



NSW
Fall Prevention
& Healthy Ageing
Network

2nd May 2025

NSW Fall Prevention & Healthy Ageing Network Annual Forum Wesley Conference Centre



Prepared by Steven Phu
Project Officer
NSW Fall Prevention and Healthy Ageing Network

NSW FALL PREVENTION AND HEALTHY AGEING NETWORK
ANNUAL FORUM
Wesley Conference Centre
2 MAY 2025
EVALUATION SUMMARY

The NSW Fall Prevention and Healthy Ageing Network Annual Forum was held on Friday May 2, 2025 at the Wesley Conference Centre. The day was divided into two morning plenary sessions, an afternoon concurrent session (hospital, community and ageing services sessions) and a closing session. Presentations in this annual forum focused on aged care and nursing home settings.

The Welcome to Country was performed by Raymond Weatherall and the forum was opened by Dr Harvey Lander, the Director of Systems Improvement at the Clinical Excellence Commission. Dr Lander leads several safety improvement programs such as those for older persons, paediatric, neonatal and maternal, mental health as well as medication safety.

Forum Attendance

227 people attended the forum in person. Attendees worked in hospital, community services, residential aged care, research centre and health promotion settings and included 23 presenters and 9 session chairs.

Live-streaming and recording of sessions

All forum sessions were streamed live via YouTube, and 105 people registered for virtual attendance. YouTube analytics showed that the plenary sessions had 103 unique viewers, the concurrent sessions had a combined 245 views and the closing session 69 unique viewers. A recording of each session is available on The Network's website.

Live-streaming and recording of the sessions remains an effective way to increase reach of this forum for those who were unable to attend on the day (e.g. due to illness, travel, weather and/or personal restrictions) and allows others to view the presentations following the forum. Recorded presentations and slides are available at: <https://fallsnetwork.neura.edu.au/annual-forums/>

Poster Presentations:

This year, the forum program format allowed for poster presentations during the lunch break for best practice initiatives and research abstracts submissions. There was 1 poster on display in the main exhibition area throughout the day, and a dedicated poster session was held during lunch.

Trade Displays

There were 7 trade exhibits with representatives staffing the exhibit stalls. Trade Exhibitors included Alpha Lifecare, Australia and New Zealand Hip Fracture Registry, Rock steady for Life, Standing Tall, Stepping On, STOPFALLS PHYSIO as well as the NSW Fall Prevention and Healthy Ageing Network

Evaluation

A virtual survey (survey monkey) was used for forum attendees to check-in and provide feedback on the forum throughout the day. A total of 169 surveys were completed, with the majority completed on the day and 7 completed in the week following the forum.

Evaluation Summary

Attendees

Location

Although this forum was held in, and targeted to those working in NSW, health providers from other states (VIC, QLD and SA) and countries (NZ) also attended.

- NSW (94% of attendees)
- VIC (3% of attendees)
- QLD and SA (each 1% of attendees)
- New Zealand (1% of attendees)

Professional Role

Professional Groups (213 respondents). Many respondents hold dual/multiple professional roles.

- Allied Health Professional – Exercise Physiologist, Physiotherapist, Occupational Therapy etc (64%)
- Nurse (12%)
- Researcher (9%)
- Fall Prevention Coordinator (7%)
- Health Manager (4%)
- Other – including students and consultants (9%)
- <2% each of – Medical Practitioner, Fitness Leader, Pharmacist, Health Promotion Officer

Work Settings

This forum engages with professionals from the following care settings. This question was answered by 213 respondents – respondents were able to select multiple settings.

- Community Health Service and Provider (48%)
- Hospital – acute care (18%)
- Hospital – subacute care (15%)
- Residential Aged Care (RAC) (14%)
- University/Research (12%)
- Multipurpose Service (4%)
- Other settings – including health promotion and government (8%)

Reason for attendance

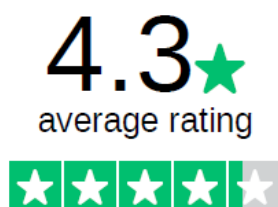
Knowledge building was the most common reason for attending the forum. Of the 26 respondents, 77% attended for knowledge building, 12% for networking opportunities, 8% were encouraged by their workplace to attend and 4% attended for the speaker line-up.

Overall Forum

Overall forum rating: 87% of 24 respondents rated the overall forum as very satisfactory or outstanding. The main comments on the overall forum are below.

Q11 How would you rate the overall forum?

Answered: 24 Skipped: 9



Key messages from forum

The key messages that respondents gained from attending the forum included:

- Quality improvement works but it takes time to see real change
- There is still much more I can do in the workplace to improve care to reduce incidents and harm related falls
- Falls are preventable and we need greater action for policy making and funding
- E health options available for falls prevention
- Look at the whole picture-including diet, BP, medications and ensure exercises include balance, strength
- Keep strongly advocating for people to engage in exercise as it will bring down falls risk. Keep trying to connect people into ongoing programmes. (This is hard work for those working in community especially with the multiple barriers some people can put up
- Exercise is key to falls Prevention in all populations
- Look at every individual to make the falls prevention strategies relevant to them

Suggestions and Topics for future forums

- Perhaps an idea is a workshop type breakout room to consider advocacy strategies and a systems approach to falls prevention where stakeholders from urban designers, NSW MoH, to multicultural media, SBS, could take part
- BPSD/Cognition is a huge issue in hospitals - Sue Tripney's presentation could be plenary session next year. It is beneficial in hospital and residential care
- More speakers related to community aged care
- World falls guidelines and implementation
- Implementation of research and indigenous falls prevention
- More about community programs which is the area I work in
- How to implement strategies that are evidence based

Additional Comments

Respondents were asked to provide additional comments on improving the forum or the activities of the network. Responses can be summarised as follows:

- The Welcome to Country segment felt longer than necessary, and the presenter's personal story—particularly around racism experienced by his daughter was unnecessary and shifted focus away from the intended purpose of the Welcome to Country. This impacted the relevance and clarity of that part of the program. Additionally, the Welcome to Country was repeated by another presenter later in the event, which is not required once it has already been formally delivered. A brief Acknowledgement of Country would have been more appropriate and helped maintain the event's flow
- Less data and more things to do practically-visual input as in video presentations
- Need to improve sound quality/ microphone quality or at least test it
- I feel that the final wrap up and Kim's talk might have been a bit rushed. A couple of the afternoon community presentations were a bit long. Maybe kept to 5 mins for the early researchers. The welcome while important, in my opinion could have been 5 mins shorter as well
- Perhaps allow speakers with the more direct information about falls, speak longer and have other speakers have shorter times, for example, research update should be longer and maybe not at the end of the day.

Session Summaries

Plenary Session 1

This session was chaired by Prof Stephen Lord, Senior Principal Research Fellow; Centre Director, Falls Balance and Injury Research Centre, NeuRA.

The first plenary session began with the Pam Albany Lecture, presented by Professor Pip Logan, a Professor of Rehabilitation Research and Occupational Therapist at the University of Nottingham and the University of Queensland. The title of her presentation was '*Preventing falls in care homes*'. This presentation discussed the strategies and challenges associated with implementing an evidence-based fall prevention program in care homes. Implications such as engagement of care home staff, importance of training and integration of the Action Fall checklist in home record systems was also discussed.



The second presentation in Plenary Session 1, was from Dr Rik Dawson, a Postdoctoral Research Associate, Institute of Musculoskeletal Health. President, Australian Physiotherapy Association. The title of Rik's presentation was '*Preventing falls in nursing homes - Australian perspectives*'. Dr Dawson delivered an virtual presentation that provided an overview of his work in delivering telehealth interventions to reduce falls and improve mobility in Australian nursing homes. This presentation including a discussion on the updated Aged Care Act 2025, several interventions targeted to exercise and nutrition and innovation in fall prevention programs using telehealth.

Plenary Session 2

This session was chaired by Prof Cathie Sherrington, Senior Principal Research Fellow, NHMRC Leadership Fellow, The University of Sydney and Institute for Musculoskeletal Health.

This session opened with a presentation by Professor Ruth Peters, the Program Lead for Dementia, Global Brain Health Initiative, The George Institute for Global Health. The title of his presentation was '*Dementia prevention, practical risk reduction*'. This presentation provided an overview of dementia, including the causes and risk factors of dementia and evidence-based strategies that can be used to reduce the risk of dementia, including addressing blood pressure and the use of intergenerational practice.



The second presentation in Plenary Session 2, was from Dr Yoshiro Okubo, a Research Fellow at the Falls, Balance and Injury Research Centre, Neuroscience Research Australia. The title of Yoshi's presentation was '*Reactive balance training: from research into practice*'. Yoshi provided an overview of studies on stepping and reactive balance training, including findings from the ReactStep trial. Also covered were strategies and challenges in translating a reactive balance program into clinical practice.

The final presentation in Plenary Session 2, was from Prof Cathy Said, a Physiotherapist and Professor Physiotherapy, Western Health & The University of Melbourne. The title of Cathy's presentation was, '*Working with people from CALD communities to reduce falls*'. Prof Said discussed her work in developing an intervention to prevent falls in culturally and linguistically diverse populations, including the strategies to increase engagement, importance of relationships with stakeholders and challenges in the design of the program.



Feedback summary on Plenary Sessions 1 and 2

Respondents were asked to rate each session and how relevant each presentation was to their work. Results are shown in the following figures. Overall, presentations in both plenary sessions were well rated.

Q1 How would you rate the Pam Albany plenary talk by Prof Pip Logan

Answered: 131 Skipped: 5

4.4★
average rating



POOR	BELOW AVERAGE	AVERAGE	ABOVE AVERAGE	EXCELLENT	TOTAL	WEIGHTED AVERAGE
0.00%	0.76%	10.69%	36.64%	51.91%	131	4.40
0	1	14	48	68		

Q2 How would you rate the second plenary talk with Dr Rik Dawson

Answered: 133 Skipped: 3

4.5★
average rating



POOR	BELOW AVERAGE	AVERAGE	ABOVE AVERAGE	EXCELLENT	TOTAL	WEIGHTED AVERAGE
0.00%	0.00%	6.77%	35.34%	57.89%	133	4.51
0	0	9	47	77		

Q3 How would you rate the third plenary talk with Prof Ruth Peters

Answered: 131 Skipped: 5

4.5★
average rating



POOR	BELOW AVERAGE	AVERAGE	ABOVE AVERAGE	EXCELLENT	TOTAL	WEIGHTED AVERAGE
0.00%	0.00%	6.11%	33.59%	60.31%	131	4.54
0	0	8	44	79		

Q4 How would you rate the fourth plenary talk with Dr Yoshiro Okubo

Answered: 133 Skipped: 3

4.2★
average rating



POOR	BELOW AVERAGE	AVERAGE	ABOVE AVERAGE	EXCELLENT	TOTAL	WEIGHTED AVERAGE
1.50%	0.75%	18.80%	31.58%	47.37%	133	4.23
2	1	25	42	63		

Q5 How would you rate the fifth plenary talk with Prof Cathy Said

Answered: 134 Skipped: 2

4.5★
average rating



POOR	BELOW AVERAGE	AVERAGE	ABOVE AVERAGE	EXCELLENT	TOTAL	WEIGHTED AVERAGE
0.00%	0.00%	13.43%	28.36%	58.21%	134	4.45
0	0	18	38	78		

Q4 How would you rate the research update presentation by Prof Kim Delbaere in the closing session

Answered: 26 Skipped: 7

4.1★
average rating



	POOR	BELOW AVERAGE	AVERAGE	ABOVE AVERAGE	EXCELLENT	TOTAL	WEIGHTED AVERAGE
☆	0.00%	7.69%	11.54%	42.31%	38.46%	26	4.12
	0	2	3	11	10		

In addition, the session was considered to be highly relevant to the work of responders.

Q6 The information presented in the plenary sessions is relevant to your work

Answered: 134 Skipped: 2

4.4★
average rating



	STRONGLY DISAGREE	DISAGREE	NEITHER AGREE OR DISAGREE	AGREE	STRONGLY AGREE	TOTAL	WEIGHTED AVERAGE
★	0.00%	1.49%	6.72%	42.54%	49.25%	134	4.40
	0	2	9	57	66		

Afternoon Concurrent Sessions

Three concurrent workshops were held in the afternoon:

- A. Hospital, chaired by Ingrid Hutchinson and Briony Chasle
- B. Community, chaired by Assoc Prof Jasmine Menant and Assoc Prof Daina Sturnieks
- C. Ageing Services, chaired by Dr Morag Taylor and Lorraine Lovitt

A. Hospital Care

This session aims to highlight fall prevention quality improvement initiatives within hospital care. During this session, care teams across NSW had the opportunity to showcase the work they have progressed in reducing falls, minimising injuries from falls and improving health outcomes in hospital care.

Seven presentations were given during this session:

1. *Barriers and facilitators to supported implementation of multicomponent fall prevention interventions in hospital: a qualitative study*
Charlotte McLennan (PhD student, University of Sydney)
2. *Don't Fall for it!*
Karlee Mueller (CNC Comprehensive Care, Prince of Wales Hospital, SESLHD)
3. *FACIT (Falls and Cognitive Impairment Team)*
Karlee Mueller (CNC Comprehensive Care, Prince of Wales Hospital, SESLHD)
4. *Enhancing Patient Safety and Reducing falls in a Medical Inpatient Unit: A Collaborative Approach.*
Margie Fletcher (CNC Neurology, Medicine Services, Central Coast) and Erin Perrot (NUM)
5. *Transforming Falls Prevention with Digital FRAMP: A Collaborative Innovative partnership between SLHD/SWSLHD*
Wendy Tilden (SLHD Falls Coordinator) and Shereen Ivy Gacayan (SWSLHD Safety Culture Coordinator)
6. *A Senior Level Review and Response Process for Inpatients having repeat falls*
Samantha Aspinall (NUM) and Jeena Joseph (CNE)
7. *You cannot change what you don't know - Falls Prevention at Bankstown Hospital*
Dani Bui (Patient Safety Manager) and Debbie Collins (CNE)

B. Community Exercise

This session provided a range of presentations covering fall prevention in community rehabilitation.

Presentations included:

1. *Implementing Post-Fall Huddles in a Community setting*
Kelly Hopkins (Physiotherapist, Prince of Wales Community Health) and Fiona Conacher
2. *Availability of Falls Prevention Programs for diverse communities in Greater Sydney: A Gap Analysis*
Fatemeh Abdi (MPhil candidate at UNSW, Podiatrist)
3. *Systematic Review of Socioeconomic Position and Falls Among Middle- and Older-Aged Adults*
Frerik Smit (Graduate Student, Sydney School of Public Health, USYD)
4. *Falls Service Camperdown*
Adam Buckingham (Physiotherapist, RPA Hospital, Sydney LHD)
5. *Protocol for implementing a structured priority-setting process for fall prevention research in Australia: an interest-holder-driven approach*
Melody Leung (PhD Student, School of Public Health, Institute for Musculoskeletal and Health, USYD)
6. *Stepping On With Recovery*
Natalie Narunsky (Occupational Therapist, OPMH, SESLHD)
7. *Stepping On: Falls Prevention for Priority Populations in Social Housing*
Queeny Stafford (Health Promotion Officer) and Nadia Williams (Stepping On Coordinator)

C. Ageing Services

This session provided a range of presentations covering latest research updates, exercise programming across various ageing services.

Presentations included:

1. *Co-creating an optimal implementation model for digital health solutions into community aged care: The implementation of an eHealth fall prevention program*
Dr Meghan Ambrens (Post-doc, FBRIC, NeuRA)
2. *Improving healthcare delivery to older patients following an ambulance call-out: Implementing an evidence-based approach to prevent falls and reduce frailty*
Dr Meghan Ambrens (Post-doc, FBRIC, NeuRA)
3. *Reducing Malnutrition and Frailty Risk: The Impact of Dietitian Intervention in a Multidisciplinary Geriatric Service*
Taylah Pepper (Dietitian, Centre for STRONG Medicine, Concord Hospital)
4. *Development and testing of a system dynamic model to project the health and economic impact of fall prevention initiatives in the community and aged care facilities*
Dr Marina Pinheiro (Senior Research Fellow, School of Public Health, Faculty of Medicine and Health)
5. *Caring for patients with changed behaviours*
Sue Tripney (Diversional Therapist, Gloucester Health Service)
6. *Fall Prevention for People with Cerebral Palsy*
Prof Pip Logan (Co-Director, STARS Education and Research Alliance and Professor of Occupational Therapy)

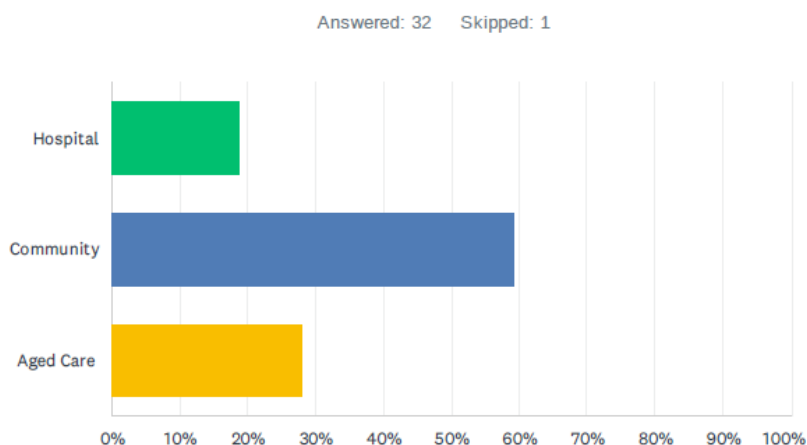
Concluding Session – Research Update and Panel Discussion

This session was chaired by Dr Morag Taylor and provided an update with the latest research findings by Prof Kim Delbaere and a panel discussion providing the audience a chance to ask questions to all plenary speakers (Prof Pip Logan, Prof Kim Delbaere, Prof Cathy Said, Dr Yoshiro Okubo), Briony Chasle and Prof Stephen Lord.

Feedback summary on Afternoon Concurrent and Closing Sessions

The majority of respondents (59%) attended the community care afternoon concurrent session.

Q1 Which afternoon concurrent session did you attend?



The afternoon concurrent sessions and closing session were well rated, with the majority of respondents rating it as above average and being highly relevant to the work they perform.

Q2 How would you rate the presentations in the afternoon concurrent sessions?

Answered: 33 Skipped: 0

4.0★
average rating



Q3 The afternoon concurrent session was relevant to your work

Answered: 33 Skipped: 0

4.3★
average rating



STRONGLY DISAGREE	DISAGREE	NEITHER AGREE OR DISAGREE	AGREE	STRONGLY AGREE	TOTAL	WEIGHTED AVERAGE
0.00%	0.00%	15.15%	39.39%	45.45%	33	4.30
0	0	5	13	15		

Q6 The closing session was relevant to your work

Answered: 26 Skipped: 7

4.0★
average rating



STRONGLY DISAGREE	DISAGREE	NEITHER AGREE OR DISAGREE	AGREE	STRONGLY AGREE	TOTAL	WEIGHTED AVERAGE
0.00%	7.69%	7.69%	57.69%	26.92%	26	4.04
0	2	2	15	7		

Catering

The majority of respondents were satisfied with the catering, which was 50% vegetarian, following feedback from previous annual forums.

Q10 How satisfied were you with the catering?

Answered: 19 Skipped: 14

4.2★
average rating



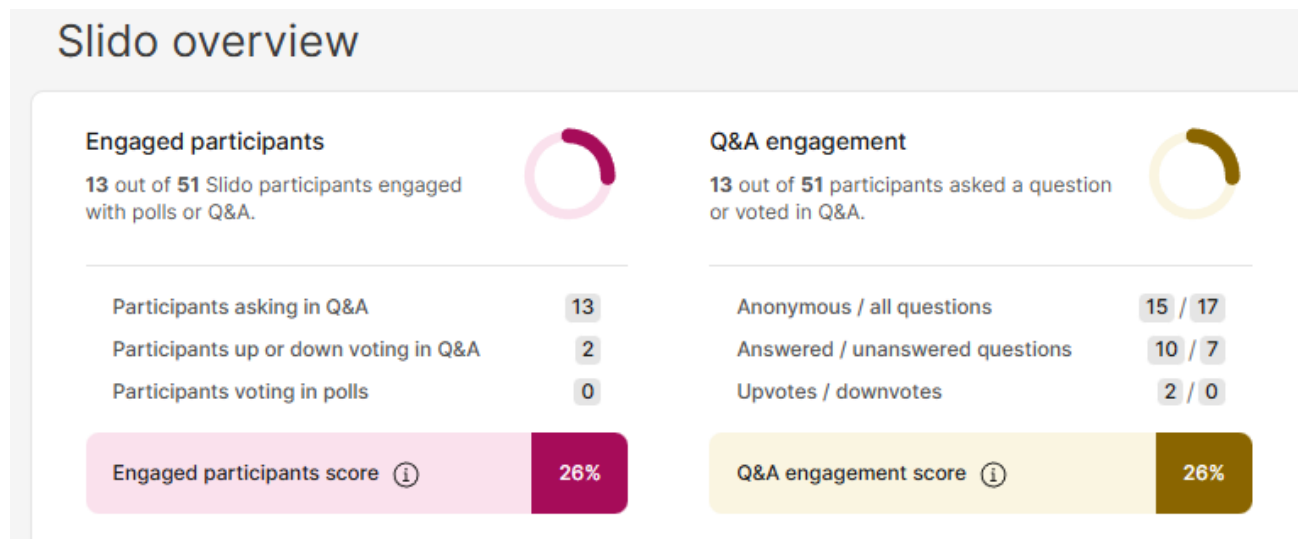
POOR	UNSATISFACTORY	SATISFACTORY	VERY SATISFACTORY	OUTSTANDING	TOTAL	WEIGHTED AVERAGE
0.00%	0.00%	15.79%	47.37%	36.84%	19	4.21
0	0	3	9	7		

Conclusion

This forum provides an effective and well received mechanism for sharing current falls prevention research and best practice across the continuum of care and provides an opportunity for attendees to network and share with colleagues.

Engagement with Virtual Attendees

Sli.do was used to engage with virtual attendees, providing a platform to submit questions and discussion. Of the 105 people registered to attend virtually, half signed into sli.do and 13 engaged in discussions or asked questions.



Appendices

Promotional flyer, program and final costs.



NSW Fall Prevention & Healthy Ageing Network Annual Forum

Friday 2nd May 2025 - Wesley Conference Centre, Sydney



The NSW Fall Prevention & Healthy Ageing Network Annual Forum provides a fantastic opportunity to come together and learn about the latest on fall prevention and healthy ageing. Listen to experts in their field provide an overview of the latest research, advocacy, quality improvement and fall prevention in residential aged care, hospital, and community program initiatives.

Plenary Speakers Include:



Pam Albany Guest Lecture
Prof Pip Logan

Professor of Rehabilitation Research and Occupational Therapist at the University of Nottingham and the University of Queensland

"Preventing falls in care homes"



Dr Rik Dawson

Postdoctoral Research Associate, Institute of Musculoskeletal Health. President, Australian Physiotherapy Association

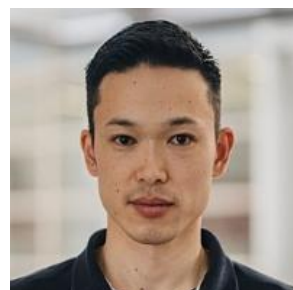
"Preventing falls in nursing homes - Australian perspectives"



Prof Cathy Said

Physiotherapist and Professor Physiotherapy, Western Health & The University of Melbourne

"Fall prevention in people from CALD backgrounds"



Dr Yoshiro Okubo

Research Fellow - Falls, Balance and Injury Research Centre, Neuroscience Research Australia

"Reactive balance training: from research into practice"



Prof. Ruth Peters

Program Lead for Dementia, Global Brain Health Initiative, The George Institute for Global Health

"Dementia prevention, practical risk reduction"



Prof Kim Delbaere

Senior Principal Research Scientist - Falls, Balance and Injury Research Centre, Neuroscience Research Australia

Fall Prevention Research Update



Scan to register

Afternoon Concurrent Sessions

Best practice fall prevention programs within hospital settings

A range of presentations focusing on quality improvement in the hospital system to prevent falls will be given. This session aims to show how falls can be prevented in the hospital and highlight key issues that have arisen within different hospitals across the state. This will be followed by a Q&A discussion panel with each of the presenters.

Community fall prevention and healthy ageing programs

This session focuses on fall prevention and healthy ageing programs in the community, with a focus on exercise. This may include engagement in activities to develop practical skills for designing and delivering exercise programs for fall prevention.

Residential of Community Aged Care Initiatives

This session will highlight exercise programs and other strategies that Residential and Community Aged Care providers can implement to help their clients stay independent, healthy and active.

Research Update Session and Panel

The session will provide a review of the latest research findings for fall prevention. This will be followed by a Q&A discussion panel with panellists including plenary speakers aiming to summarise findings from the day and strategies to bring this into clinical practice.

In person and virtual ticket options available!

In-person tickets will also include access to the live-stream on the day in the event you cannot attend. Live-stream tickets include all plenary sessions, the afternoon split sessions and the new research findings afternoon session.

[Purchase Tickets Here](#)

Further information, please contact Steven Phu: fallsnetwork@neura.edu.au



SLIDO Website: www.slido.com Log in: #FallsForum25

8.30 am	REGISTRATION/ARRIVAL TEA/COFFEE
9.00 am	OPENING SESSION – Wesley Theatre Chairperson: Prof Stephen Lord WELCOME TO COUNTRY Raymond Weatherall
9.10 am	OPENING Dr Harvey Lander
9.20 am - 10.20 am	PLENARY SESSION 1 – Wesley Theatre Chairperson: Prof Stephen Lord
9.20 am	Pam Albany Guest Lecture Preventing falls in care homes Prof Pip Logan
9.50 am	Preventing falls in nursing homes - Australian perspectives Dr Rik Dawson (via Zoom)
10.20 am	MORNING TEA, TRADE EXHIBITS & POSTERS DISPLAY
11.00 am - 12.15 pm	PLENARY SESSION 2 – Wesley Theatre Chairperson: Prof Cathie Sherrington
11.00 am	Dementia prevention, practical risk reduction Prof Ruth Peters
11.30 am	Reactive balance training: from research into practice Dr Yoshiro Okubo
11.50 am	Working with people from CALD communities to reduce falls Prof Cathy Said
12.10 pm	Plenary Session Feedback survey
12.15 pm	LUNCH, TRADE EXHIBITS & POSTER SESSION
1.10 pm	<i>Afternoon Concurrent Sessions</i> (refer to next page)
3.05 pm	SHORT BREAK
3.10 pm	CONCLUDING SESSION – Wesley Theatre Chairperson: Dr Morag Taylor Research Update Prof Kim Delbaere
3.30 pm	Panel Discussion – Bringing it All Together featuring plenary speakers and Prof Stephen Lord
3.55 pm	Afternoon and Closing Session Feedback surveys
4.00 pm	CLOSE

1.10 pm - 3.00 pm AFTERNOON CONCURRENT SESSIONS		
A. HOSPITAL CARE - Smith Room Chairperson: Ingrid Hutchinson and Briony Chasle	B. COMMUNITY- Wesley Theatre Chairperson: A/Prof Jasmine Menant and A/Prof Daina Sturnieks	C. AGEING SERVICES - Lyceum Chairperson: Dr Morag Taylor and Lorraine Lovitt
1.10 pm: <i>Barriers and facilitators to supported implementation of multicomponent fall prevention interventions in hospital: a qualitative study</i> Charlotte McLennan (PhD student, University of Sydney)	1.10 pm: <i>Implementing Post-Fall Huddles in a Community setting</i> Kelly Hopkins (Physiotherapist, Prince of Wales Community Health) and Fiona Conacher	1.10 pm: <i>Co-creating an optimal implementation model for digital health solutions into community aged care: The implementation of an eHealth fall prevention program</i> Dr Meghan Ambrens (Post-doc, FBRIC, NeuRA)
1.25 pm: <i>Don't Fall for it!</i> Karlee Mueller (CNC Comprehensive Care, Prince of Wales Hospital, SESLHD)	1.25 pm: <i>Availability of Falls Prevention Programs for diverse communities in Greater Sydney: A Gap Analysis</i> Fatemeh Abdi (MPhil candidate at UNSW, Podiatrist)	1.25 pm: <i>Improving healthcare delivery to older patients following an ambulance call-out: Implementing an evidence-based approach to prevent falls and reduce frailty</i> Dr Meghan Ambrens (Post-doc, FBRIC, NeuRA)
1.40 pm: <i>FACIT (Falls and Cognitive Impairment Team)</i> Karlee Mueller (CNC Comprehensive Care, Prince of Wales Hospital, SESLHD)	1.40 pm: <i>Systematic Review of Socioeconomic Position and Falls Among Middle- and Older-Aged Adults</i> Frerik Smit (Graduate Student, Sydney School of Public Health, USYD)	1.40 pm: <i>Reducing Malnutrition and Frailty Risk: The Impact of Dietitian Intervention in a Multidisciplinary Geriatric Service</i> Taylah Pepper (Dietitian, Centre for STRONG Medicine, Concord Hospital)
1.55 pm: <i>Enhancing Patient Safety and Reducing falls in a Medical Inpatient Unit: A Collaborative Approach.</i> Margie Fletcher (CNC Neurology, Medicine Services, Central Coast) and Erin Perrot (NUM)	1.55 pm: <i>Falls Service Camperdown</i> Adam Buckingham (Physiotherapist, RPA Hospital, Sydney LHD)	1.55 pm: <i>Development and testing of a system dynamic model to project the health and economic impact of fall prevention initiatives in the community and aged care facilities</i> Dr Marina Pinheiro (Senior Research Fellow, School of Public Health, Faculty of Medicine and Health)
2.10 pm: <i>Transforming Falls Prevention with Digital FRAMP: A Collaborative Innovative partnership between SLHD/SWSLHD</i> Wendy Tilden (SLHD Falls Coordinator) and Shereen Ivy Gacayan (SWSLHD Safety Culture Coordinator)	2.10 pm: <i>Protocol for implementing a structured priority-setting process for fall prevention research in Australia: an interest-holder-driven approach</i> Melody Leung (PhD Student, School of Public Health, Institute for Musculoskeletal and Health, USYD)	2.10 pm: <i>Caring for patients with changed behaviours</i> Sue Tripney (Diversional Therapist, Gloucester Health Service)
2.25 pm: <i>A Senior Level Review and Response Process for Inpatients having repeat falls</i> Samantha Aspinall (NUM) and Jeena Joseph (CNE)	2.25 pm: <i>Stepping On With Recovery</i> Natalie Narunsky (Occupational Therapist, OPMH, SESLHD)	
2.40 pm: <i>You cannot change what you don't know - Falls Prevention at Bankstown Hospital</i> Dani Bui (Patient Safety Manager) and Debbie Collins (CNE)	2.40 pm: <i>Stepping On: Falls Prevention for Priority Populations in Social Housing</i> Queeny Stafford (Health Promotion Officer) and Nadia Williams (Stepping On Coordinator)	2.40 pm: <i>Fall Prevention for People with Cerebral Palsy</i> Prof Pip Logan (Co-Director, STARS Education and Research Alliance and Professor of Occupational Therapy)

ACKNOWLEDGEMENTS

We would like to thank

NSW Ministry of Health

Older Persons' Patient Safety Program, Clinical Excellence Commission

NSW Local Health District Falls Prevention Coordinators

Staff from the Falls, Balance and Injury Research Centre, Neuroscience Research Australia (NeuRA)

Filming: Mr Paul Sheaffe

Exhibitors

Alpha LifeCare

Australia and New Zealand Hip Fracture Registry

Rock Steady for Life

Standing Tall

Stepping On

Stopfalls Physio

NSW Falls Prevention Network Advisory Committee 2025 membership

Ms Ingrid Hutchinson, Improvement Lead, Older Persons' Patient Safety Program, Clinical Excellence Commission

Dr Steven Phu, Project Officer, NSW Fall Prevention & Healthy Ageing Network, NeuRA

Ms Sharon Butler, Allied Health Manager, Anglicare

Ms Sally Castel, Director - Movement Matters

Ms Vani David, Aged Care CNC, Wollongong Hospital, Illawarra Shoalhaven LHD

Ms Martha Dwyer, Project Officer – Priority Populations, Centre for Population Health, NSW Health

Ms Joanne Macmillan, CNC, Aged Care/Dementia (Community), Northern Sydney LHD

Ms Natalie McDermott, Health Promotion Officer, Wagga Wagga Community Health, Murrumbidgee LHD

Mr Bharat Nepal, Mental Health, Western Sydney LHD

Mr Adrian Prakash, General Manager, SHARE

Dr Kristy Robson, Lecturer in Podiatry, Charles Sturt University

Dr Tai-Tak Wan, Medical Director, Ambulatory Care, Fairfield Hospital, South Western Sydney LHD

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Falls Prevention[®]
is everyone's business

COSTING FOR 2025 NSW FALL PREVENTION & HEALTHY AGEING NETWORK FORUM

		Proposed	Actual Cost
Venue	Theatre/Rooms Hire	\$17,770	\$17,770
Catering	250 persons	\$13,050	\$13,050
	Per person	(\$52.50)	(\$52.50)
Total (Venue + Catering for 300 participants)		\$30,820	\$30,820
Other Anticipated costs	Audio Visual equipment hire + labor	\$11,843	\$11,843
	Video recording/editing	\$19,646	\$20,050
	Rural Travel funding	\$3300	\$1,500
	Sli.do	\$300	\$ -
	Speakers Gifts	\$480	\$346
	Welcome to Country	\$550	\$534
	Airfares/Accommodation	\$1,000	\$1,142
	Humanitix Ticket fees:		
	(per ticket in person)	\$5.05x227	\$1,146
	(per ticket virtual)	\$3.07x105	\$322
	GST on tickets	\$1,571	\$2,515
	TOTAL	\$38,690	\$39,398
GRAND TOTAL (300 participants)		\$69,510	\$70,218
(Costs inclusive of GST)			
Income	Grant from CEC inc. GST	\$28,600	\$28,600
	Rural travel funding inc. GST	\$3300	\$3,300
	\$90.00 per in person participant inc. service fee	\$18,000	\$20,430
	\$45.00 per virtual participant inc. service fee	\$6,480	\$4,725
	Exhibitors: 1 x small trader	\$200	\$200
	Exhibitors: 1 x large trader	\$440	\$440
TOTAL INCOME		\$57,020	\$57,695
(Income inclusive of GST)			
Total Balance		-\$12,525	-\$12,523