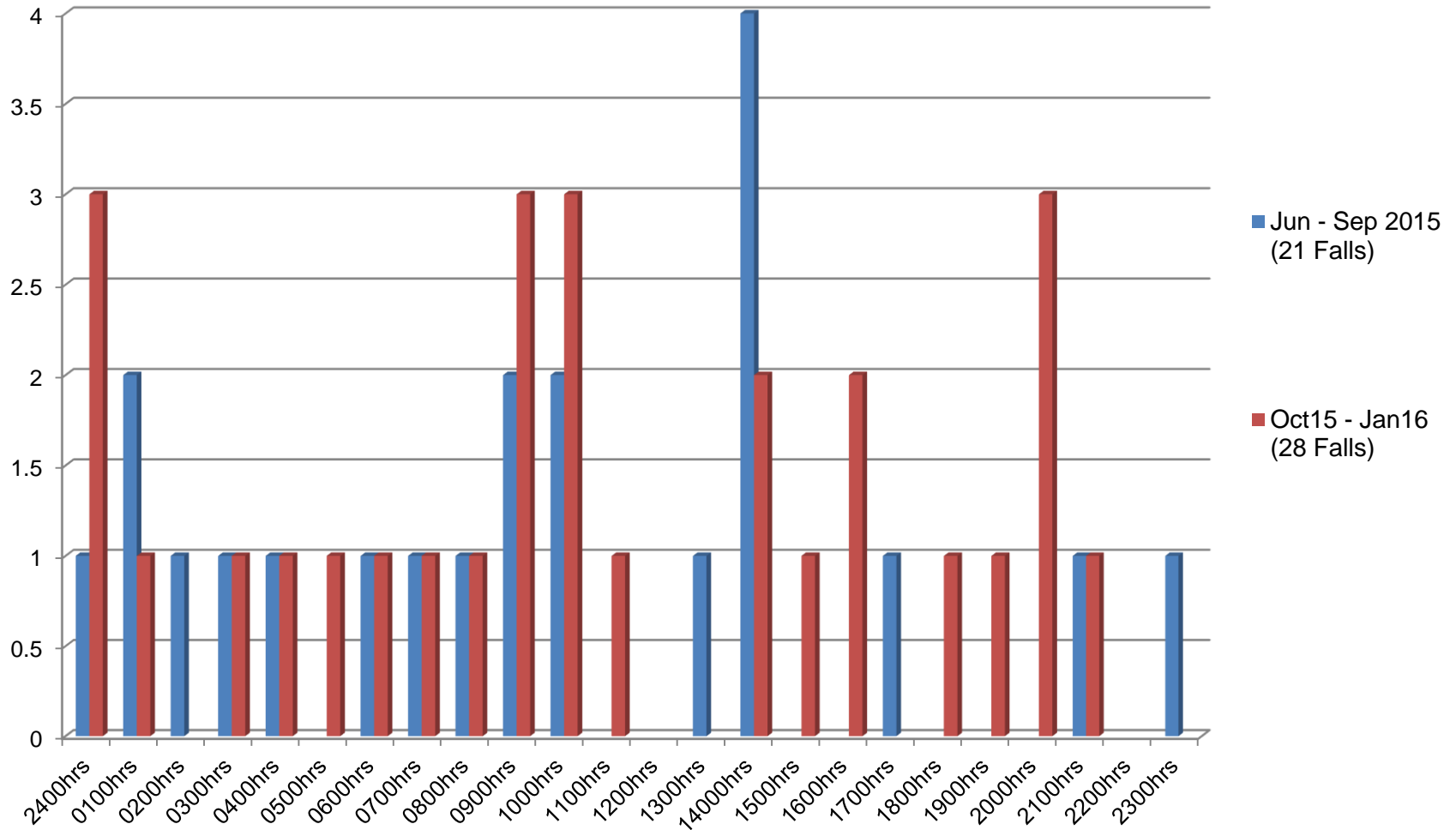
Riverglen Unit

- Specialist Older Person Mental Health Unit.
- People over 65+ with acute mental illness/distress and requiring geriatric care.
- 20 bed Unit.

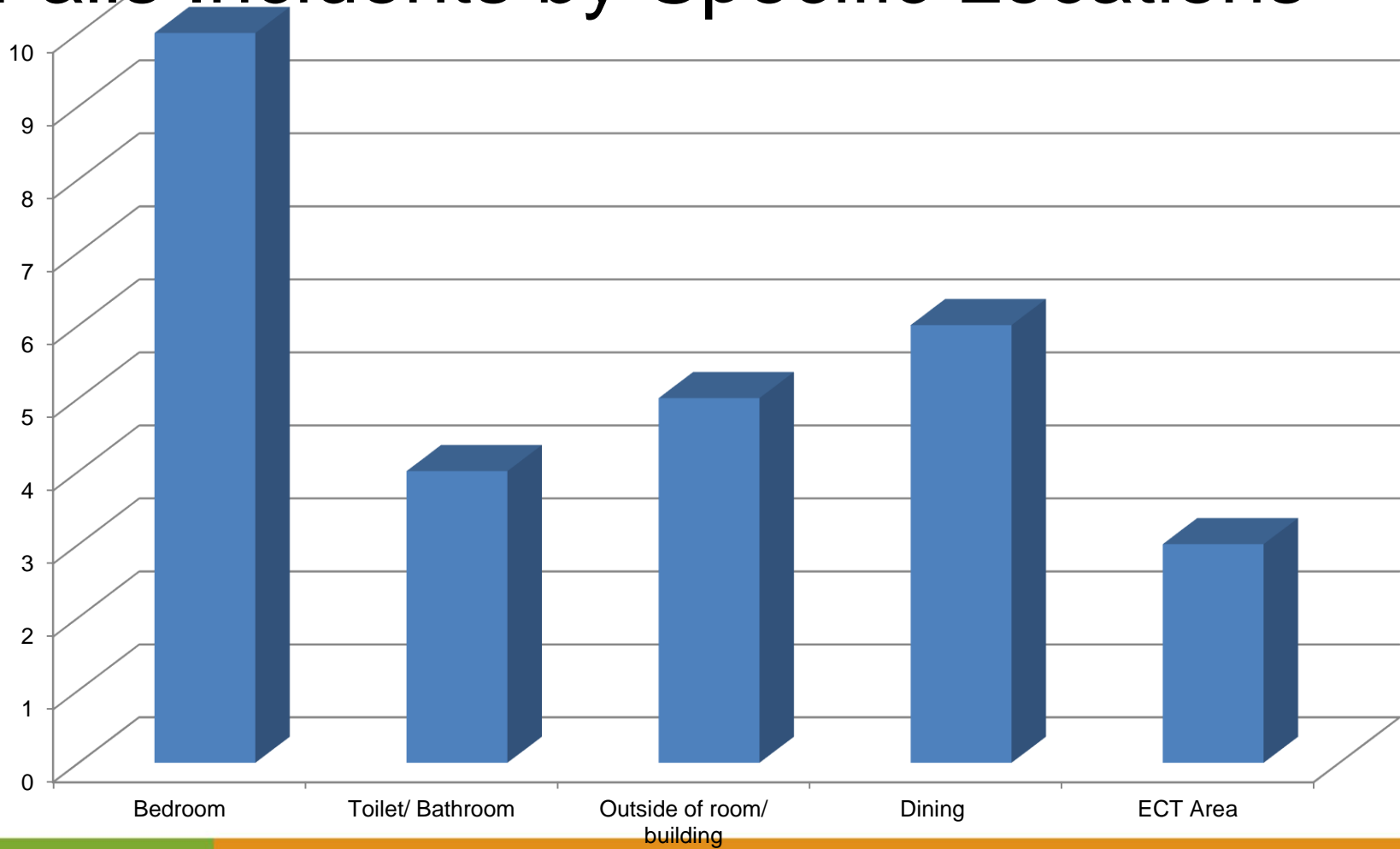




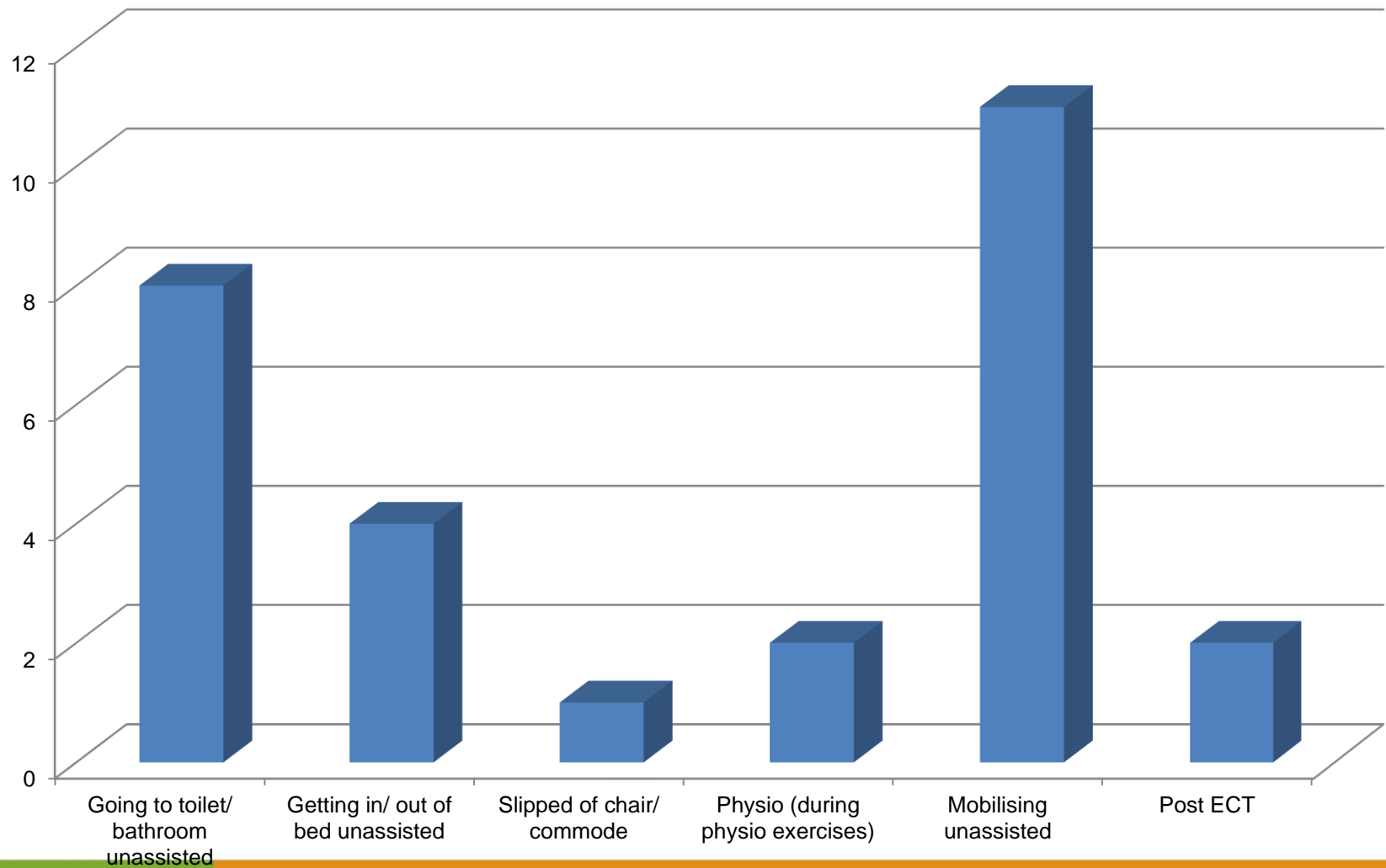
Time of Falls



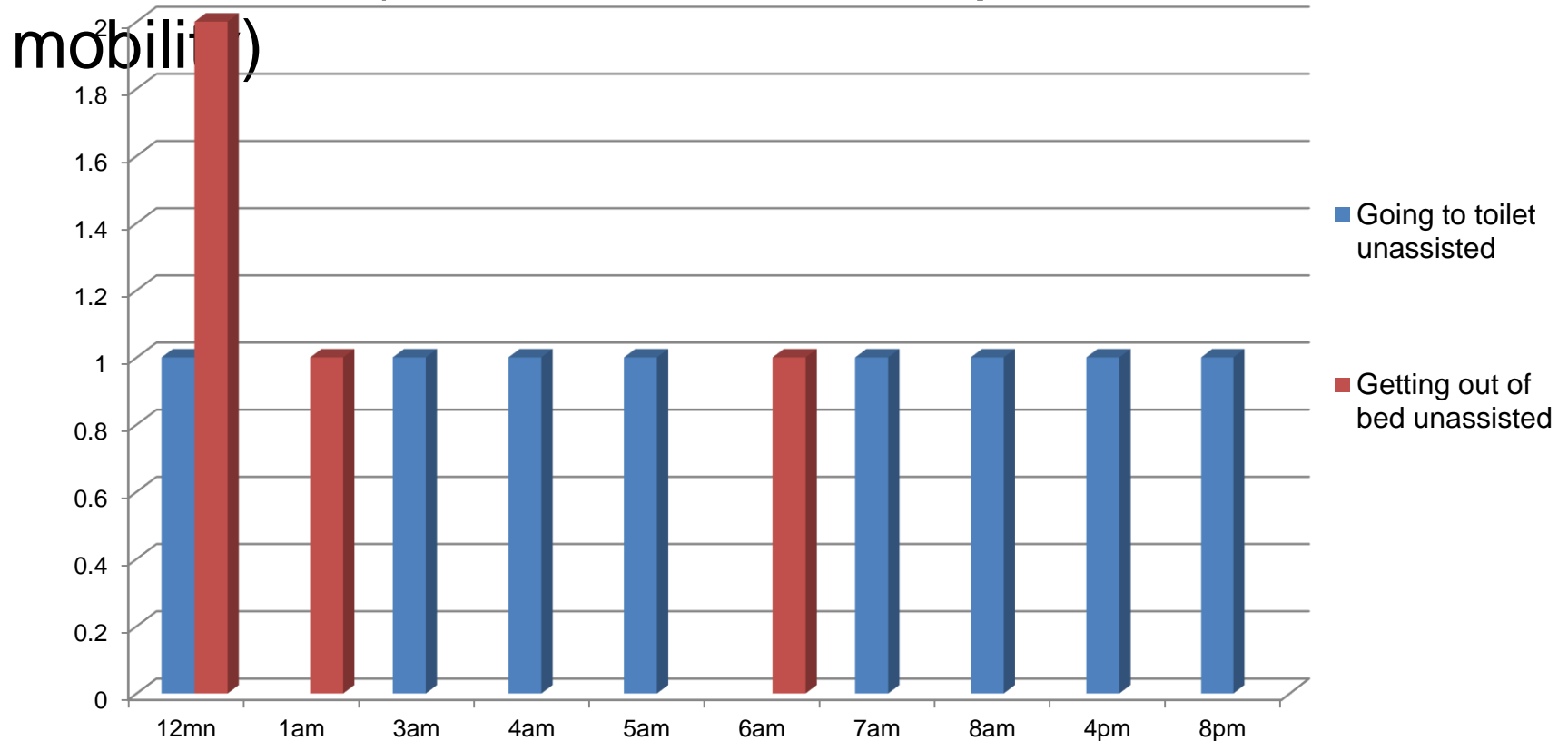
Falls Incidents by Specific Locations



By Activity at Time of Fall



Time Going to Toilet and Getting Up from Bed Unassisted (9 out of 12 are independent with mobility)



Safety Huddle

- Multidisciplinary review on admission and after a Fall or Near Miss
- Involving Team CNE, Nursing Incharge, or Falls Champion (Nursing staff run the huddle), Physiotherapist, Medical Officer and the patient and/or carer
- Risks and Incidents / Near Misses are identified
- Documentation of Falls risk/ Incident / Near Miss and the Recommendations / Plan



Topics covered:

- History of Falls
- Mental Status/cognition of the patient
- Medication impacting
- Patients Vision
- Toileting
- Transfer /mobility.



- Mental Status:

Is the consumer orientated enough to participate?

Is there a delirium present? Do we need a U/A?



www.faccinefb.com



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- History of Falls:

Information gathered by nursing staff and discussed *with* consumer if they are well enough to participate.



Medications

- Nursing staff to look at medication chart to see if any medication causes postural hypotension.
- Do you ever experience dizziness when you stand up?
- Drowsiness?
- ECT



Vision:

Any vision impairment?

Is there enough lighting to get to the bathroom?



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Toileting:

- Incontinence?
- Frequency of toileting, Urgency?
- Access to call bell



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Transfer/Mobility

- Day time and night time mobility.
- AIDS
- With assistance
- Footwear



Plan

- Document in EmR:
 - any education given
 - Any strategies to be used e.g. non-slip sock, leave bathroom light on
 - Concerns from physio or family.



Time : results

- Collected data for 59 Huddles
- Time recorded for 48 huddles = 243 mins
- 5.06 mins per huddle.
- Reduced falls on the ward by 30%



Implementation

- Education inservices for all nursing staff who are in-charge/team leader.
- Running falls huddles and including nursing staff in the huddle.
- Flexibility to change process depending on changing staff. (Currently slotted into a regular meeting time slot. 0800hrs Monday, Wednesday and Friday)



Constraints of this project

- Part-time staff and rotating staff.
- Ownership of the project



Our mission

Our passion is improving
quality of life for people in need

