

HNELHD and CEC Falls Forum

“Falls prevention is everyone’s business”

Hosted at Tamworth- Wests Tamworth 4th April 2025

Time	Title	Presenter
09:30	Registration, trade displays and networking	
10:00	Welcome to Country	Uncle Len
10:10	Showcase Opening	Michelle Keir A/ Executive Director Clinical Services Nursing and Midwifery
10:30	Evidenced Based Research update	Daina Sturnieks Associate Professor in Anatomy at UNSW Medicine Conjoint Senior Research Scientist at NeuRA
11:00	Clinical Excellence Commission NSW Falls and Comprehensive care update	Ingrid Hutchinson Improvement Leads Clinical Excellence Commission
11:20	Falls prevention in the community, what are the needs of our ageing population?	Dr Simon Davidson Project Officer – Population Health, Research Fellow, University of Sydney
11:40	Caring for patients with changed behaviours	Sue Tripney Diversional Therapist, Gloucester Health Service
12:25	Lunch	
13:00	Keeping patients safe in Hospital, applying Close Observation Bay Model	Tamworth Leaders Sarah Elliott and Louise Albertson Nursing Unit Manager Surgical 2 - Orthopaedics, Clinical Nurse Consultant Dementia/Delirium
13:30	Targeting falls on the rehabilitation ward: A Quality Improvement Project	Dr Rebecca Morrissey Rehabilitation Physician – Tamworth Hospital
13:45	Medicines implications in falls	David Ross Pharmacist- Tamworth Hospital
1400	Stretch Break	
1405	Falls prevention and osteoporosis	Claire Doherty OAM Senior Physiotherapist- Tamworth Hospital
1420	Nutrition to improve balance and mobility	Natasha Abram Dietician- Tamworth Hospital
14:35	Joy of movement program	Peta Cooper TNP Aged Care Michelle Widdison CNC dementia Armidale Community Health Services
14:50	Closing Summation	
15:00	Thankyou/ Close	