NSW Fall Prevention & Healthy Ageing Network

Annual Report

2026

NSW GOVERNMENT

CLINICAL EXCELLENCE COMMISSION

NeuRA Discover — Conquer — Cure

EXECUTIVE SUMMARY

The annual survey was prepared on Survey Monkey to obtain feedback from members of the NSW Fall Prevention and Healthy Ageing Network (NSW FPHAN) on the activities and resources provided by the network and to seek suggestions for further information, resources and activities that they would find helpful in their fall prevention roles. The survey was circulated on the NSW FPHAN webpage, email list and social media (LinkedIn, X, Facebook and Bluesky) and available to complete from July 20 until August 14, 2026.

A total of 57 responses were collected from a network membership comprised of >1,700 people subscribed to the mailing list and >1,200 LinkedIn, >750 X and >400 Facebook followers.

Respondents to the survey were satisfied with the range of activities and resources that the Network provides. These resources benefit the day-to-day practice of clinicians caring for older people and reaches health professionals working across a range of Local Health Districts throughout NSW. Respondents acknowledged difficulties in providing health services, including resources, staff and funding, and highlighted the importance of having hardcopy resources available to distribute such as factsheet and information booklets.

Recommendations for the future include the development of culturally diverse resources and linkage with programs in the community. Suggestions for topics to focus on in the future were also provided by respondents.

The survey questions and responses are attached to the end of this report.

ABOUT THE RESPONDENTS

The majority of respondents have been a member of the Network for >1 year (85%). Respondents had a diverse range of roles (some with dual roles), including:

- Allied Health (Exercise Physiologist, Physiotherapist, Occupational Therapist etc) (47%)
- Nursing (18%)
- Health Promotion Practitioners (12%)
- Health Managers (7%)
- Falls Prevention Coordinator (5%)
- Physical Activity Providers (5%)
- Researchers (4%)
- Medical Practitioners and Pharmacists (both 2%)
- Others (11%), including midwife, geriatrician, council officer

All Local Health Districts in NSW were represented by survey respondents, except for Central Coast, Southern NSW and Far West. Members from interstate (ACT, Queensland, VIC and WA) and international (Canada and Malaysia) locations were also represented.

Respondents worked in a variety of settings, primarily in the hospital setting (54% of respondents) across acute (35%) and subacute (19%) care. Other work settings are as follows:

- Community Health (44%)
- Residential Aged Care (9%)
- Private / self-employed (7%)
- Multi-purpose service (7%)
- University/Research Institute (5%)
- Other (23%), including government, not-for-profit and health promotion

The majority of respondents were clinicians (49%) and those who prescribed exercises/interventions of any nature such as general exercise classes or fall prevention classes (63%). Other roles included co-ordinators (26%), fall prevention committee members (25%), fall prevention champions (20%), education (28%) and research (11%).

The work of respondents primarily involved Aboriginal, Torres Strait Islander of culturally and linguistically diverse populations (70%) and the need for resources that are representative of society was highlighted. When asked on the use of technology, 41% of respondents reported using technology to aid their practice, mainly to prescribe exercises (e.g. Physitrack).

NETWORK RESOURCES AND ACTIVITIES

When asked what resources are the most useful to the respondent's day-to-day practice, specific resources mentioned included the following:

- Staying Active and Healthy booklet (which is now inactive)
- Active and Healthy website factsheets and resources
- Clinical Excellence Commission factsheets and handouts
- Fall guidelines

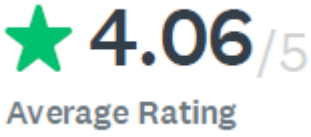
General comments on useful resources covered the following topics

- Guidance to prescribe exercises for healthy and clinical populations
- Factsheets / one page summary handouts
- Videos
- Assessment guides

Barriers that are experienced by respondents in conducting work around fall prevention and healthy ageing include:

- Resources such as staffing, time and equipment
- Funding, including the costs for clinicians to run classes while managing cost barriers to clients
- Management and system processes which do not allow for the running of exercise classes and continuation of care
- Engagement with patients/clients, including people with cognitive impairment
- Lack of culturally appropriate resources

Overall, respondents were satisfied with the work of the Network and 88% would recommend the network to their colleagues.



Satisfaction rating (1 = very dissatisfied, 5 = very satisfied)

ENGAGING WITH THE NETWORK

Respondents most often engaged/access the Network on a monthly (41%), most commonly via the email distribution list (72%). When asked which Network resources respondents accessed within the past 12-months, the majority (77%) accessed the website, followed by Healthy Ageing Resources (56%) and Falls Links Newsletter (52%). The Falls Links Newsletter remains the optimal method of engagement for respondents (preferred by 67% of respondents).

Although the majority of respondents were satisfied with the Networks, resources, there remains a lack of awareness of activities and events run by the network such as:

- Social media (42% unaware)
- Spring into Action (32% unaware)
- Mini-reviews (31% unaware)
- Fall Prevention Online Workshops (18% unaware)
- Webinars and Youtube page (16% unaware)
- Monthly Research Updates (16% unaware)

Several topics were highlighted for a webinar and/or mini-review as follows:

- Delirium
- Dementia
- Dizziness
- Exercise
- Footwear, including non-slip socks and foot issues
- Frailty
- Medications
- Osteoporosis
- Sarcopenia

The majority (72%) of respondents did not attend the Annual Forum in May, due to reasons such as time/leave availability, funding and travel restrictions.

THE NETWORK'S WEBSITE

The respondents found the Network website to be easy to navigate and access (63%). When accessing the website, respondents searched for the following resources:

- Patient education resources
- New evidence / evidence for recommendations
- The latest evidence on fall prevention
- Upcoming events

Suggestions for the website included:

- Adding video resources
- Exercise guidance in different languages

Other suggestions for the Network website included:

- Greater integration with community services
- Video content / infographics
- Aboriginal and culturally diverse resources

THE FUTURE OF THE NETWORK

When asked to select 3 topics of interest for the Network to focus on in the next 5 years, the following topics were highlighted (in order of popularity):

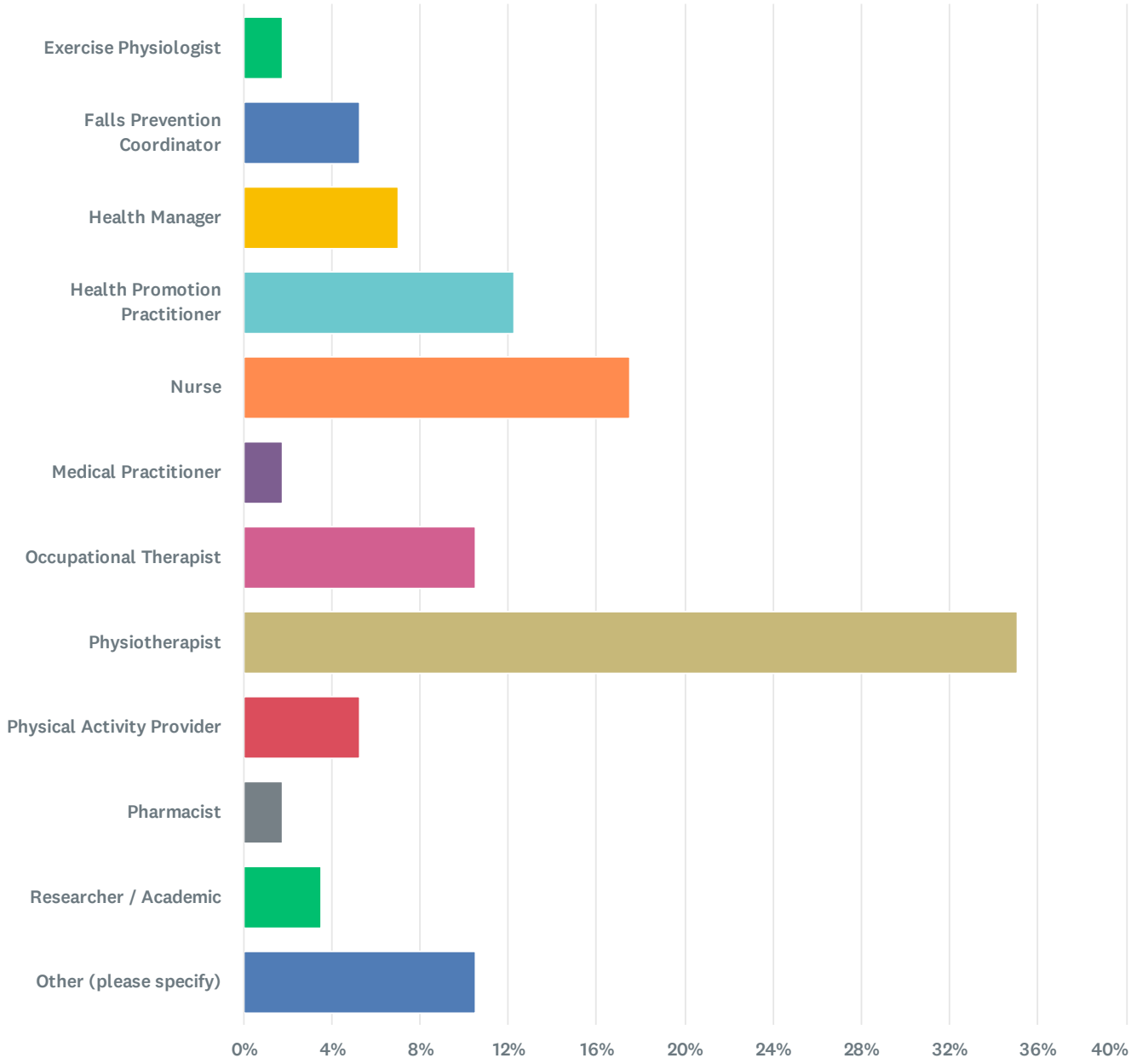
1. Community fall prevention (63%)
2. Exercise and mobility (54%)
3. Frailty (54%)
4. Healthy ageing (52%)
5. Dementia (43%)
6. Nutrition (37%)
7. Culturally responsive care (28%)
8. Medication (28%)
9. Remote and rural care (26%)
10. Technology and innovation (24%)

APPENDIX

Survey Monkey export (de-identified)

Q1 57 responses

What is your professional role?



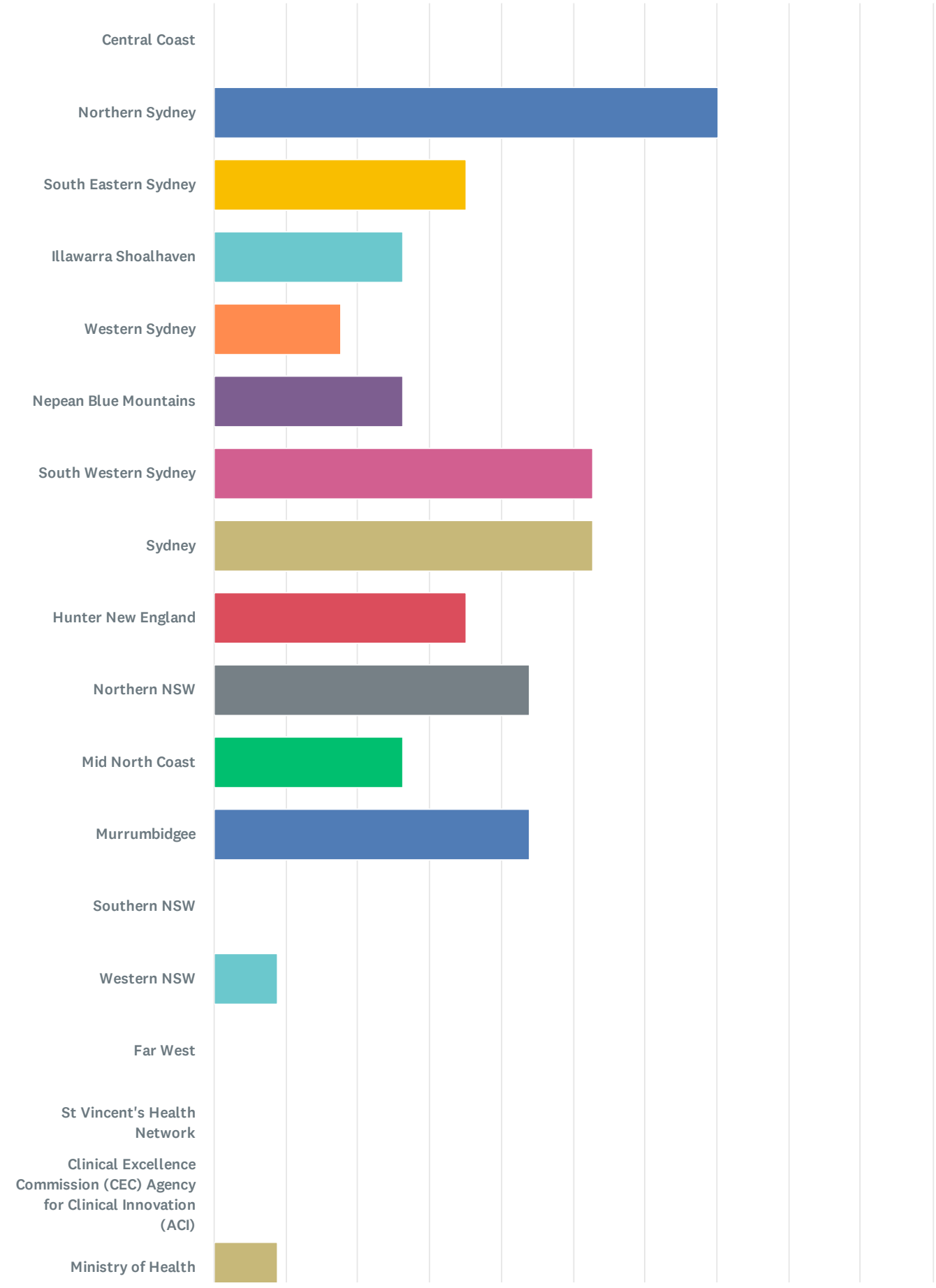
Answer Choices	Percentage	Responses
Exercise Physiologist	1.75%	1
Falls Prevention Coordinator	5.26%	3
Health Manager	7.02%	4
Health Promotion Practitioner	12.28%	7
Nurse	17.54%	10
Total		**64**

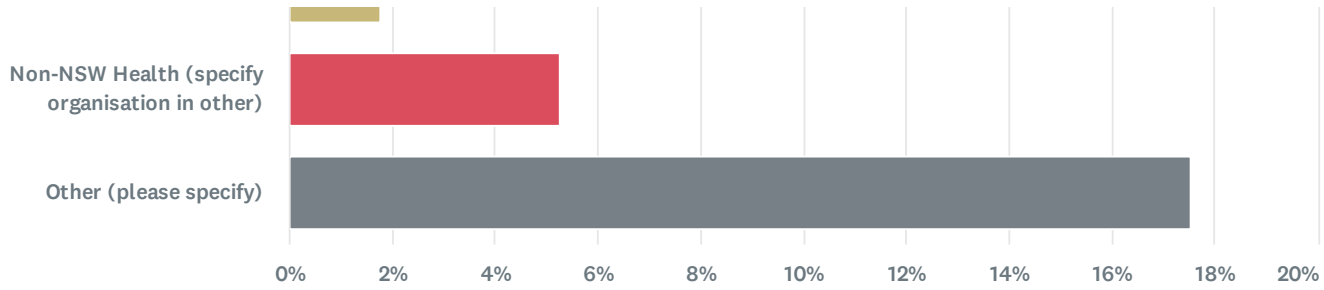
Answer Choices	Percentage	Responses
Medical Practitioner	1.75%	1
Occupational Therapist	10.53%	6
Physiotherapist	35.09%	20
Physical Activity Provider	5.26%	3
Pharmacist	1.75%	1
Researcher / Academic	3.51%	2
Other (please specify)	10.53%	6
Total		**64**

#	OTHER (PLEASE SPECIFY)	DATE
1	CNC Comprehensive Care	8/13/2026 10:28 AM
2	Midwife	8/7/2026 10:52 PM
3	Community Services	8/4/2026 4:18 PM
4	Exercise Scientist	7/31/2026 11:24 AM
5	Council officer organising health and exercise for seniors	7/30/2026 8:53 AM
6	Geriatrician	7/27/2026 10:45 AM

Q2 57 responses

In which Local Health District or Organisation do you work?



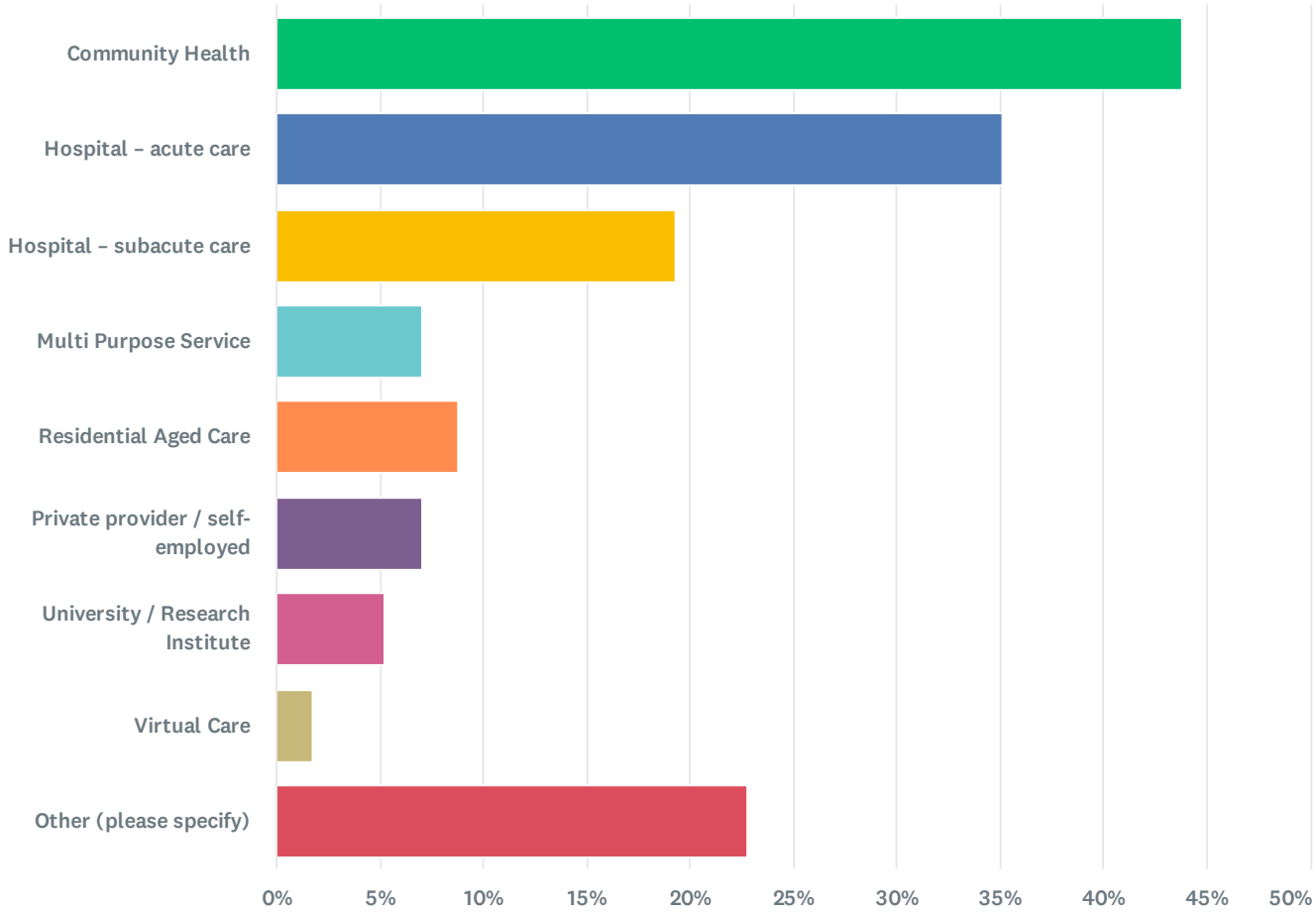


Answer Choices	Percentage	Responses
Central Coast	0%	0
Northern Sydney	14.04%	8
South Eastern Sydney	7.02%	4
Illawarra Shoalhaven	5.26%	3
Western Sydney	3.51%	2
Nepean Blue Mountains	5.26%	3
South Western Sydney	10.53%	6
Sydney	10.53%	6
Hunter New England	7.02%	4
Northern NSW	8.77%	5
Mid North Coast	5.26%	3
Murrumbidgee	8.77%	5
Southern NSW	0%	0
Western NSW	1.75%	1
Far West	0%	0
St Vincent's Health Network	0%	0
Clinical Excellence Commission (CEC) Agency for Clinical Innovation (ACI)	0%	0
Ministry of Health	1.75%	1
Non-NSW Health (specify organisation in other)	5.26%	3
Other (please specify)	17.54%	10
Total		**64**

#	OTHER (PLEASE SPECIFY)	DATE
1	Queensland Health	8/7/2026 10:52 PM
2	A variety of areas across Australia in particular regional and rural areas	8/6/2026 10:35 AM
3	ACT	8/4/2026 3:36 PM
4	out of country - in Canada	7/30/2026 10:56 PM
5	Victoria	7/30/2026 8:51 AM
6	Education	7/30/2026 8:25 AM
7	Malaysia	7/27/2026 10:45 AM
8	WA	7/27/2026 8:54 AM
9	Victoria	7/23/2026 3:58 PM
10	Uniting	7/22/2026 9:33 AM

Q3 57 responses

What best describes your work setting? (choose all that apply)

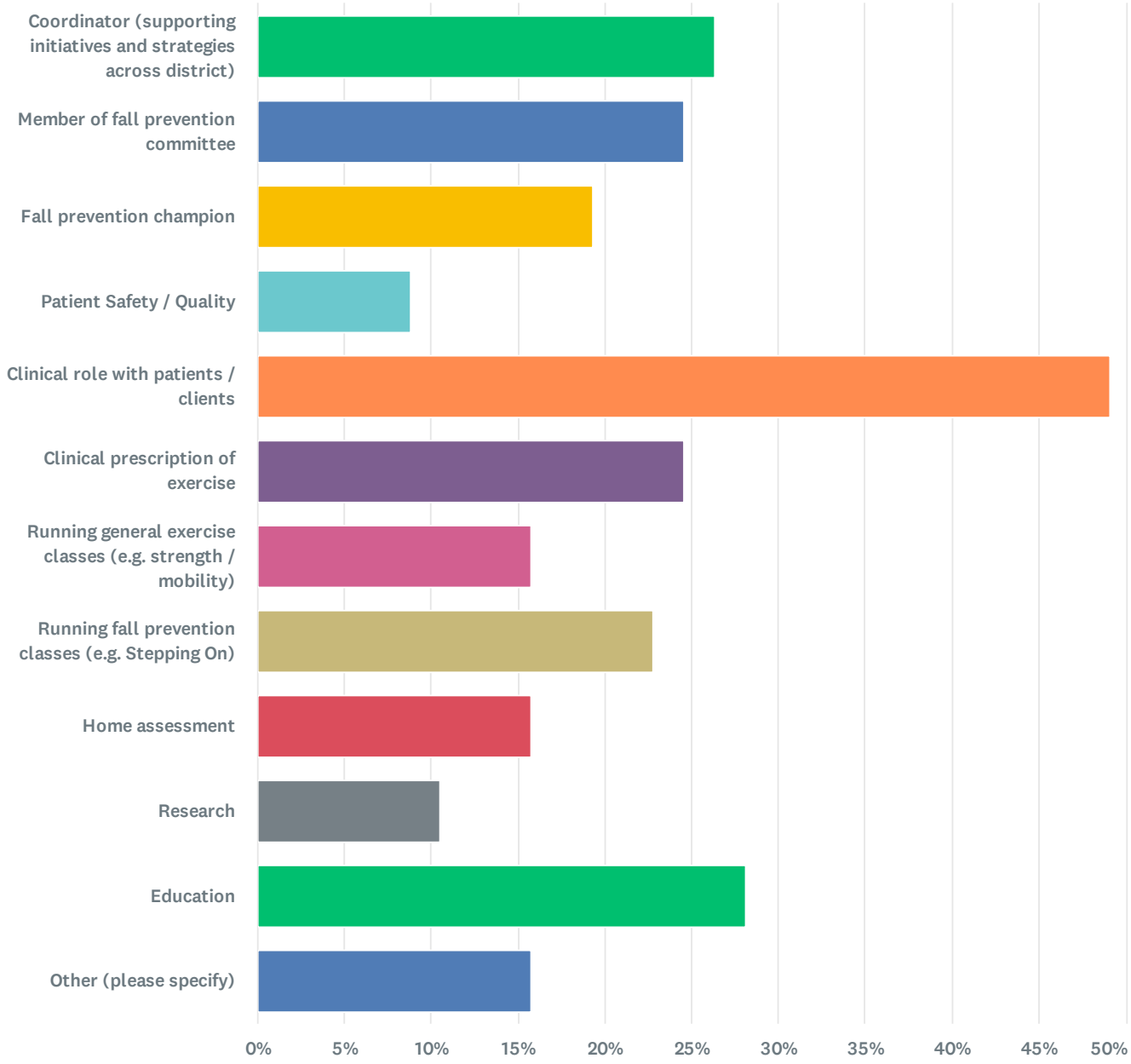


Answer Choices	Percentage	Responses
Community Health	43.86%	25
Hospital – acute care	35.09%	20
Hospital – subacute care	19.30%	11
Multi Purpose Service	7.02%	4
Residential Aged Care	8.77%	5
Private provider / self-employed	7.02%	4
University / Research Institute	5.26%	3
Virtual Care	1.75%	1
Other (please specify)	22.81%	13
Total		**86**

#	OTHER (PLEASE SPECIFY)	DATE
1	Outpatient care	8/13/2026 2:35 PM
2	Neighbourhood Centre	8/12/2026 9:40 AM
3	Hospital in the Home, Ambulatory Care	8/12/2026 9:28 AM
4	Unpaid work - carer for more hours a day than I work	8/7/2026 10:52 PM
5	Rural Generalist= a bit of everything	8/6/2026 3:23 PM
6	Community Aged Health Care (CHSP Provider)	8/6/2026 8:43 AM
7	TACP	8/6/2026 8:16 AM
8	Not for Profit organisation managing a Strength & Balance program	8/4/2026 3:36 PM
9	Work at population level to engage older adults in physical activity and falls prevention	7/30/2026 1:12 PM
10	Health Promotion - community focused	7/30/2026 9:57 AM
11	Local Government	7/30/2026 8:51 AM
12	local government	7/30/2026 8:53 AM
13	Community Aged Care. Retirement Living	7/22/2026 9:33 AM

Q4 57 responses

How would you describe your fall prevention and/or healthy ageing role? (choose all that apply)



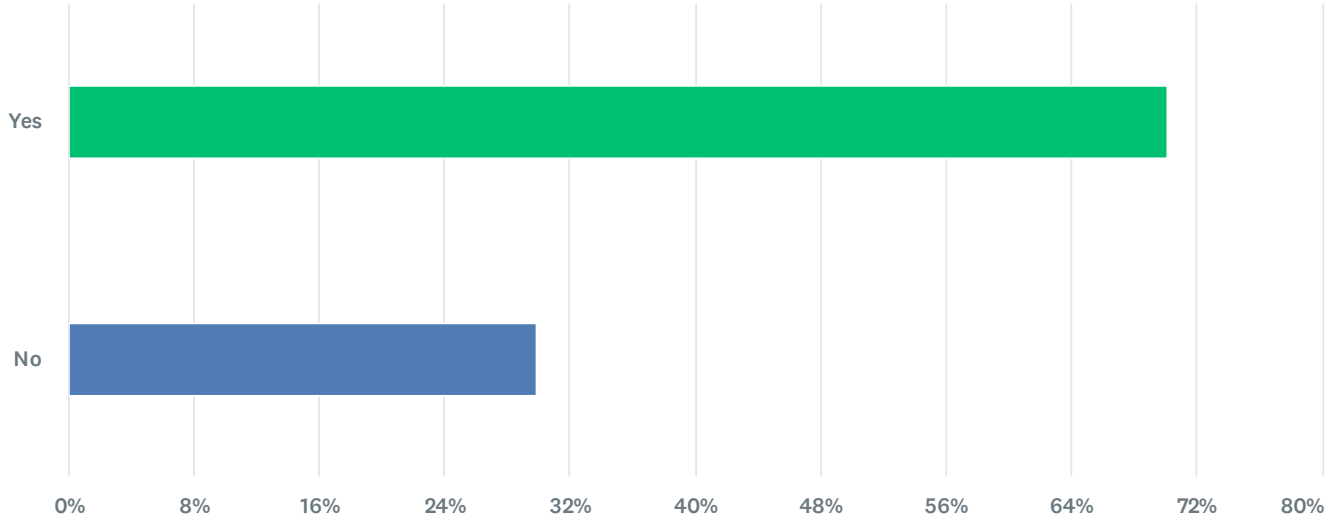
Answer Choices	Percentage	Responses
Coordinator (supporting initiatives and strategies across district)	26.32%	15
Member of fall prevention committee	24.56%	14
Fall prevention champion	19.30%	11
Patient Safety / Quality	8.77%	5
Total		**149**

Answer Choices	Percentage	Responses
Clinical role with patients / clients	49.12%	28
Clinical prescription of exercise	24.56%	14
Running general exercise classes (e.g. strength / mobility)	15.79%	9
Running fall prevention classes (e.g. Stepping On)	22.81%	13
Home assessment	15.79%	9
Research	10.53%	6
Education	28.07%	16
Other (please specify)	15.79%	9
Total		**149**

#	OTHER (PLEASE SPECIFY)	DATE
1	Holding Healthy ageing talks, individual support	8/12/2026 9:40 AM
2	Have presented at/run the Stepping On program in the past.	8/12/2026 9:05 AM
3	Carer	8/7/2026 10:52 PM
4	Education of clients in falls prevention.	8/6/2026 12:33 PM
5	Non-Clinical role with clients	8/4/2026 4:18 PM
6	Running the Strength for Life program in the ACT	8/4/2026 3:36 PM
7	Home based falls prevention sessions	7/31/2026 11:24 AM
8	Implementing falls prevention in MDT general rehabilitation setting	7/31/2026 9:25 AM
9	Comprehensive Care (Supporting initiative and strategies across district)	7/30/2026 11:47 AM

Q5 57 responses

Does you work involve people from Aboriginal, Torres Strait Islander or culturally and linguistically diverse backgrounds?



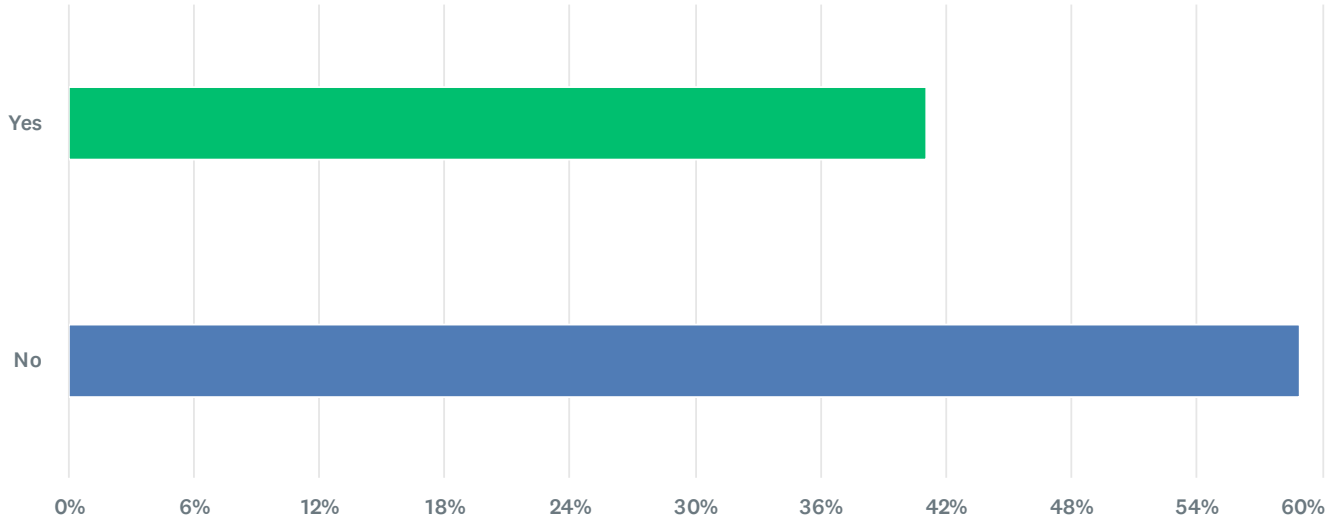
Answer Choices	Percentage	Responses
Yes	70.18%	40
No	29.82%	17
Total		**57**

#	IF YES, PLEASE PROVIDE DETAILS OF ANY EXISTING RESOURCES YOU FIND HELPFUL OR RESOURCES THAT WOULD BENEFIT YOUR WORK	DATE
1	not routine	8/14/2026 2:44 PM
2	I would be interested to learn about existing resources	8/13/2026 8:38 AM
3	Our aboriginal and torres strait islander team	8/12/2026 10:46 AM
4	We run Aunty Roma's, an aboriginal equivalent of our Able & Stable class	8/12/2026 9:28 AM
5	Falls Prevention booklets in various languages	8/12/2026 9:05 AM
6	Staying Active and On Your Feet book	8/11/2026 12:42 PM
7	Most documents / videos have Caucasian persons as the characters. We need to be more representative of the society in which we live to make people feel valued and that the document / video might apply to them	8/7/2026 10:52 PM
8	Aunty Roma's I help run at Fairfield. ALO's invaluable.	8/7/2026 4:04 PM
9	Heard of the Ironbark Project.	8/6/2026 12:33 PM
10	liaison support worker	8/3/2026 4:33 PM
11	Additional funding / Staying active and on your feet	7/31/2026 11:24 AM
12	Knowledge of iron bark and auntie jeans program even though they aren't avliable to us.	7/31/2026 9:25 AM
13	We have our own fall prevention resources we have translated into over a dozen languages that we use	7/30/2026 10:56 PM

14	NO major issues with current clients. Only where language is an issue, I have occasionally used Google translate. Other cultural issues have not arisenoc	7/30/2026 7:21 PM
15	We do need more healthy ageing and falls prevention facts sheets that culturally appropriate Aboriginal elders	7/30/2026 1:12 PM
16	Ensuring needs are identified and included in planning	7/30/2026 11:47 AM
17	Continuing to develop this area and local connections. Local connections include working with the Aboriginal Health team, AMS's, and community members who volunteer as exercise leaders.	7/30/2026 11:16 AM
18	Ironbark resources. A culturally appropriate general falls resource would be useful to distribute and also demonstrate inclusion/equity when promoting falls and attending Aboriginal events	7/30/2026 9:57 AM
19	While not specifically targeting these population groups, we aim to offer inclusive activities for all and people from these backgrounds do participate in our offerings.	7/30/2026 8:51 AM
20	CEC 1 page translated information	7/30/2026 8:53 AM
21	Ironbark, S&B Balance Exercises Fridge Magnets	7/30/2026 7:56 AM
22	AIHW resources and Neura falls prevention	7/30/2026 7:47 AM
23	Translations of "Staying Active and on you feet", CEC resources on falls prevention that are translated	7/23/2026 10:28 AM
24	none to note	7/22/2026 9:33 AM
25	tree bark	7/22/2026 8:08 AM

Q6 56 responses

Do you use any technology in your practice?



Answer Choices	Percentage	Responses
Yes	41.07%	23
No	58.93%	33
Total		**56**

#	IF YES, PLEASE PROVIDE DETAILS (E.G. WEBSITES OR MOBILE APPS FOR HOME PROGRAMS, SMARTWATCHES FOR MONITORING ACTIVITY)	DATE
1	websites for resources and home programs, apps eg metronome,	8/14/2026 2:44 PM
2	websites	8/13/2026 10:28 AM
3	Home exercise programs	8/13/2026 10:10 AM
4	websites, encourage use of apps	8/12/2026 10:46 AM
5	Physitrak app	8/11/2026 12:42 PM
6	Smart watch with SeTracker; falls alarms - in bed; egress, chair and floor mats	8/7/2026 10:52 PM
7	Physitrack for exercise prescription	8/6/2026 11:18 PM
8	Physitrack for home exercises. TEAMS for resources and VC for sharing videos in classes	8/6/2026 3:23 PM
9	Physitrack	8/6/2026 8:43 AM
10	YouTube, online fact sheets and quizes	8/4/2026 4:18 PM
11	Balance Mat & Fallscreen testing in Assessments	8/4/2026 3:36 PM
12	Virtual care and physitrack used by staff	7/31/2026 9:25 AM
13	website for home program	7/31/2026 9:06 AM
14	falls alarms	7/30/2026 8:15 PM
15	blaze pods app	7/30/2026 9:29 AM
16	Invisibeam sensors on acute geriratic wards	7/30/2026 8:53 AM

17	in house resources	7/30/2026 8:25 AM
18	Sensor mats pendant alarm	7/27/2026 8:54 AM
19	CEC and NSW falls prevention website	7/22/2026 8:08 AM

Q7 What fall prevention and/or healthy ageing resources would you find the most useful for your day-to-day practice?

Answered: 53 Skipped: 4

#	RESPONSES	DATE
1	the staying active and on your feet booklet is/was a wonderful resource - exercise handouts - programs to refer people to on discharge!	8/14/2026 2:44 PM
2	Written educational material Access to enhanced community OT resources	8/13/2026 2:35 PM
3	CEC/ACI resources	8/13/2026 10:28 AM
4	Factsheets, educational booklets	8/13/2026 10:10 AM
5	An updated staying active and on your feet booklet. Physical resource to provide as alot of older people struggle to access online resources	8/13/2026 8:38 AM
6	Resources from our falls prevention team, Stepping on program, etc	8/12/2026 10:46 AM
7	Stepping on, but now …	8/12/2026 9:40 AM
8	CEC Falls prevention website	8/12/2026 9:28 AM
9	More exercise programs to refer to.	8/12/2026 9:05 AM
10	Patietn handouts for education and exercises	8/11/2026 12:42 PM
11	Something that's available in multiple formats including large print or Braille for the visually impaired. Something that makes sense to individuals with early dementia	8/7/2026 10:52 PM
12	Now outdated falls prevention "blue book" and online researces especially on other languages.	8/7/2026 4:04 PM
13	Falls prevention guideline	8/6/2026 9:41 AM
14	Booklets for clients Alternative ideas for exercises	8/6/2026 5:44 PM
15	Staying Active and On Your Feet booklets. Stepping On resources and programme. Standing Strong programme.	8/6/2026 3:23 PM
16	real life examples of falls and how it could have been prevented Understanding and motivating individuals in the community who believe their home environment is safe, but it isnt	8/6/2026 1:18 PM
17	Staying Active booklet NSW Health Don't Fall for IT booklet Gentle exercise sheet	8/6/2026 12:33 PM
18	Nil specific	8/6/2026 10:35 AM
19	Fall prevention	8/6/2026 9:46 AM
20	Online Apps for clients to se to support their exercise program and activity goals	8/6/2026 8:43 AM
21	Videos and small info books	8/6/2026 8:32 AM
22	I've been using more dynamic balance exercises featuring coordination and muscle strengtheing	8/6/2026 8:16 AM
23	More short videos or short exercises to show clients tips	8/4/2026 4:18 PM
24	Stay on your Feet A4 page flyer on how to practice getting up off the floor - a popular resource for all visitors and participants to our location	8/4/2026 3:36 PM
25	1 on 1 tailored intervention. Don't Fall for it booklet	8/3/2026 4:33 PM
26	Staying active and on your feet Handouts on falls related risk factors or common health conditions and the benefit of exercises for these	7/31/2026 11:24 AM
27	I find resources on healthy and active website to be useful. In addition to ACI resources	7/31/2026 9:25 AM
28	Active and healthy website; Fall network website, fridge magnet; falls prevention booklet and translate material, fall prevntion guidelines	7/31/2026 9:06 AM

29	A self-risk screening tool that can be adapted to intergrate with local resources as outputs - there are so many screening tools. But one that an older adult can take themselves, then be directed to resources in their community to address (eye sight, balance, etc) is still missing from the fall prevention landscape.	7/30/2026 10:56 PM
30	Falls prevention brochures	7/30/2026 8:25 PM
31	falls prevention guidelines, NSW active health	7/30/2026 8:15 PM
32	Understanding what is coming out of the research and whether it changes the view of how best to train people in Balance and fall prevention	7/30/2026 7:21 PM
33	Fact sheets, exercise instructions	7/30/2026 1:12 PM
34	Correspondence updates; CEC resources	7/30/2026 11:47 AM
35	Resources specifically for Aboriginal and Torres Strait Islander people, as these are quite limiting at present. Resources specific to languages groups in the area, or more picture based resources that can be understood by any language.	7/30/2026 11:16 AM
36	Nsw falls prevention exercise pdf for handout	7/30/2026 10:23 AM
37	The CEC sty safe at home, prevent a fall flyer. would love that updated - one page enough detail and recourses for further information. Good conversation starter when doing promotional community work.	7/30/2026 9:57 AM
38	Staying active on your feet brochure	7/30/2026 9:29 AM
39	Access to primary prevention online or print resources that resonate with broad population groups (not information specific to people who have already experienced a fall).	7/30/2026 8:51 AM
40	resources for staff to understand importance and to put strategies of the FRAMP in place	7/30/2026 8:53 AM
41	In language resources and facilitators	7/30/2026 8:53 AM
42	Falls assessment	7/30/2026 8:25 AM
43	S&B Balance Exercise resources - easy to read	7/30/2026 7:56 AM
44	Brochures	7/30/2026 7:47 AM
45	Involving clients in HEP designed by physiotherapist	7/30/2026 7:45 AM
46	Online	7/27/2026 10:45 AM
47	Stay on your feet NSW fall prevention resources	7/27/2026 8:54 AM
48	Guidelines, exercise manuals, screening tools, assessment proforma	7/23/2026 3:58 PM
49	Hand outs with key messaging, booklet compiling same	7/23/2026 10:52 AM
50	Exercise handouts, single page handouts educating about a specific issue (e.g. footwear, diet).	7/23/2026 10:28 AM
51	Clinical Governance pertaining to falls - what good looks like	7/22/2026 9:33 AM
52	CEC site resources	7/22/2026 8:55 AM
53	easy to read patient resource. and staff resource on how to keep uncooprative cognitive impairment patient safe	7/22/2026 8:08 AM

Q8 What are some of the barriers you face around fall prevention and/or healthy ageing in your area of work?

Answered: 53 Skipped: 4

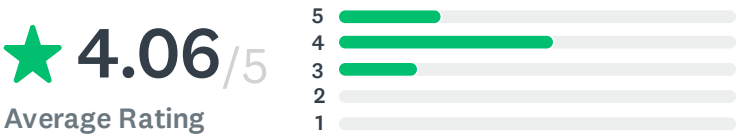
#	RESPONSES	DATE
1	time / staff resources; good quality resources	8/14/2026 2:44 PM
2	Limited clinical resources and rapid hospital admissions for in patients. No outpatient falls prevention groups. Long waitlist for community OT services.	8/13/2026 2:35 PM
3	Physical and staffing resources	8/13/2026 10:28 AM
4	Cost	8/13/2026 10:10 AM
5	Majority of exercise groups have a cost which is a barrier for some people to attend. Volume of referrals for falls prevention for high risk fallers.	8/13/2026 8:38 AM
6	Communicating with family carers resources etc that are appropriate	8/12/2026 10:46 AM
7	Not enough affordable evidence based programs available in the area	8/12/2026 9:40 AM
8	insufficient human resources (medical, allied health and administrative); Falls awareness of GP and specialists, and ED clinicians.	8/12/2026 9:28 AM
9	Lack of time to encourage clients to participate in ongoing exercise programs/issues with transportation to same/some cost related issues.	8/12/2026 9:05 AM
10	Lack of patient interest/uptake	8/11/2026 12:42 PM
11	Lack of physical resources; inability to show recording without using own phone for patient / client education - availability of iPad type resource would be invaluable	8/7/2026 10:52 PM
12	Funding. Increasing, complex ageing and stay at home and presenting more yet staff resourse reduce. Very frustrating.	8/7/2026 4:04 PM
13	Lack of resource include staff hours in age care sector	8/6/2026 9:41 AM
14	ability of clients to pay for private neurological Physiotherapy sessions/ classes	8/6/2026 11:18 PM
15	Continuation following completion of free 2x6weekly classes. Tend to rebound yearly	8/6/2026 5:44 PM
16	Getting people to attend classes. Wait lists for individual outpatient appointments. No access to publicly funded Occupational Therapy for community clients for home safety visits .	8/6/2026 3:23 PM
17	patient's personality	8/6/2026 1:18 PM
18	Client's not wanting to do exercises or join groups.	8/6/2026 12:33 PM
19	Reviewing falls risk holistically including investigation of falls.	8/6/2026 10:35 AM
20	Patient with dementia, sundowners or other confusion episodes are difficult to manage or prevent falls.	8/6/2026 9:46 AM
21	Long waitlists, inadequate carer support in the home for vulnerable clients	8/6/2026 8:43 AM
22	Limited by the constraints of a client's house No real falls prevention clinic to refer onto	8/6/2026 8:16 AM
23	Existing disabilities and cognitive function	8/4/2026 4:18 PM
24	Increasing awareness of the value of testing (Fallscreen) and understanding that the risks can be reduced by focusing on the things that can be improved upon (leg strength, pproprioception, reaction time and balance).	8/4/2026 3:36 PM
25	Upper management don't approve of running classes which is literally the most effective way of improving balance and LL strength for all clients referred for those specific needs. Extremely frustrating	8/3/2026 4:33 PM
26	Funding to assist social elements after class Funding to enable education from other health practitioners	7/31/2026 11:24 AM

27	We provide falls prevention as part of a general MDT rehabilitation program. Referral information is often limited impacting triage and prioritisation of entry. Lower risk fallers are coming to our service when there care needs could be addressed adequately by alternate pathways community exercise, aged care providers. Allowing us to focus our resource on patient with more complex MDT care needs and moderate high falls risk.	7/31/2026 9:25 AM
28	time, staffing, competing priority, environmental barriers of an acute hospital; language;	7/31/2026 9:06 AM
29	The services are not always coordinated, and many have a minimal cost. For example, exercise programs may run for 1 session at a church, then stop the next session. Hard to keep track of. The options that are free often limit how often you can take it - to make it more accessible to more people, but then people slide back into risk.	7/30/2026 10:56 PM
30	Poor cognition. Poor hearing. Poor adherence to recommendations or completing a daily home exercise program. Limites finances to pay for home modifications. Difficulty utilising CHSP goods and equipment funding if patient is approved for a support at home package but can not yet access the funds	7/30/2026 8:25 PM
31	no specific programs for people with cognitive impairment	7/30/2026 8:15 PM
32	Mostly it is venue related issues. In some of my locations the chairs are not really stable enough for some of the elderly clients, so I modify routines and potentially dont believe there is as much benefit.	7/30/2026 7:21 PM
33	Viability for exercise providers to provide low-cost strength and balance exercise	7/30/2026 1:12 PM
34	Change management	7/30/2026 11:47 AM
35	Competing priorities with other areas of work within the team, specifically those where there are improvement measures attached. This reduces the permitted time by the team to focus on healthy ageing and falls prevention. Challenges of allied health professionals seeing falls prevention and healthy ageing as a priority, or again, not having the time to focus on this area due to management direction and opinions.	7/30/2026 11:16 AM
36	Difficultues to overcome safe footwear in the hospital when patients don't want to walk with barefoot and nonslip socks are no longer recommended and provided in the ward	7/30/2026 10:23 AM
37	Covering the large geographical district with a small team (I am part time) as well as strategic influence and the rest of the role responsibilities.	7/30/2026 9:57 AM
38	working with cognitively impaired	7/30/2026 9:29 AM
39	Lack of Stepping on programs in the area	7/30/2026 9:22 AM
40	Working in primary prevention, I find the language used on most falls prevention materials/resources is quite alienating to the general populatin and fails to foster engagement. Shifting language to values and strengths based messaging would greatly enhance our reach and engagement with the broader community. Most resources fit within the secondary or tertiary prevention space i.e. are designed for people who have already experienced a fall. If we truly want to prevent falls, we need to be targeting all older people in a way that makes them feel empowered and positive about maintaining their health rather than making them feel scared about becoming frail and at risk.	7/30/2026 8:51 AM
41	Time-poor clinicians with D/C pressures who do not prioritise individualised falls prevention strategies.	7/30/2026 8:53 AM
42	Student engagement	7/30/2026 8:25 AM
43	A number of older CALD community members with low health literacy, low English-speaking skills, low digital literacy skills. The shift of resources to being mostly online is difficult for NBMLHD where some areas of the LHD like Lithgow are below the country's average for being online	7/30/2026 7:56 AM
44	Time	7/30/2026 7:47 AM
45	No barriers	7/30/2026 7:45 AM
46	Policy	7/27/2026 10:45 AM
47	Hours for allied health and implementation hurdles by management	7/27/2026 8:54 AM
48	Not enough time to address all factors, not enough engagement from clients to engage with the exercise class	7/23/2026 3:58 PM
49	Print resources that are culturally appropriate, geography and reaching populations	7/23/2026 10:52 AM

50	Time available to provide a thorough assessment and treatment. Limited with our exercise class by space in gym and staff to support. Awareness from other staff that falls can be prevented and it starts with knowing the patient.	7/23/2026 10:28 AM
51	I cover NSW ACT. I need big picture strategy	7/22/2026 9:33 AM
52	Acute patients with complex conditions, frailty and cognitive impairment. Access to services and RACF placement delays from acute setting.	7/22/2026 8:55 AM
53	staff not seeing how to manage the risk factors they identify	7/22/2026 8:08 AM

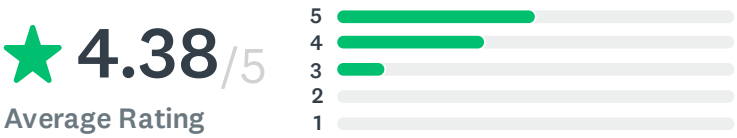
Q9 50 responses

Overall, how satisfied are you with the NSW Falls Prevention and Healthy Ageing Network?



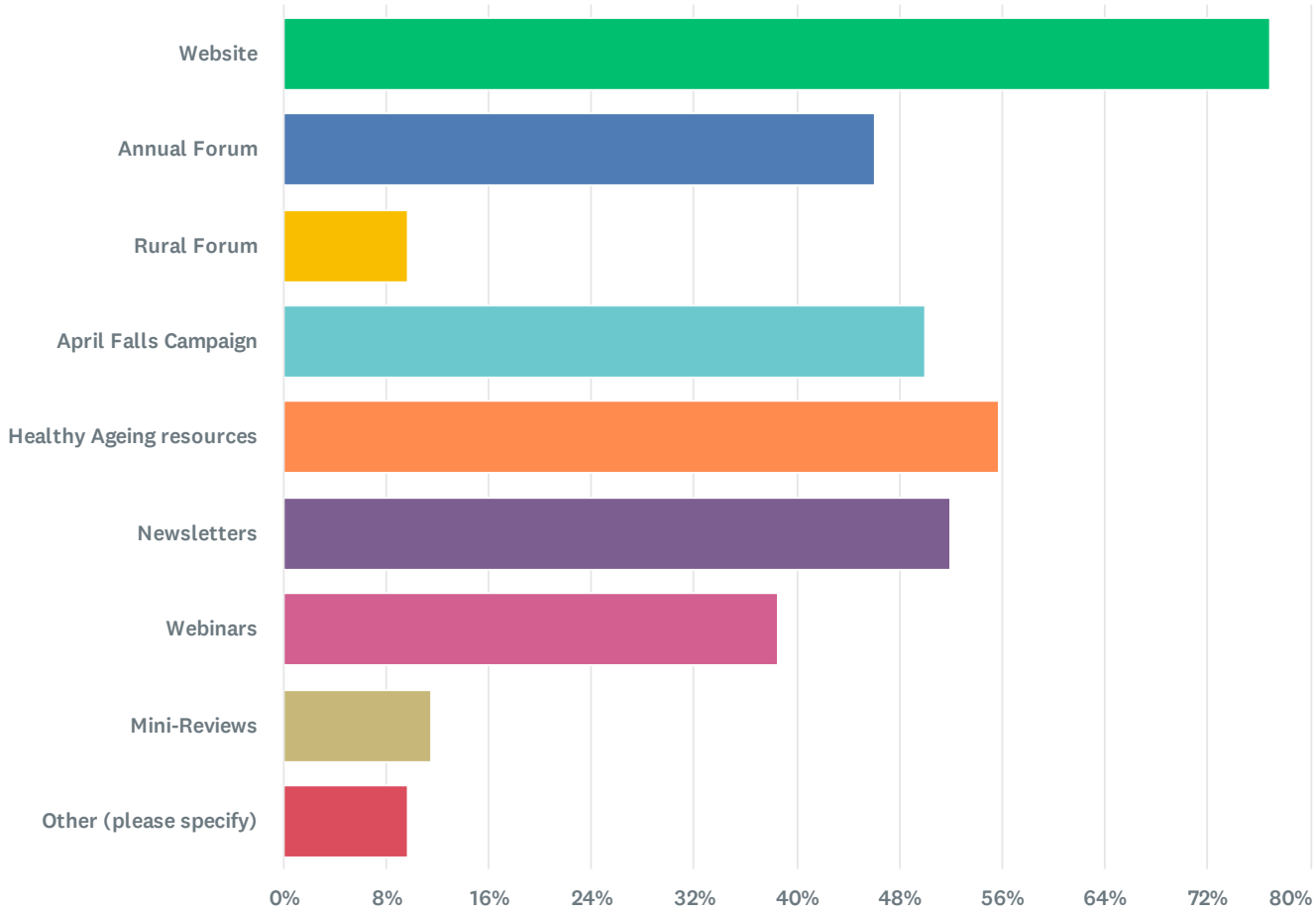
Q10 48 responses

Would you recommend the NSW Falls Prevention and Healthy Ageing Network to colleagues?



Q11 52 responses

Which Network resources/activities have you accessed in the past 12 months

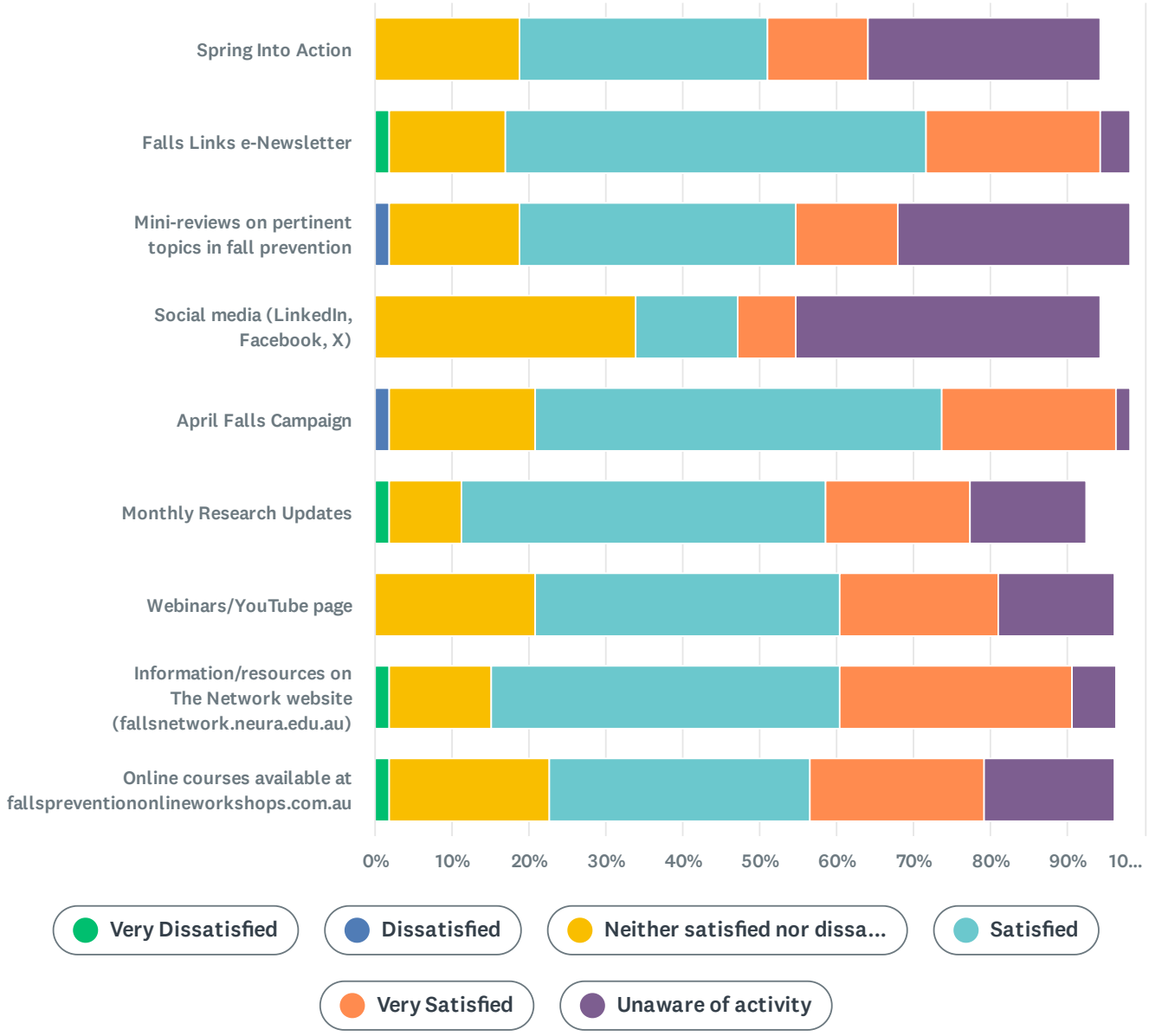


Answer Choices	Percentage	Responses
Website	76.92%	40
Annual Forum	46.15%	24
Rural Forum	9.62%	5
April Falls Campaign	50.00%	26
Healthy Ageing resources	55.77%	29
Newsletters	51.92%	27
Webinars	38.46%	20
Mini-Reviews	11.54%	6
Other (please specify)	9.62%	5
Total		**182**

#	OTHER (PLEASE SPECIFY)	DATE
1	LinkedIn	8/7/2026 10:56 PM
2	Staying Active and On Your Feet booklets	8/6/2026 3:25 PM
3	Was unable to attend annual forum & network meeting in person, consider co funding for rural attendees like the Cancer Institute did for my prior role at BreastScreen for rural LHDs - equity issues otherwise can not attend due to budget like I was told this year.	7/30/2026 10:18 AM
4	just new to the resource so haven't had a chance to use anything yet	7/30/2026 9:31 AM
5	i am new to this network - i have not had enough time to become accostmed to the resources or activities.	7/22/2026 9:35 AM

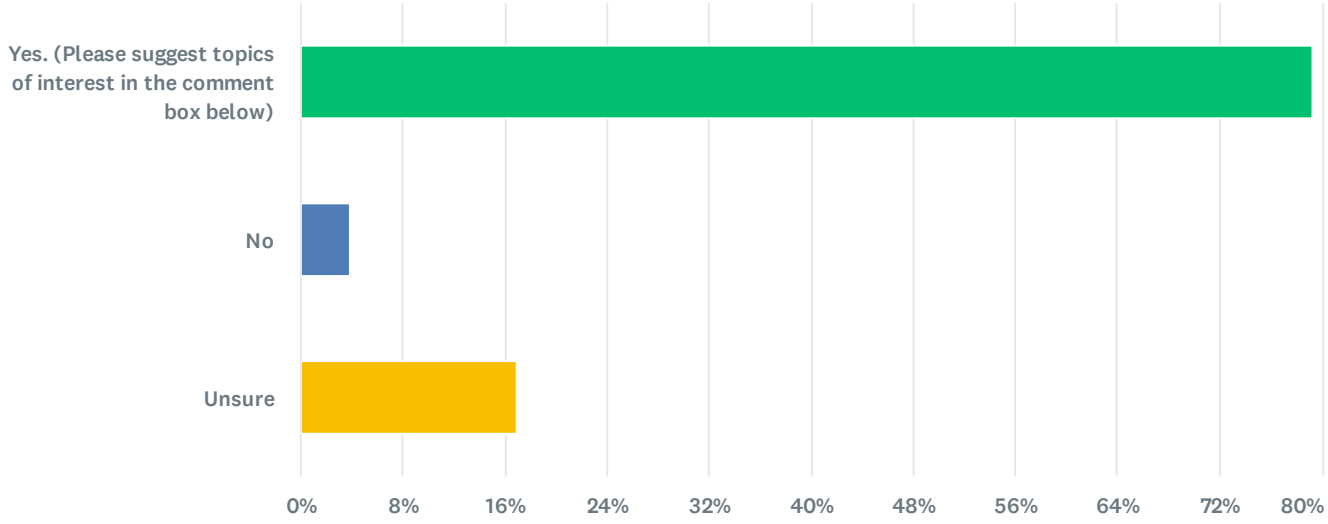
Q12 53 responses

How satisfied are you with the following activities the NSW Fall Prevention and Healthy Ageing Network promotes?



Q13 53 responses

Would you like to attend workshops/webinars covering specific areas (such as exercise, dementia and falls, medication and falls, and interventions in acute, community and residential aged care settings)?



Answer Choices	Percentage	Responses
Yes. (Please suggest topics of interest in the comment box below)	79.25%	42
No	3.77%	2
Unsure	16.98%	9
Total		**53**

#	COMMENT	DATE
1	delirium and falls	8/13/2026 10:30 AM
2	Sarcopenia, frailty and osteoporosis	8/13/2026 10:11 AM
3	interventions in community	8/13/2026 8:41 AM
4	Exercise for elderly with Falls; dementia and falls	8/12/2026 9:30 AM
5	Updates on the latest evidence are always beneficial	8/11/2026 12:44 PM
6	Webinar option	8/7/2026 10:56 PM
7	Funding	8/7/2026 4:06 PM
8	Semi retired and doing a lot of travelling	8/6/2026 5:48 PM
9	Dementia, acute hospital interventions.	8/6/2026 3:25 PM
10	always a great reminder how those above topics impact and influence falls	8/6/2026 1:19 PM
11	Footwear	8/6/2026 10:38 AM
12	dementia and falls, interventions in acute care and community	8/6/2026 9:54 AM
13	Dementia and falls	8/6/2026 9:48 AM

14	As above with a community focus	8/6/2026 8:18 AM
15	Exercse, dementia, interventions in community settings	8/4/2026 3:50 PM
16	dementia and falls, medication and falls	7/31/2026 11:28 AM
17	Dizziness and falls, fallers with advanced disease e.g. PSP and Parkinsons	7/31/2026 9:28 AM
18	meaningful outcome measures for balance, Parkinson and exercise	7/31/2026 9:11 AM
19	there are a lot of webinars available, a new one would really have to be relevant.	7/30/2026 11:00 PM
20	Depending on timing, I am interested in all things related to falls and fall prevention across all demographics and locationsf. o	7/30/2026 7:26 PM
21	Dementia and falls	7/30/2026 10:29 AM
22	Rural forums but not likely if travel involved. Only when held locally	7/30/2026 10:18 AM
23	I am based in Victoria and falls prevention is a very small component of my work so I can't prioritise attendance at workshops/webinars but I believe they would be of value to others.	7/30/2026 8:55 AM
24	More of the same	7/30/2026 7:49 AM
25	Residential aged care setting	7/27/2026 8:56 AM
26	dementia, exercise, medication and falls, community intervention, assessment tools (in depth high level stuff) ,vestibular	7/23/2026 4:00 PM
27	Medication and falls, strategies to have patients exercising at home	7/23/2026 10:31 AM
28	all of the above suggestions sound great	7/22/2026 9:35 AM
29	interventions in acute care setting	7/22/2026 8:56 AM
30	how to keep dementia patient safe in hospital	7/22/2026 8:11 AM

Q14 The Network has previously published short 'mini' evidence-based reviews on important topics for fall prevention, i.e. “dementia and falls” and “impaired hearing as a cause of falls”. Are there any fall prevention or healthy ageing topics you would like reviewed?

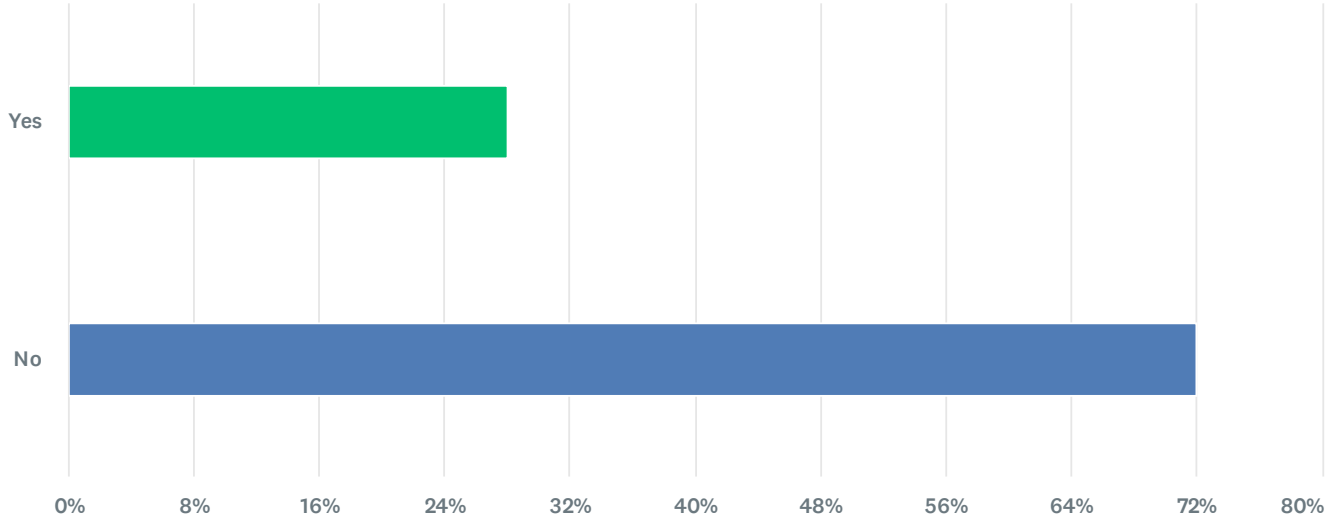
Answered: 33 Skipped: 24

#	RESPONSES	DATE
1	Sarcopenia, frailty, fractures	8/13/2026 10:11 AM
2	x	8/13/2026 8:41 AM
3	Vision impairment and falls; Peripheral neuropathy and falls (Diabetic patients)	8/7/2026 10:56 PM
4	Cost benefit of falls prevention	8/7/2026 4:06 PM
5	No	8/6/2026 5:48 PM
6	No	8/6/2026 3:25 PM
7	.	8/6/2026 1:19 PM
8	No thanks.	8/6/2026 12:35 PM
9	Footwear especially the use of non-slip socks	8/6/2026 10:38 AM
10	Have they?	8/6/2026 8:18 AM
11	Foot issues and falls	8/3/2026 4:36 PM
12	?	7/31/2026 11:28 AM
13	Dizziness and exercise for advanced disease.	7/31/2026 9:28 AM
14	dizziness and falls	7/31/2026 9:11 AM
15	Maybe more distantly related to falls - but ageism has an impact on health, including mental health as well as chronic disease according to some research. The more chronic diseases, the higher risk of falling (usually). An evidence report on the impact of aging on overall health, including fall risk could be really helpful.	7/30/2026 11:00 PM
16	fall prevention in gait disorders fall prevention in people with vision impairment	7/30/2026 8:19 PM
17	Not at this point in time	7/30/2026 7:26 PM
18	One on providers providing interventions or programs	7/30/2026 1:15 PM
19	Safe footwear; early mobilisation	7/30/2026 11:50 AM
20	Dementia and falls prevention	7/30/2026 10:29 AM
21	no	7/30/2026 8:55 AM
22	falls with patients of challenging behaviours, falls in ED	7/30/2026 8:55 AM
23	Whatever is available so I can share with my seniors in the community	7/30/2026 8:54 AM
24	Frailty	7/30/2026 8:26 AM
25	n/a	7/30/2026 7:58 AM
26	More again	7/30/2026 7:49 AM
27	Dementia & falls	7/27/2026 10:47 AM
28	I feel there are ample resources however the implementation is the hurdle	7/27/2026 8:56 AM
29	vestibular and falls, medicaiton and falls , how to engage clients with exercise	7/23/2026 4:00 PM
30	Anything at the population level eg built environment	7/23/2026 10:53 AM

31	Yes Vision Lower limb pain Footwear Moderate to severe parkinson's disease	7/23/2026 10:31 AM
32	Falls in community aged care	7/22/2026 9:35 AM
33	I would love to see these! i was not aware of them. topic: Urine urgency and falls connnection	7/22/2026 8:11 AM

Q15 50 responses

Did you attend the 2026 NSW Fall Prevention and Healthy Ageing Network Annual Forum in Sydney?



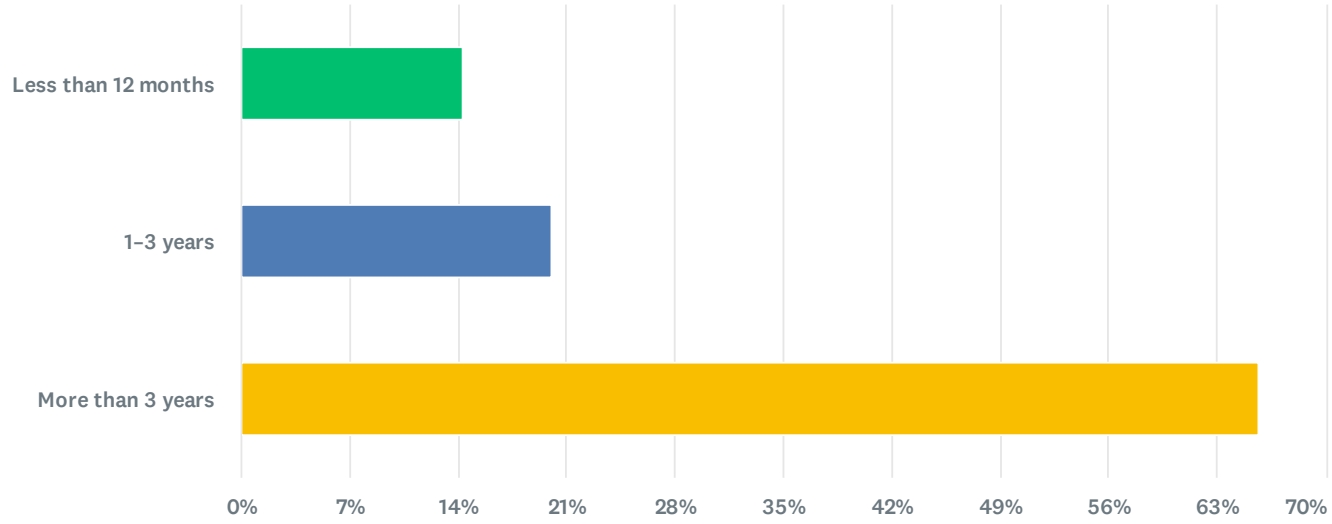
Answer Choices	Percentage	Responses
Yes	28.00%	14
No	72.00%	36
Total		**50**

#	IF NO, PLEASE STATE THE REASON (E.G. FUNDING, TIME, TRAVEL)	DATE
1	time	8/14/2026 2:45 PM
2	Travel, recorded sessions were excellent and were shared with collegues	8/13/2026 2:39 PM
3	I hadn't started in my role yet when it was on	8/13/2026 8:41 AM
4	Funding and time	8/12/2026 9:42 AM
5	Sickness	8/12/2026 9:30 AM
6	funding, time, travel	8/12/2026 9:10 AM
7	On leave	8/11/2026 12:44 PM
8	Live and work interstate	8/7/2026 10:56 PM
9	Time and funding	8/6/2026 9:43 AM
10	Live too far away	8/6/2026 11:26 PM
11	Attending a as funeral	8/6/2026 5:48 PM
12	Time, travel, funding	8/6/2026 3:25 PM
13	virtual	8/6/2026 1:19 PM
14	time	8/6/2026 12:35 PM
15	Working interstate	8/6/2026 10:38 AM
16	Time and travel	8/6/2026 8:18 AM

17	a side part of my job, not main focus	8/4/2026 4:20 PM
18	Funding and timing	8/4/2026 3:50 PM
19	wanted to go but couldn't for personal reasons	8/3/2026 4:36 PM
20	Virtual attendance only due to funding, time and travel	7/31/2026 11:28 AM
21	I have been on other occasions and planned to watch recordings. Which I haven't had time to do unforutnately.	7/31/2026 9:28 AM
22	travel	7/31/2026 9:11 AM
23	travel, funding, time. Everything. I am across the world.	7/30/2026 11:00 PM
24	I attended online, as work would not fund it travel	7/30/2026 1:15 PM
25	Different role	7/30/2026 11:50 AM
26	Not available to attend on the day. I usually catch-up on the presentations after the event.	7/30/2026 11:18 AM
27	Other comittment	7/30/2026 10:29 AM
28	Travel, funding - virtual attendance which is not the same. I have rasied this since of the opportunities missed particularly as MNC team were able to attend.	7/30/2026 10:18 AM
29	Time	7/30/2026 8:55 AM
30	Funding	7/30/2026 7:49 AM
31	Travel	7/27/2026 10:47 AM
32	Funding travel and management approval	7/27/2026 8:56 AM
33	Funding, travel	7/23/2026 10:53 AM
34	i will attend next year	7/22/2026 9:35 AM

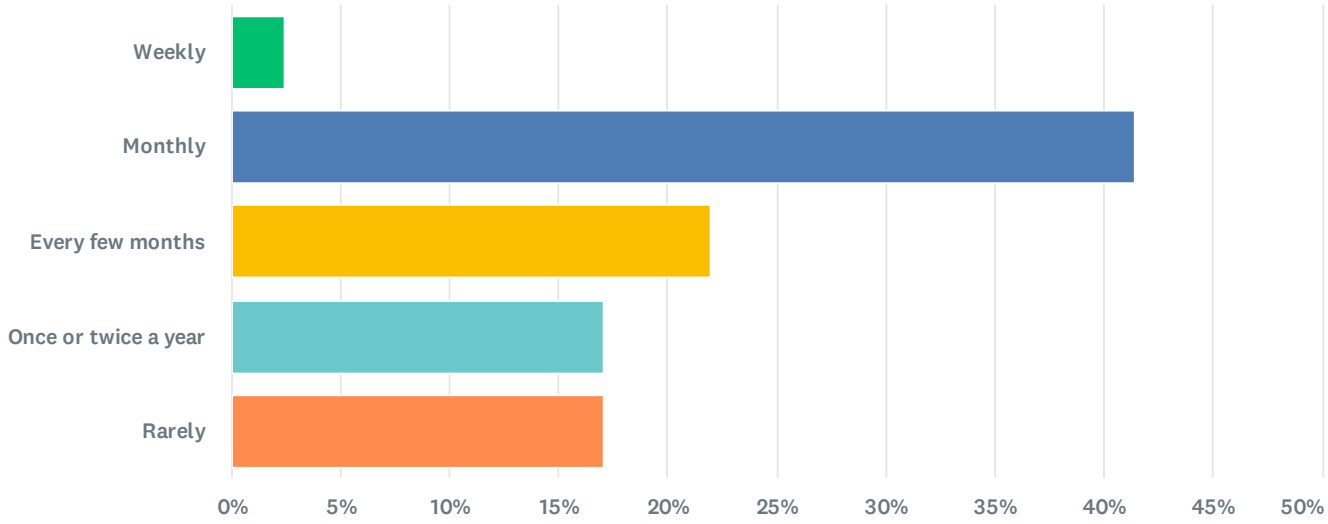
Q16 35 responses

How long have you been a member of the Network?



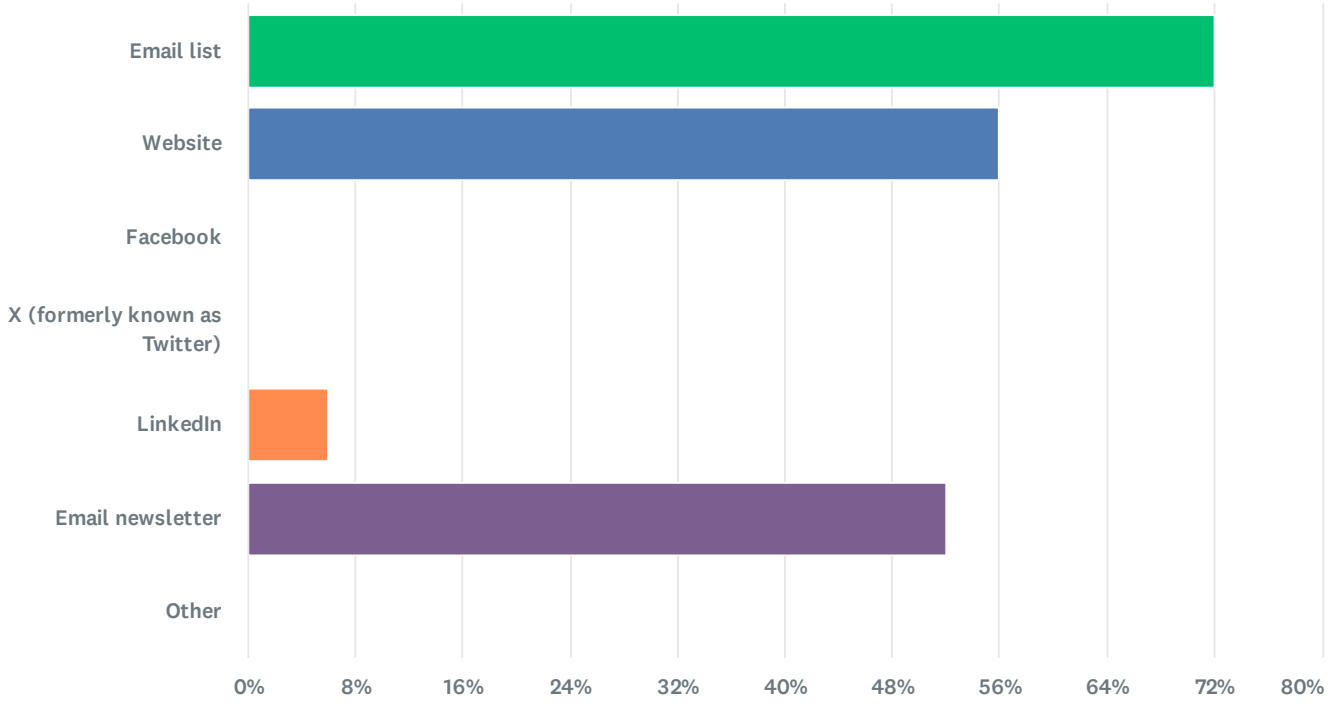
Q17 41 responses

How often do you engage with the Network?



Q18 50 responses

How do you usually access the NSW Fall Prevention and Healthy Ageing Network?

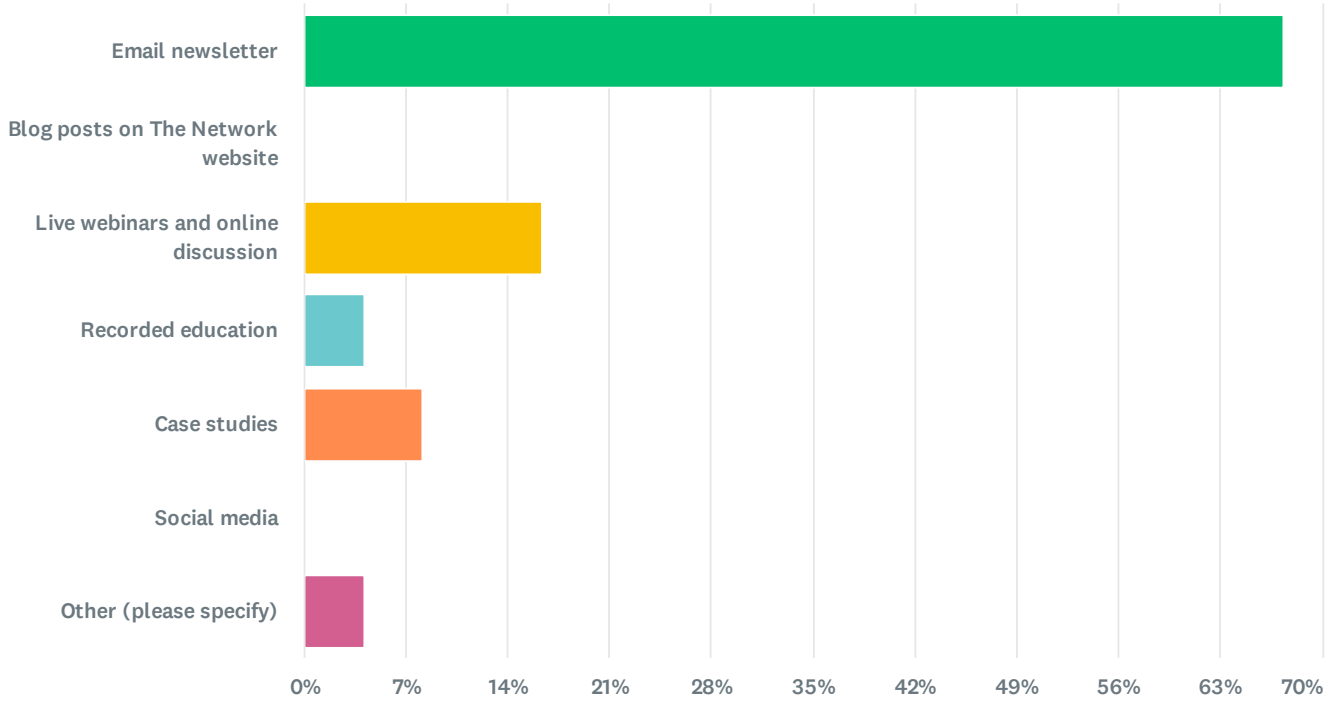


Answer Choices	Percentage	Responses
Email list	72.00%	36
Website	56.00%	28
Facebook	0%	0
X (formerly known as Twitter)	0%	0
LinkedIn	6.00%	3
Email newsletter	52.00%	26
Other	0%	0
Total		**93**

#	PLEASE SPECIFY	DATE
1	Member of the Falls Prevention and Healthy Aging advisory committee	8/12/2026 9:32 AM

Q19 49 responses

What is the best mechanism to communicate fall prevention and healthy ageing information to you?



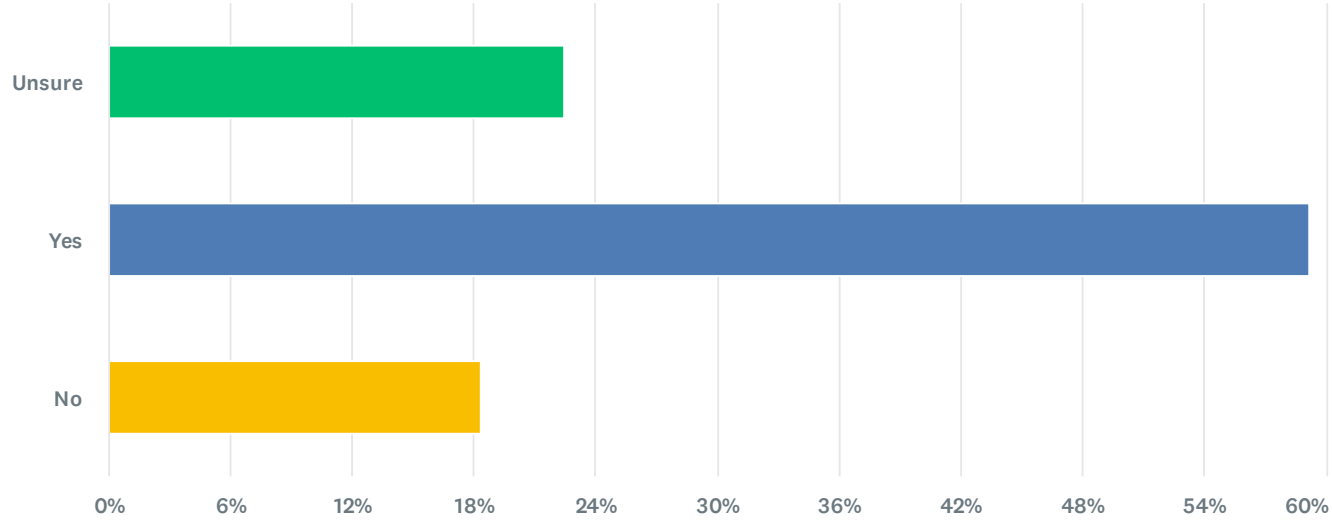
Answer Choices	Percentage	Responses
Email newsletter	67.35%	33
Blog posts on The Network website	0%	0
Live webinars and online discussion	16.33%	8
Recorded education	4.08%	2
Case studies	8.16%	4
Social media	0%	0
Other (please specify)	4.08%	2
Total		**49**

#	PLEASE SPECIFY	DATE
1	mixture of the above as it depends on workload	8/14/2026 2:46 PM
2	Webinar which is recorded to enable watching later	8/6/2026 10:39 AM
3	Via a local LHD falls coordinator	8/6/2026 8:30 AM
4	I really appreciate access to recorded education but need the newsletter to prompt me to look at this.	7/31/2026 9:29 AM

5	CEC meetings where Steven attends and updates	7/30/2026 10:19 AM

Q20 49 responses

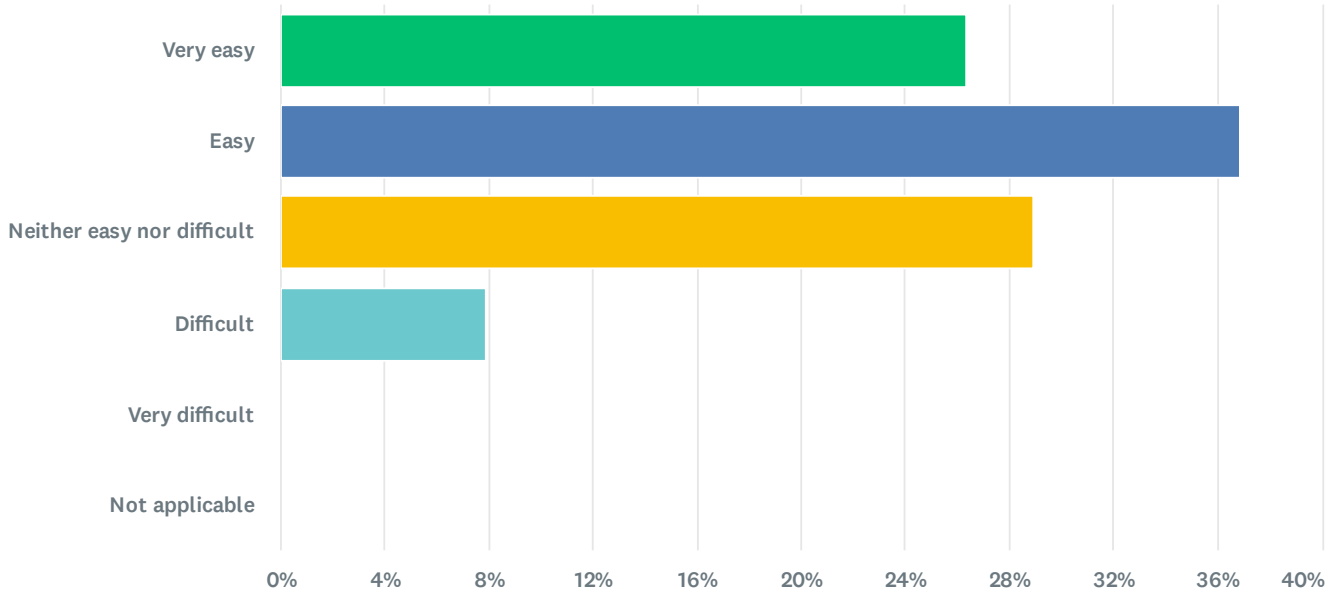
The best way to keep up to date with The Network's activities and events is via our Listserv and social media (@NSWFallsNetwork). Are you currently subscribed to our email list (Listserv)?



Answer Choices	Percentage	Responses
Unsure	22.45%	11
Yes	59.18%	29
No	18.37%	9
Total		**49**

Q21 38 responses

Is it easy to navigate our website?



Answer Choices	Percentage	Responses
Very easy	26.32%	10
Easy	36.84%	14
Neither easy nor difficult	28.95%	11
Difficult	7.89%	3
Very difficult	0%	0
Not applicable	0%	0
Total		**38**

#	COMMENT	DATE
1	Cant find simple things like exercies for patients or how to do postural BP	8/7/2026 4:09 PM
2	I have difficulty in locating the items I am searching for.	7/30/2026 11:20 AM
3	haven't accessed	7/23/2026 4:01 PM

Q22 What information do you look for on the NSW Fall Prevention and Healthy Ageing Network website?

Answered: 39 Skipped: 18

#	RESPONSES	DATE
1	resources - staff and consumer	8/14/2026 2:47 PM
2	New evidence based practise Resources Project ideas	8/13/2026 2:41 PM
3	Events, resources, research	8/13/2026 10:31 AM
4	Factsheets, assessments, exercise	8/13/2026 10:12 AM
5	resources for patients, best practices	8/13/2026 8:44 AM
6	Up to date research publication, guidelines and summaries. Tools for falls assessment	8/12/2026 9:34 AM
7	online resources, education	8/12/2026 9:17 AM
8	Resources for patients	8/11/2026 12:45 PM
9	Patient education resources	8/8/2026 1:46 PM
10	Practical with evidence to back up	8/7/2026 4:09 PM
11	Resource, updated study	8/7/2026 7:48 AM
12	General news and updates	8/6/2026 5:52 PM
13	Recordings of forum presentations. Ordering Staying ACtive booklets	8/6/2026 3:26 PM
14	local ex. programs and resources to the community for additional support and networking	8/6/2026 1:20 PM
15	education, topics	8/6/2026 12:37 PM
16	Risk management interventions	8/6/2026 10:40 AM
17	Safe Exercises at home; Stepping On at home; Links to websites (Active and Healthy, foothold etc.)	8/6/2026 8:52 AM
18	It is not something that crosses my mind	8/6/2026 8:31 AM
19	resources to share with clinets	8/4/2026 4:22 PM
20	various stuff	8/3/2026 4:37 PM
21	webinars, research	7/31/2026 11:31 AM
22	Latest evidence on falls prevention and upcoming education relevant to MDT Teams.	7/31/2026 9:31 AM
23	updated research and guidelines; new innovations; resources	7/31/2026 9:16 AM
24	up to date research, resources for myself and clients. Home safety resources and at home exercise plans in particular.	7/30/2026 11:02 PM
25	resources	7/30/2026 8:21 PM
26	Resources and training opportunities	7/30/2026 1:17 PM
27	resources, webinars,	7/30/2026 11:20 AM
28	resources, upcoming events	7/30/2026 10:21 AM
29	latest research findings	7/30/2026 9:33 AM
30	I don't usually look at the website	7/30/2026 9:04 AM
31	education and exercise handhouts. Webinars and staff education snippets.	7/30/2026 8:55 AM
32	Best practise and balance	7/30/2026 8:27 AM
33	How to prevent falls and exercises	7/30/2026 7:51 AM

34	falls prevention printable resources	7/27/2026 8:58 AM
35	information , resources ,webinars	7/23/2026 4:01 PM
36	Resources to share with consumers	7/23/2026 10:54 AM
37	Webinars	7/23/2026 10:32 AM
38	resources and webinars	7/22/2026 9:39 AM
39	falls prevention resources and april falls materials	7/22/2026 8:16 AM

Q23 Is there an aspect of the website we need to improve on?

Answered: 28 Skipped: 29

#	RESPONSES	DATE
1	I'ts great	8/13/2026 2:41 PM
2	no	8/13/2026 8:44 AM
3	Provide tools in public domans	8/12/2026 9:34 AM
4	NA	8/11/2026 12:45 PM
5	Relatively easy to follow and use	8/8/2026 1:46 PM
6	Exercises especially in other languages.	8/7/2026 4:09 PM
7	All going well for me	8/6/2026 5:52 PM
8	No	8/6/2026 3:26 PM
9	.	8/6/2026 1:20 PM
10	No	8/6/2026 12:37 PM
11	No	8/6/2026 10:40 AM
12	NA	8/6/2026 8:52 AM
13	Knowledge of it	8/6/2026 8:31 AM
14	more videos for clients	8/4/2026 4:22 PM
15	Clearer, easier routes	7/31/2026 11:31 AM
16	Unsure	7/31/2026 9:31 AM
17	no	7/31/2026 9:16 AM
18	not sure.	7/30/2026 11:02 PM
19	I had difficulty in locating the April Falls Month resources.	7/30/2026 11:20 AM
20	The links to the virtual attendance were not provided the day prior as informed, had to email people on the day while it had started to join. The audio was not working on some of the sessions. Not sure if this is the correct place to put this	7/30/2026 10:21 AM
21	no	7/30/2026 8:27 AM
22	Exercises	7/30/2026 7:51 AM
23	Exercises prescription general one template	7/27/2026 8:58 AM
24	cheaper access to falls forum	7/23/2026 4:01 PM
25	Navigation	7/23/2026 10:54 AM
26	Ease of finding written resources	7/23/2026 10:32 AM
27	nil	7/22/2026 9:39 AM
28	not that i can think of. i like how it is divided up for community and hospital care tabs	7/22/2026 8:16 AM

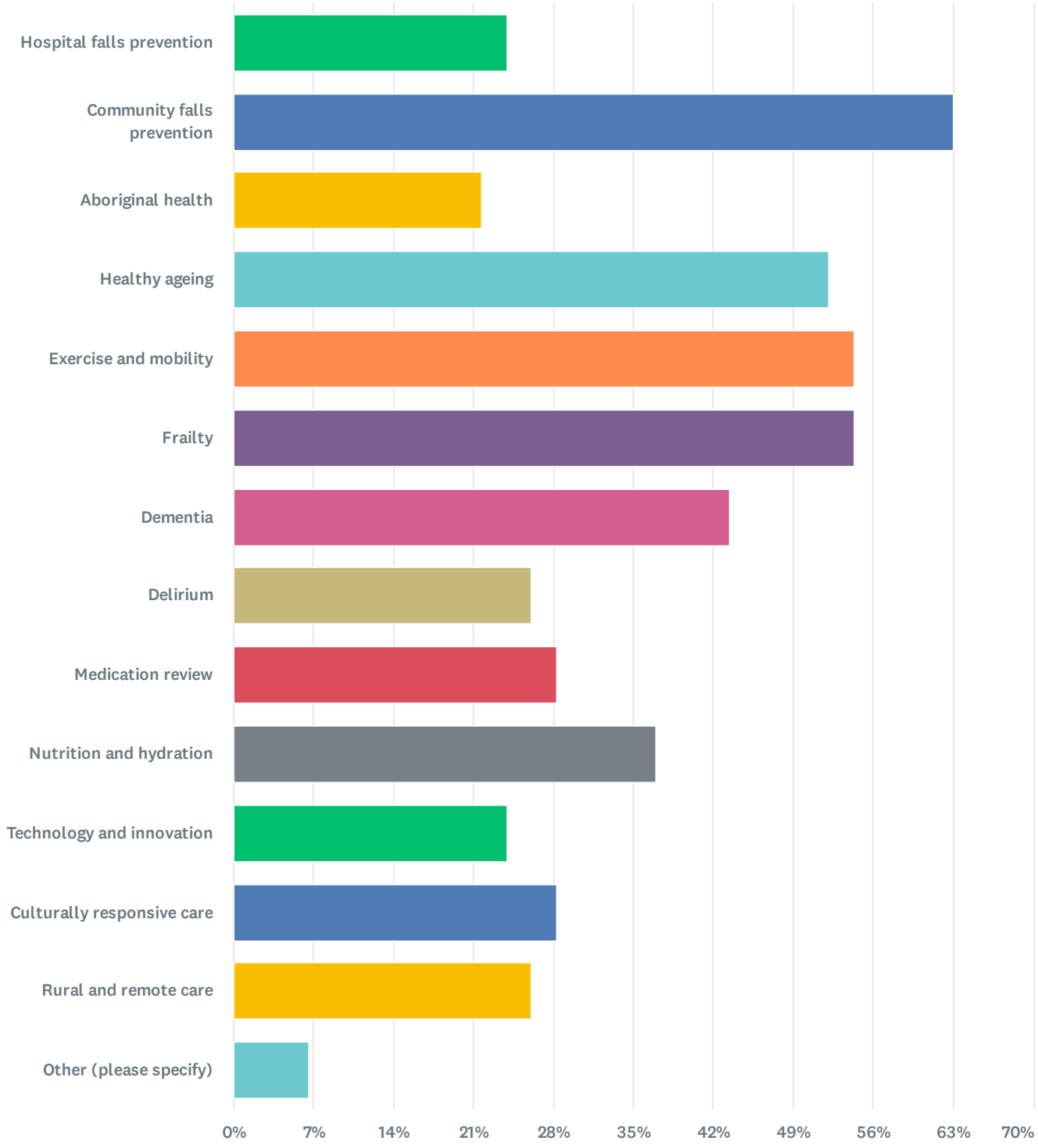
Q24 What other information and resources around fall prevention and healthy ageing would you find helpful and what other improvement suggestions do you have for the NSW Fall Prevention and Healthy Ageing Network and its activities?

Answered: 18 Skipped: 39

#	RESPONSES	DATE
1	Actual activities available for community members	8/12/2026 9:43 AM
2	-	8/8/2026 1:46 PM
3	Central point to navigate	8/7/2026 4:09 PM
4	A list of available to classes in the community	8/6/2026 5:52 PM
5	.	8/6/2026 1:20 PM
6	Nil	8/6/2026 10:40 AM
7	how to videos or more resources to show clients in video content or shorter infographic form	8/4/2026 4:22 PM
8	As previously stated,	7/31/2026 11:31 AM
9	I am hoping the network can continue to build cross pollinated initiatives with community so we can get more falls prevention happening away from health care.	7/31/2026 9:31 AM
10	More information around ageism. Maybe event educational modules that could locally adapted to use for work onboarding (to reduce ageism in the workplace, or community training in general.)	7/30/2026 11:02 PM
11	Aboriginal culturally appropriate resources and information/messaging	7/30/2026 10:21 AM
12	There is a strong focus on falls prevention but limited information about healthy ageing. There are a lot more opportunities around healthy ageing than one generic fact sheet on exercise and one generic fact sheet on eating well. If you want to increase information about healthy ageing, information about social connection is a current gap. Joining community groups can increase physical activity, reduce social isolation and loneliness while increasing overall wellbeing.	7/30/2026 9:04 AM
13	na	7/30/2026 8:27 AM
14	Exercises	7/30/2026 7:51 AM
15	none	7/27/2026 8:58 AM
16	Connections with Active and Healthy website	7/23/2026 10:54 AM
17	nil	7/22/2026 9:39 AM
18	for hospital resources, could you seperate staff ones from patient ones?	7/22/2026 8:16 AM

Q25 46 responses

Which topics would you like the Network to focus on over the next five years? Select 3



Answer Choices	Percentage	Responses
Hospital falls prevention	23.91%	11
Total		225

Answer Choices	Percentage	Responses
Community falls prevention	63.04%	29
Aboriginal health	21.74%	10
Healthy ageing	52.17%	24
Exercise and mobility	54.35%	25
Frailty	54.35%	25
Dementia	43.48%	20
Delirium	26.09%	12
Medication review	28.26%	13
Nutrition and hydration	36.96%	17
Technology and innovation	23.91%	11
Culturally responsive care	28.26%	13
Rural and remote care	26.09%	12
Other (please specify)	6.52%	3
Total		**225**

#	OTHER (PLEASE SPECIFY)	DATE
1	Funding	8/7/2026 4:11 PM
2	Vestibular rehab	7/31/2026 9:34 AM
3	Nagivating aged care services accessing allied health Mac referrals.	7/30/2026 8:29 PM

Q26 Are there any other improvements you would you like to see?

Answered: 15 Skipped: 42

#	RESPONSES	DATE
1	x	8/13/2026 8:45 AM
2	nil	8/12/2026 9:35 AM
3	No	8/7/2026 4:11 PM
4	No	8/6/2026 5:54 PM
5	more advertising earlier on to promote the program and website	8/6/2026 1:21 PM
6	Nil	8/6/2026 10:41 AM
7	Not at this stage	7/31/2026 11:33 AM
8	Keep going we appreciate your hard work.	7/31/2026 9:34 AM
9	contact	7/31/2026 9:17 AM
10	no	7/30/2026 11:03 PM
11	na	7/30/2026 8:28 AM
12	More on exercise and tai chi	7/30/2026 7:56 AM
13	none	7/27/2026 8:59 AM
14	nil	7/22/2026 9:39 AM
15	hospital staff resources	7/22/2026 8:18 AM

Q27 What additional resources or activities would help you in your role?

Answered: 18 Skipped: 39

#	RESPONSES	DATE
1	x	8/13/2026 8:45 AM
2	nil	8/12/2026 9:35 AM
3	Staff inservice lesson plans and presentations with linked resources	8/8/2026 1:48 PM
4	Central referral pathway	8/7/2026 4:11 PM
5	Nil	8/6/2026 5:54 PM
6	.	8/6/2026 1:21 PM
7	Nil	8/6/2026 10:41 AM
8	Funding opportunities	7/31/2026 11:33 AM
9	I really liked the idea of preventing each "fall". I hope the network can continue to empower a range of health professionals to continue to work towards that idea. Even with people who fall frequently due to their health conditions.	7/31/2026 9:34 AM
10	More translated resources - I'll take whatever languages you have, but French is a must.	7/30/2026 11:03 PM
11	Simple, hard copy information. A generic FP program (not Stepping ON) that a physio or other allied health can run as a partner of the PPM model to assist in rural areas.	7/30/2026 10:23 AM
12	patient information handouts	7/30/2026 9:33 AM
13	education	7/30/2026 8:28 AM
14	Brochures for waiting room	7/30/2026 7:56 AM
15	Templates for print out	7/27/2026 8:59 AM
16	more PD events , online events, recordings or online courses	7/23/2026 4:02 PM
17	A handout/business card for the "Active and Healthy" website to give out	7/23/2026 10:33 AM
18	resource on HOW to edcuate patient on falls prevention	7/22/2026 8:18 AM

Q28 Is there anything else you would like to share?

Answered: 10 Skipped: 47

#	RESPONSES	DATE
1	x	8/13/2026 8:45 AM
2	We know what to do but funding to do it is holding us back.	8/7/2026 4:11 PM
3	No	8/6/2026 5:54 PM
4	.	8/6/2026 1:21 PM
5	Nil	8/6/2026 10:41 AM
6	Not today	7/31/2026 11:33 AM
7	Thank you! We work with people with complex diverse health issues. I greatly appreciate the advanced evidence base and easy access to this information the network provides to support care of these patients.	7/31/2026 9:34 AM
8	no	7/30/2026 8:28 AM
9	No	7/30/2026 7:56 AM
10	none	7/27/2026 8:59 AM

Q29 Please provide your name and email if you would like to go in the draw to win a copy of the Falls in Older People: Risk Factors and Strategies for Prevention book.

Answered: 27 Skipped: 30